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Does the use of food photography help people with diabetes?

Submission date	Recruitment status	[ ] Prospectively registered
29/09/2006	No longer recruiting	[ ] Protocol
Registration date	**Overall study status**	[ ] Statistical analysis plan
29/09/2006	Completed	[ ] Results
Last Edited	**Condition category**	[ ] Individual participant data
28/04/2015	Nutritional, Metabolic, Endocrine	[ ] Record updated in last year

Plain English summary of protocol
Not provided at time of registration

Contact information

Type(s)
Scientific

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Additional identifiers

Protocol serial number
N0051177692

Study information

Scientific Title
Does the use of food photography help people with diabetes?

Study objectives

Is food photography a useful tool in the management of people with diabetes and can it influence people's choice of food portion size and their perception of what they eat?

Ethics approval required
Old ethics approval format

Ethics approval(s)
Not provided at time of registration

Primary study design
Interventional

Study design
Randomised controlled trial

Study type(s)
Treatment

Health condition(s) or problem(s) studied
Nutritional, Metabolic, Endocrine: Diabetes

Interventions
Visit 1: patients will be randomised to complete a standard written food diary or a photographic food diary (using a 35 mm camera)
Visit 2: participants will be given education and nutrition counselling by the dietician based on their respective food diaries. Baseline measurements of body weight and HbA1c will be taken.
Visit 3: all participants will repeat measurements of body weight and HbA1c

Intervention Type
Other

Phase
Not Specified

Primary outcome(s)
1. Improvement in diabetes control - HbA1c, lipids and weight loss
2. Data to advice the sample size

Key secondary outcome(s)
Not provided at time of registration

Completion date
30/06/2006

Eligibility

Key inclusion criteria
8 patients with type 2 diabetes

Participant type(s)
Patient

Healthy volunteers allowed
No

Age group
Adult

Sex
Not Specified

Key exclusion criteria
Not provided at time of registration

Date of first enrolment
01/01/2006

Date of final enrolment
30/06/2006

Locations

Countries of recruitment
United Kingdom

England

Study participating centre
Brighton & Sussex University Hospitals NHS Trust (RSCH)
Brighton
United Kingdom
BN2 5BE

Sponsor information

Organisation
Record Provided by the NHSTCT Register - 2006 Update - Department of Health

Funder(s)

Funder type
Government

Funder Name
Brighton and Sussex University Hospitals NHS Trust (UK), NHS R&D Support Funding

Results and Publications

Individual participant data (IPD) sharing plan

IPD sharing plan summary
Not provided at time of registration