

Does the use of food photography help people with diabetes?

Submission date 29/09/2006	Recruitment status No longer recruiting	<input type="checkbox"/> Prospectively registered
Registration date 29/09/2006	Overall study status Completed	<input type="checkbox"/> Protocol
Last Edited 28/04/2015	Condition category Nutritional, Metabolic, Endocrine	<input type="checkbox"/> Statistical analysis plan
		<input type="checkbox"/> Results
		<input type="checkbox"/> Individual participant data
		<input type="checkbox"/> Record updated in last year

Plain English summary of protocol
Not provided at time of registration

Contact information

Type(s)
Scientific

Contact name
Ms Marilyn Yusuf

Contact details
Brighton & Sussex University Hospitals NHS Trust (RSCH)
Royal Sussex County Hospital
Eastern Road
Brighton
United Kingdom
BN2 5BE

Additional identifiers

Protocol serial number
N0051177692

Study information

Scientific Title
Does the use of food photography help people with diabetes?

Study objectives

Is food photography a useful tool in the management of people with diabetes and can it influence people's choice of food portion size and their perception of what they eat?

Ethics approval required

Old ethics approval format

Ethics approval(s)

Not provided at time of registration

Primary study design

Interventional

Study design

Randomised controlled trial

Study type(s)

Treatment

Health condition(s) or problem(s) studied

Nutritional, Metabolic, Endocrine: Diabetes

Interventions

Visit 1: patients will be randomised to complete a standard written food diary or a photographic food diary (using a 35 mm camera)

Visit 2: participants will be given education and nutrition counselling by the dietician based on their respective food diaries. Baseline measurements of body weight and HbA1c will be taken.

Visit 3: all participants will repeat measurements of body weight and HbA1c

Intervention Type

Other

Phase

Not Specified

Primary outcome(s)

1. Improvement in diabetes control - HbA1c, lipids and weight loss
2. Data to advice the sample size

Key secondary outcome(s)

Not provided at time of registration

Completion date

30/06/2006

Eligibility

Key inclusion criteria

8 patients with type 2 diabetes

Participant type(s)

Patient

Healthy volunteers allowed

No

Age group

Adult

Sex

Not Specified

Key exclusion criteria

Not provided at time of registration

Date of first enrolment

01/01/2006

Date of final enrolment

30/06/2006

Locations**Countries of recruitment**

United Kingdom

England

Study participating centre

Brighton & Sussex University Hospitals NHS Trust (RSCH)

Brighton

United Kingdom

BN2 5BE

Sponsor information**Organisation**

Record Provided by the NHSTCT Register - 2006 Update - Department of Health

Funder(s)**Funder type**

Government

Funder Name

Brighton and Sussex University Hospitals NHS Trust (UK), NHS R&D Support Funding

Results and Publications

Individual participant data (IPD) sharing plan

IPD sharing plan summary

Not provided at time of registration