

A randomised controlled factorial trial of simple strategies to implement non-pharmacological dietary advice for hypertension in primary care

Submission date 31/01/2002	Recruitment status No longer recruiting	<input type="checkbox"/> Prospectively registered
		<input type="checkbox"/> Protocol
Registration date 31/01/2002	Overall study status Completed	<input type="checkbox"/> Statistical analysis plan
		<input checked="" type="checkbox"/> Results
Last Edited 10/09/2007	Condition category Circulatory System	<input type="checkbox"/> Individual participant data

Plain English summary of protocol

Not provided at time of registration

Contact information

Type(s)

Scientific

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Contact details

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Additional identifiers

Protocol serial number

PG/97172

Study information

Scientific Title

Study objectives

Not provided at time of registration

Ethics approval required

Old ethics approval format

Ethics approval(s)

Southampton and South West Hampshire local research ethics committee.

Study design

Randomised controlled trial

Primary study design

Interventional

Study type(s)

Treatment

Health condition(s) or problem(s) studied

Essential hypertension

Interventions

Subjects to be randomised to one of eight groups by 2x2x2 factorial design:

Factor 1: leaflet

Factor 2: low salt

Factor 3: lifestyle prompts

Intervention Type

Other

Phase

Not Specified

Primary outcome(s)

Not provided at time of registration

Key secondary outcome(s)

Not provided at time of registration

Completion date

01/01/2001

Eligibility

Key inclusion criteria

Patients with blood pressure greater than 160/90 mmHg

Participant type(s)

Patient

Healthy volunteers allowed

No

Age group

Not Specified

Sex

Not Specified

Key exclusion criteria

Not provided at time of registration

Date of first enrolment

01/01/1999

Date of final enrolment

01/01/2001

Locations**Countries of recruitment**

United Kingdom

England

Study participating centre

Primary Medical Care Group

Southampton

United Kingdom

SO16 5ST

Sponsor information**Organisation**

British Heart Foundation (UK)

ROR

<https://ror.org/02wdwnk04>

Funder(s)

Funder type

Charity

Funder Name

British Heart Foundation (UK)

Alternative Name(s)

The British Heart Foundation, the_bhf, BHF

Funding Body Type

Private sector organisation

Funding Body Subtype

Trusts, charities, foundations (both public and private)

Location

United Kingdom

Results and Publications

Individual participant data (IPD) sharing plan**IPD sharing plan summary**

Not provided at time of registration

Study outputs

Output type	Details	Date created	Date added	Peer reviewed?	Patient-facing?
Results article	Results	01/05/2004		Yes	No