ISRCTN69596728 https://doi.org/10.1186/ISRCTN69596728

A randomised controlled factorial trial of simple strategies to implement non-pharmacological dietary advice for hypertension in primary care

Submission date
31/01/2002

Recruitment status
No longer recruiting

Registration date
31/01/2002

Overall study status
Completed

Last Edited
10/09/2007

Condition category
Circulatory System

[_] Prospectively registered
[_] Protocol
[_] Statistical analysis plan
[X] Results
[_] Individual participant data

Plain English summary of protocol
Not provided at time of registration

Contact information

Type(s)
Scientific

Contact name
Dr Paul S Little

Contact details
Primary Medical Care Group
Community Clinical Sciences Division
University of Southampton
Aldermoor Health Centre
Aldermoor Close
Southampton
United Kingdom
SO16 5ST
+44 (0)23 8024 1062
psl3@soton.ac.uk

Additional identifiers

Protocol serial number
PG/97172

Study information

Scientific Title

Study objectives
Not provided at time of registration

Ethics approval required
Old ethics approval format

Ethics approval(s)
Southampton and South West Hampshire local research ethics committee.

Primary study design
Interventional

Study design
Randomised controlled trial

Study type(s)
Treatment

Health condition(s) or problem(s) studied
Essential hypertension

Interventions
Subjects to be randomised to one of eight groups by 2x2x2 factorial design:
Factor 1: leaflet
Factor 2: low salt
Factor 3: lifestyle prompts

Intervention Type
Other

Phase
Not Specified

Primary outcome(s)
Not provided at time of registration

Key secondary outcome(s)
Not provided at time of registration

Completion date
01/01/2001

Eligibility

Key inclusion criteria
Patients with blood pressure greater than 160/90 mmHg

Participant type(s)
Patient

Healthy volunteers allowed
No

Age group
Not Specified

Sex
Not Specified

Key exclusion criteria
Not provided at time of registration

Date of first enrolment
01/01/1999

Date of final enrolment
01/01/2001

Locations

Countries of recruitment
United Kingdom

England

Study participating centre
Primary Medical Care Group
Southampton
United Kingdom
SO16 5ST

Sponsor information

Organisation
British Heart Foundation (UK)

ROR
https://ror.org/02wdwnk04

Funder(s)

Funder type
Charity

Funder Name
British Heart Foundation (UK)

Alternative Name(s)
The British Heart Foundation, the_bhf, BHF

Funding Body Type
Private sector organisation

Funding Body Subtype
Trusts, charities, foundations (both public and private)

Location
United Kingdom

Results and Publications

Individual participant data (IPD) sharing plan

IPD sharing plan summary
Not provided at time of registration

Study outputs

Output type	Details	Date created	Date added	Peer reviewed?	Patient-facing?
Results article	Results	01/05/2004		Yes	No