

Assessing the effectiveness of a screening interview for identifying observable cues of mental health disorders using artificial intelligence and in various modes of interaction

Submission date 14/03/2025	Recruitment status No longer recruiting	<input type="checkbox"/> Prospectively registered
Registration date 16/04/2025	Overall study status Completed	<input type="checkbox"/> Protocol
Last Edited 07/04/2026	Condition category Mental and Behavioural Disorders	<input type="checkbox"/> Statistical analysis plan
		<input checked="" type="checkbox"/> Results
		<input type="checkbox"/> Individual participant data

Plain English summary of protocol

Background and study aims

Accurate and effective initial psychiatric assessments are crucial for determining appropriate (therapeutic) interventions for pediatric populations. The objective of this study is to enhance the diagnostic process by verifying that the pre-clinical interviews capture essential, actionable data in a manner that respects the cognitive and emotional capacities of young patients. This research aims to validate the relevance, content, and clinical utility of a pre-clinical interview questionnaire within pediatric psychiatric practice. The first part of the study focuses on ensuring that the language and content of the questionnaire are age-appropriate and effectively tailored to the developmental stages of child and adolescent patients. The second part of the study evaluates the feasibility and autonomy of pediatric subjects in completing the interview independently, potentially in a home setting. The study employs three distinct methods of administering the pre-clinical interview:

1. Self-administration using a chatbot
2. Human administration and
3. Robot-assisted administration

Who can participate?

Children and teenagers aged 10-19 years who are patients at the pediatric psychiatry unit of the University Medical Center Maribor can take part. Participants must be able to understand and answer questions, speak the local language fluently, and have permission from their parents or guardians. Young people with severe intellectual disabilities, uncorrected vision or hearing problems, or serious medical conditions that might affect their participation will not be included.

What does the study involve?

Participants will be randomly assigned to one of three interview methods:

- Completing the interview alone using a tablet with a chatbot or a paper questionnaire
- Having the interview conducted by a pediatric psychiatrist
- Having the interview guided by a friendly humanoid robot called Frida

All participants will answer the same set of questions. The sessions will be video-recorded to capture both what participants say and their body language. After the interview, participants will share their thoughts about the experience.

What are the possible benefits and risks of participating?

Benefits include contributing to improvements in mental health assessment for young people, gaining self-awareness about mental health, and experiencing innovative technology. Possible risks include feeling uncomfortable discussing personal topics and concerns about privacy, though strict confidentiality measures are in place. Emotional support will be available during all interviews.

Where is the study run from?

The study takes place at the University Medical Center Maribor's pediatric psychiatry unit in Slovenia.

When is the study starting and how long is it expected to run for?

July 2024 to May 2025

Who is funding the study?

This research is funded by the European Commission's Horizon Europe research and innovation programme, project SMILE (Supporting Mental Health in Young People: Integrated Methodology for cLinical dEcisions and evidence-based interventions) , GA. 101080923 , and project CERTAIN (Certification for Ethical and Regulatory Transparency in Artificial Intelligence), GA. 101189650.

Who is the main contact?

The study is led by Dr Izidor Mlakar (scientific supervisor) from the University of Maribor and Dr Hojka Gregorič Kumperščak (clinical supervisor) from the University Medical Center Maribor.

Contact information

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Public, Scientific

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Additional identifiers

Clinical Trials Information System (CTIS)

Nil known

Protocol serial number

Nil known

Study information

Scientific Title

Pediatric RObot-aided versus Moderator-led Interview Screening (PROMIS): Comparative effectiveness of three pre-clinical assessment modalities for identifying observable mental health cues in children and adolescents ages 10-19

Acronym

PROMIS

Study objectives

H1 - The pre-clinical interview questionnaire will be validated as age-appropriate and relevant, contributing significantly to the assessment of child and adolescent psychiatric conditions.

H2 - The value of the pre-clinical interview questionnaire, as determined by its ability to enhance clinical understanding and decision-making in child and adolescent psychiatry, will not differ significantly across the three interview modalities (technology alone, human interaction, and robot-assisted).

H3 - Children and adolescents will demonstrate a high level of feasibility and willingness to complete the pre-clinical interview independently, with significant variations observable between the three arms.

H4 - Children and adolescents will report higher preferences and comfort levels with interactive and engaging interview methods such as those involving socially assistive robots or user-friendly chatbot interfaces.

Ethics approval required

Ethics approval required

Ethics approval(s)

approved 04/07/2024, Medical Ethics Commission (University Medical Center Maribor) (Ljubljanska ulica 5, Maribor, 2000, Slovenia; +386 2 321 2489; eticna.komisija@ukc-mb.si), ref: UKC-MB-KME-32/24

Study design

Prospective controlled mixed-methods study randomized with three arms

Primary study design

Interventional

Study type(s)

Diagnostic, Screening

Health condition(s) or problem(s) studied

Assessment of pre-clinical psychiatric interview methodologies for pre-screening of mental health disorders in children and adolescents aged 10-19 years

Interventions

This interventional study employs a prospective, controlled, mixed-methods design with three randomized arms to evaluate different approaches to pre-clinical psychiatric interviews for children and adolescents (ages 10-19). Participants (n=90) are randomly allocated to one of three intervention arms (30 per arm):

1. Self-Administration (Chatbot): Participants complete the interview independently using either a tablet with a chatbot application or paper questionnaire in a distraction-minimized environment without real-time human interaction.
2. Human Administration: A pediatric psychiatrist conducts the interview in a standard clinical setting following traditional psychiatric assessment approaches.
3. Robot-Assisted Administration: The socially assistive humanoid robot "Frida" (model Pepper, programmed with speech recognition and synthesis capabilities in Slovenian) facilitates the interview process with remote operator monitoring.

