

Analysis of heart muscle shape using cardiovascular magnetic resonance imaging

Submission date 04/08/2019	Recruitment status No longer recruiting	☐ Prospectively registered ☐ Protocol
Registration date 27/11/2019	Overall study status Completed	☐ Statistical analysis plan ☒ Results
Last Edited 26/04/2021	Condition category Circulatory System	☐ Individual participant data

Plain English summary of protocol

Background and study aims

Measuring myocardial (heart muscle) strain is of growing interest in cardiovascular magnetic resonance (CMR) imaging for the detection of subclinical myocardial dysfunction in heart disease. The aim of this study is to assess the age and gender-related reference values of myocardial strain in healthy adults and to evaluate the influence of field strength and postprocessing software.

Who can participate?

Data collected in previous studies using CMR were analysed in this study (healthy volunteers aged over 18)

What does the study involve?

CMR data is analysed to find differences in the results of the analysis using different software and different strengths of scanning devices.

What are the possible benefits and risks of participating?

None

Where is the study run from?

Working Group on Cardiovascular Magnetic Resonance, Experimental and Clinical Research Center, a joint cooperation between the Charité University Medicine Berlin and the Max-Delbrueck Center for Molecular Medicine, and HELIOS Klinikum Berlin Buch, Department of Cardiology and Nephrology, Berlin, Germany

When is the study starting and how long is it expected to run for?

January 2018 to July 2019

Who is funding the study?

Charité – Universitätsmedizin Berlin (Charité University Medicine Berlin) (Germany)

Who is the main contact?
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Contact information

Type(s)
Scientific

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Study information

Scientific Title
Quantification of myocardial strain assessed by Cardiovascular Magnetic Resonance feature tracking in healthy subjects – influence of post-processing

Study objectives
A retrospective study of strain analysis to establish standards for image acquisition and interpretation and to add further knowledge in this regard by analysing the influence of scanner field strength and analysis software package on age- and gender-related reference values of myocardial strain

Ethics approval required
Old ethics approval format

Ethics approval(s)
Approved 04/11/2010 and 17/07/2014, ethical committee of the Charité Medical Faculty (Charité – Universitätsmedizin Berlin, Campus Charité Mitte, Charitéplatz 1, 10117 Berlin, Germany; Tel: +49 (0)30 450 517 222; Email: ethikkommission@charite.de), ref: (EA2/077/10), EA1/058/13, DOI, 0.1161/CIRCIMAGING.116.005242

Primary study design

Observational

Study design

Retrospective proof of concept trial

Study type(s)

Diagnostic

Health condition(s) or problem(s) studied

Myocardial strain in healthy volunteers

Interventions

The researchers screened healthy subjects, who were prospectively examined in former studies. The ethical committee Charite approved all of the studies. All participants were enrolled after informed consent was obtained.

CMR was applied at a 1.5 and 3 T Scanner (Siemens Healthcare, Erlangen, Germany) using a 32 channel surface coil. Cine imaging is performed applying state of the art steady state precession sequences to determine the global cardiac performance in three long axis and short axis.

It is a retrospective trial to evaluate the reference values of myocardial strain applying cardiovascular magnetic resonance (CMR) by analysing the influence of scanner field strength, analysis software package, age- and gender-related factors. This proof of concept trial is intended to extend the indications for CMR.

Subjects were divided into three age groups: group 1 aged < 35 years, group 2 aged 35-55 years and group 3 aged > 55 years

Only volunteers with similar cine protocols were included. Feature tracking analysis was performed using CVI42 software (prototype version 5.3.0, Circle Cardiovascular Imaging Inc., Calgary, Canada). All images were additionally analyzed with TomTec Image Arena (version 1.3.0.91, TomTec Imaging Systems GmbH, Unterschleissheim, Germany).

Statistical analyses were performed using IBM SPSS Statistic version 23 (IBM, Armonk, US). The researchers calculated mean values and standard deviation (SD) for demographic parameters, LV function and strain measurements. Volumes were indexed to body surface area (BSA) and height. Non-parametric Mann-Whitney-U-Test for unpaired samples was used for comparisons of strain parameters between gender, analysis software and field strength. Age-related differences were analyzed using the non-parametric Kruskal-Wallis-Test. Differences were considered statistically significant at $p < 0.05$.

Intervention Type

Other

Primary outcome(s)

1. Longitudinal strain assessed in three long-axis views: 4CV, 3CV and 2CV
 2. Circumferential strain and radial strain assessed short-axis full coverage
- Measured using CMR at a single timepoint

Key secondary outcome(s)

There were no secondary outcome measures

Completion date

01/07/2019

Eligibility

Key inclusion criteria

1. Healthy male and female aged > 18 years
2. Preserved left ventricular ejection fraction in echocardiography
3. Willingness to undergo CMR
4. Willingness and ability to follow directions and complete all study procedures as specified in the protocol

Participant type(s)

Healthy volunteer

Healthy volunteers allowed

No

Age group

Adult

Lower age limit

18 Years

Sex

All

Total final enrolment

67

Key exclusion criteria

1. Any known cardiovascular risk factor
2. History of cardiac disease
3. Impaired LV ejection fraction (LVEF) (< 55%)
4. Pathologic findings in CMR
5. Incomplete CMR data for feature tracking analysis (less than three long axis and three short axis views) led to exclusion

Date of first enrolment

01/01/2013

Date of final enrolment

08/11/2017

Locations

Countries of recruitment

Germany

Study participating centre
Charité University Medicine Berlin
Working Group Kardiologie MRT
Lindenberger Weg 80
Berlin
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Sponsor information

Organisation
Charité University Medicine Berlin

ROR
<https://ror.org/001w7jn25>

Funder(s)

Funder type
University/education

Funder Name
Charité – Universitätsmedizin Berlin

Results and Publications

Individual participant data (IPD) sharing plan

The datasets generated during and/or analysed during the current study are not expected to be made available due to reasons of data protection laws in Germany. However, upon request methodology and dataset structure can be shared.

IPD sharing plan summary

Not expected to be made available

Study outputs

Output type	Details	Date created	Date added	Peer reviewed?	Patient-facing?
Results article		01/06/2021	26/04/2021	Yes	No