

A randomised blind trial of care packages for patients with chronic back pain

Submission date 12/09/2003	Recruitment status No longer recruiting	☐ Prospectively registered
		☐ Protocol
Registration date 12/09/2003	Overall study status Completed	☐ Statistical analysis plan
		☒ Results
Last Edited 15/04/2015	Condition category Musculoskeletal Diseases	☐ Individual participant data

Plain English summary of protocol

Not provided at time of registration

Contact information

Type(s)

Scientific

Contact name

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Contact details

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Additional identifiers

Protocol serial number

N0235026503

Study information

Scientific Title

A randomised blind trial of care packages for patients with chronic back pain

Study objectives

What is the best method for treating patients with chronic back pain?

Ethics approval required

Old ethics approval format

Ethics approval(s)

Not provided at time of registration

Primary study design

Interventional

Study design

Single-centre randomised single-blind study

Study type(s)

Treatment

Health condition(s) or problem(s) studied

Musculoskeletal Diseases: Chronic back pain

Interventions

1. Standard physiotherapy
2. Osteopathy
3. Exercise/rehab

Intervention Type

Other

Phase

Not Specified

Primary outcome(s)

1. Oswestry Disability Index
2. Euroquol Questionnaire
3. Shuttle Walking Test

Key secondary outcome(s)

Not provided at time of registration

Completion date

30/10/2005

Eligibility

Key inclusion criteria

1. Patients with chronic low back pain referred to the physiotherapy service with or without leg symptoms which has been present for 3 months or more with no specific cause
2. Aged 18-65
3. Able to walk with/without the use of a stick and able to step on and off a plinth

Participant type(s)

Patient

Healthy volunteers allowed

No

Age group

Adult

Lower age limit

18 Years

Upper age limit

65 Years

Sex

All

Key exclusion criteria

Not provided at time of registration

Date of first enrolment

01/07/1999

Date of final enrolment

30/10/2005

Locations**Countries of recruitment**

United Kingdom

England

Study participating centre

St Albans City Hospital

St Albans

United Kingdom

AL3 5PN

Sponsor information**Organisation**

Department of Health (UK)

Funder(s)

Funder type

Government

Funder Name

West Hertfordshire Hospitals NHS Trust (UK)

Results and Publications

Individual participant data (IPD) sharing plan

IPD sharing plan summary

Not provided at time of registration

Study outputs

Output type	Details	Date created	Date added	Peer reviewed?	Patient-facing?
Results article	results	01/03/2008		Yes	No