All intervention arms use identical pre-clinical interview questionnaires. Sessions are video-recorded to capture both verbal responses and non-verbal cues. Following the intervention, participants evaluate their experience using standardized assessment tools. The sample size (90 participants) was calculated to detect a medium effect size ($d=0.5$) with an alpha of 0.05 and power of 0.80

Randomization:

We prepared a list of 90 unique identifiers, pre-allocated equally with 30 identifiers per treatment arm, and used Excel's RAND() function to generate a random sequence. The identifiers were then sorted based on these random numbers to create the final allocation order. Participants were sequentially assigned the next available identifier from this randomized sequence upon enrollment, ensuring balanced distribution across the three treatment arms while maintaining allocation concealment.

Intervention Type

Other

Primary outcome(s)

1. The relevance, the content (also consider language is age-appropriate), and the value of the pre-clinical interview questionnaire for child and adolescent psychiatric practice. Measured using a custom questionnaire for experts to evaluate the value of a screening interview, focusing on information relevance, clinical utility, and integration with other assessments. The questionnaire will assess how the interview contributes to understanding children's and adolescents' mental health, treatment planning, and overall clinical evaluation. The questionnaire is applied once and after reviewing each diary recording
2. Feasibility and willingness of children and adolescents to carry out and complete the interview independently. Measured using custom participant questionnaire (2 items) and BFI-2-XS and ITAS, before the experiment

Key secondary outcome(s)

1. Compare the effectiveness and responses when the interview is moderated by different methods: a chatbot as a moderator, a human moderator, and a socially assistive humanoid robot as moderator measured using BIDR-16 immediately after the experiment
2. Evaluate the user experience (UX) of children and adolescents under the different moderators using a combination of G-MISS and custom participant questionnaire (1 item) with the screening interview immediately after the experiment

Completion date

31/05/2025

Eligibility

Key inclusion criteria

1. Included in Child and Adolescent Psychiatric treatment: patients of the Unit for pediatric and adolescent psychiatry of the University Medical Centre Maribor (inpatient or outpatient)
2. Age Range: 10 - 19 years old at the time of consent.
3. Cognitive Ability: Participants must have the cognitive capacity to understand and respond to the questions posed in the interviews. This can be preliminarily assessed through a short standardized cognitive screening appropriate for the age group.
4. Language Proficiency: Participants must be fluent in the language in which the interviews are conducted to ensure accurate understanding and response to the questions.
5. Consent: Participants must be able to provide written informed consent or assent, and legal guardians must provide written informed consent for participation in the study for those younger than 15.
6. Availability: Participants must be available for the duration required to complete all study components, including any follow-up evaluations or debriefings.

Participant type(s)

Health professional, Patient

Healthy volunteers allowed

No

Age group

Mixed

Lower age limit

10 years

Upper age limit

19 years

Sex

All

Total final enrolment

108

Key exclusion criteria

1. Intellectual disability: Children and adolescents with mild to severe intellectual disabilities that may interfere with their ability to understand or engage with the interview process as designed.
2. Urgent Psychiatric Conditions: Children and adolescents experiencing life-threatening conditions or other conditions requiring immediate psychiatric treatment; e.g. agitation, aggression, acute psychosis
3. Sensory Impairments: Children with uncorrected hearing or visual impairments that would prevent interaction with the chatbot, human interviewer, or robot, unless reasonable accommodations can ensure effective participation.
4. Medical Conditions: Severe medical conditions or instability that could interfere with the participant's ability to attend sessions or respond reliably, such as uncontrolled epilepsy or significant physical illnesses requiring intensive care.

Date of first enrolment

31/01/2025

Date of final enrolment

30/04/2025

Locations**Countries of recruitment**

Slovenia

Study participating centre

University Medical Centre Maribor, Unit for pediatric and adolescent psychiatry

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Sponsor information**Organisation**

University Clinical Centre Maribor

ROR

<https://ror.org/02rjj7s91>

Funder(s)

Funder type

Government

Funder Name

HORIZON EUROPE Framework Programme

Alternative Name(s)

Horizon Europe, Horizon Europe Programme, Framework Programme, Horizon Europe, EU Framework Programme, Horizon, Horizonte Europa

Funding Body Type

Government organisation

Funding Body Subtype

National government

Location

Results and Publications

Individual participant data (IPD) sharing plan

The datasets generated during and/or analysed during the current study will be available upon request (Dr Izidor Mlakar, izidor.mlakar@um.si).

Some of the datasets generated and/or analysed during the current study will also be published as a supplement to the results publication.

IPD sharing plan summary

Available on request, Published as a supplement to the results publication

Study outputs

Output type	Details	Date created	Date added	Peer reviewed?	Patient-facing?
Results article		03/04/2026	07/04/2026	Yes	No