

# Dementia care initiative in primary practice (German title: Initiative Demenzversorgung in der Allgemeinmedizin)

<b>Submission date</b> 28/08/2007	<b>Recruitment status</b> No longer recruiting	<input type="checkbox"/> Prospectively registered
<b>Registration date</b> 16/10/2007	<b>Overall study status</b> Completed	<input checked="" type="checkbox"/> Protocol
<b>Last Edited</b> 01/02/2011	<b>Condition category</b> Mental and Behavioural Disorders	<input type="checkbox"/> Statistical analysis plan
		<input checked="" type="checkbox"/> Results
		<input type="checkbox"/> Individual participant data

**Plain English summary of protocol**  
Not provided at time of registration

## Contact information

**Type(s)**  
Scientific

**Contact name**  
Prof Elmar Graessel

**Contact details**  
Psychiatrische und Psychotherapeutische Klinik  
Universitätsklinikum Erlangen  
Schwabachanlage 6  
Erlangen  
Germany  
91054

## Additional identifiers

### Study information

**Scientific Title**

**Acronym**  
IDA

## **Study objectives**

The main research hypothesis is that for dementia patients still living at home a complex intervention consisting of a training of General Practitioners (GPs) in evidence based treatment, of the provision of caregiver support groups, and of actively approaching family counselling, can prolong time to nursing home placement in comparison to usual care.

## **Ethics approval required**

Old ethics approval format

## **Ethics approval(s)**

Ethics approval received from the Ethics board of the Bavarian Chamber of Physicians (Bayerische Landesärztekammer) on the 30th May 2005 (ref: 05029).

## **Study design**

Three armed cluster-randomised trial with recruitment by 220 GPs (clusters) and an intervention /follow-up period of two years. Observer blind assessment of secondary outcomes.

## **Primary study design**

Interventional

## **Study type(s)**

Quality of life

## **Health condition(s) or problem(s) studied**

Mild to moderate dementia

## **Interventions**

Control group: usual care (GPs receive only training in dementia diagnosis and in study procedures)

Intervention group 1: GPs receive additional training in evidence based dementia treatment, caregivers are offered participation in dementia caregiver support groups

Intervention group 2: as in intervention group 1 plus actively approaching family counselling

Training for the GPs had a duration of 0.5 days for the control group and 1 day for the two intervention groups. The caregiver support groups take place once a month. The contact frequency with the actively approaching family counselling is every 6 to 8 weeks. The total duration of follow-up is 2 years for all treatment arms.

## **Intervention Type**

Other

## **Phase**

Not Specified

## **Primary outcome(s)**

Time to nursing home placement (within two year intervention and follow-up period).

## **Key secondary outcome(s)**

1. Subjective burden of informal caregivers (Burden Scale for Family Caregivers [BSFC])
2. Quality of life of the patients (EuroQol-5D measure [EQ5D])
3. Direct medical and non-medical costs (including informal care)

4. Cognitive functioning of the patients (MMSE)
5. Patients' ability to perform Activities of Daily Living (ADL) and Instrumental Activities of Daily Living (IADL) (Barthel-Index, Nurses' Observation Scale for Geriatric patients [NOSGER] subscale IADL)

Secondary outcomes are measured at one and two years after study entry.

**Completion date**

31/12/2008

## Eligibility

**Key inclusion criteria**

General practitioners:

1. Participating in a study specific training
2. Located in the study region of Middle Franconia

Patients:

1. Mild to moderate dementia (Mini-Mental State Examination [MMSE] between 10 and 23)
2. Member of the health insurance AOK
3. 65 years and older
4. Living at home
5. Having an informal caregiver who is willing to participate in study

**Participant type(s)**

Patient

**Healthy volunteers allowed**

No

**Age group**

Senior

**Sex**

All

**Key exclusion criteria**

1. Patients having a terminal illness
2. Nursing home placement is already planned
3. Patients not able or willing to give informed consent

**Date of first enrolment**

25/06/2005

**Date of final enrolment**

31/12/2008

## Locations

**Countries of recruitment**

Germany

**Study participating centre**

**Psychiatrische und Psychotherapeutische Klinik**

Erlangen

Germany

91054

## Sponsor information

**Organisation**

Federal Association of the Statutory Regional Health Insurance Fund (Allgemeine Ortskrankenkasse [AOK]) (Germany)

**ROR**

<https://ror.org/004cmqw89>

## Funder(s)

**Funder type**

Industry

**Funder Name**

The study is jointly and equally funded by:

**Funder Name**

The statutory health insurance AOK Bavaria (Germany)

**Funder Name**

The Federal Association of the AOK (Germany)

**Funder Name**

Pfizer Deutschland (Germany) - research-based pharmaceutical company

## Funder Name

EISAI GmbH (Germany) - research-based pharmaceutical company

# Results and Publications

## Individual participant data (IPD) sharing plan

### IPD sharing plan summary

Not provided at time of registration

### Study outputs

Output type	Details	Date created	Date added	Peer reviewed?	Patient-facing?
<a href="#">Results article</a>	results	18/11/2010		Yes	No
<a href="#">Protocol article</a>	protocol	06/06/2009		Yes	No
<a href="#">Other publications</a>	study design and baseline data report	01/05/2007		Yes	No
<a href="#">Study website</a>	Study website	11/11/2025	11/11/2025	No	Yes