

# The effects of cardiopulmonary bypass on the function of white blood cells

<b>Submission date</b> 04/11/2015	<b>Recruitment status</b> No longer recruiting	<input type="checkbox"/> Prospectively registered <input type="checkbox"/> Protocol
<b>Registration date</b> 05/11/2015	<b>Overall study status</b> Completed	<input type="checkbox"/> Statistical analysis plan <input checked="" type="checkbox"/> Results
<b>Last Edited</b> 28/10/2022	<b>Condition category</b> Circulatory System	<input type="checkbox"/> Individual participant data

## Plain English summary of protocol

### Background and study aims

Coronary heart disease (CHD), also known as ischemic heart disease, is one of the leading causes of death worldwide. CHD develops because of the build-up of fatty deposits (plaque) on the walls of the coronary arteries (the arteries that supply the heart with oxygen-rich blood). When arteries are blocked or narrowed, the heart does not receive enough blood to function properly, which can cause pain and tightness in the chest (angina), or even lead to a heart attack. A coronary artery bypass graft (CABG) is an operation that is used to treat CAD. It works taking a blood vessel from another part of the body, and attaching it to the coronary artery above and below the blocked or narrowed area (graft). This graft diverts the blood around the blockage, improving the overall blood supply to the heart. In order to ensure that the heart is “motionless” during surgery, a cardiopulmonary bypass (CPB) is performed so that blood supply avoids the heart and lungs during the grafting procedure. It works by diverting blood away from the lungs and heart through an oxygenator machine (which adds oxygen and gets rid of carbon dioxide from blood) and lengths of plastic tubing. A common complication of CPB is that white blood cells (cells which fight infection) become “activated” when they come into contact with the plastic tubing. This can cause damage to the lungs when the blood is redirected to them after the procedure. During the surgery, the surgeon and anaesthetist have the option of inflating the lungs, which is thought to prevent this from happening. In some heart operations, the left lung is deflated (because the left side of the chest is opened), while the right lung is inflated by the anaesthetist. This provides a unique opportunity to look at the behaviour of white blood cells when they are returned to an inflated and a deflated lung at the same time. The aim of this study is to find out whether white blood cells known as neutrophils (which ingest foreign material such as bacteria) behave differently when returning to an inflated or a deflated lung after a CPB procedure.

### Who can participate?

Adults who are having coronary artery bypass graft surgery (CABG).

### What does the study involve?

Participants who have agreed to take part in the study have three 25ml blood samples taken at different timepoints during their CABG surgery. These blood samples are all taken from the central line (a long, thin tube that is inserted into a major vein so that medications can be given)

that they have fitted before their operation. After their surgery, two more 25ml blood samples are taken from the pulmonary veins (the veins which supply the lungs). All five blood samples are then analysed in the lab in order to look at the presence of activated white blood cells.

What are the possible benefits and risks of participating?

There are no direct benefits of taking part in this study, however it could help to improve care for patients undergoing a CABG in the future. Risks of participating include pain or bruising when blood samples are taken, as well as the general risks associated with undergoing a CABG procedure.

Where is the study run from?

Freeman Hospital Newcastle upon Tyne (UK)

When is the study starting and how long is it expected to run for?

November 2015 to July 2017

Who is funding the study?

Newcastle Biomedical research Centre in Aging and Chronic Disease (UK)

Who is the main contact?

1. Dr Wendy Funston (Public)
2. Professor John Simpson (Scientific)

## Contact information

### Type(s)

Public

### Contact name

Dr Wendy Funston

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## Additional identifiers

### Clinical Trials Information System (CTIS)

Nil known

### Protocol serial number

Nil known

## Study information

### Scientific Title

Lung Inflation and Deflation and the Effect on Neutrophils

### Acronym

LIDEN

### Study objectives

Neutrophil function (specifically neutrophil phagocytic function) will be reduced following a period of time on cardiopulmonary bypass and that this phagocytic function will be partially restored after travelling through an inflated lung.

### Ethics approval required

Old ethics approval format

### Ethics approval(s)

North East – York Research Ethics Committee, 17/11/2015, REC ref: 15/NE/0319

### Study design

Single-centre observational cohort study

### Primary study design

Observational

### Study type(s)

Treatment

### Health condition(s) or problem(s) studied

The role of lung inflation on neutrophil function in patients undergoing coronary artery bypass grafting

### Interventions

Eligible patients will be adults having coronary artery bypass grafting (CABG) at the Freeman Hospital, Newcastle upon Tyne. A full explanation of what is involved will be given when the patients are seen in the pre-assessment clinic (or on the ward for patients admitted for non elective surgery), about a week or two prior to surgery. At that stage they will be given the Patient Information Sheet. Final consent will be taken at least 24 hours later, when they are admitted for the operation. Some patients undergoing non elective surgery will be included, and will be allowed a minimum of 4 hours to elapse between the initial explanation of the study and the signing of the consent form. We intend to obtain 5x25ml blood samples in total from each participant. Prior to surgery a 'central line' is inserted into a major vein after the patient is anaesthetised and we intend to obtain three of the blood samples from this central line at different time points in the surgery. We may however ask permission to obtain the first of these blood samples from an arm vein before the patient goes to theatre (ie a pre-cardiopulmonary bypass sample) if it is more convenient.

Following standard anaesthetic practice, an endotracheal tube will be inserted by the anaesthetist. A "bronchial blocker" (a balloon catheter) will be placed near the origin of the left main bronchus, and inflated gently in order to obstruct the bronchus and ensure deflation of the left lung. The right lung will be ventilated, using the safest form of lung ventilation (known as "low tidal volume ventilation"). The operation will then proceed as normal. The pleura on the patient's left side will be opened, ensuring full deflation of the left lung. This is standard practice during coronary artery bypass grafting, in order to access the left internal mammary artery (used to bypass occluded coronary arteries).

When the operation is over, with the patient having just come off CPB, blood samples will then be taken from the the right and left inferior pulmonary veins (25ml each sample) under direct vision by the operating surgeon. The total blood collected throughout the whole operation will amount to approximately 125ml.

The 5x25ml blood samples will be taken to Prof Simpson's research lab at Newcastle University. Blood will be used to study activation status of white blood cells and to isolate neutrophils for functional studies, and to measure cytokines.

### **Intervention Type**

Procedure/Surgery

### **Primary outcome(s)**

Differences in phagocytic capacity of neutrophils in blood is measured by way of direct microscopic visualisation of ingestion of Zymosan particles and by flow cytometric analysis using staph. aureus PHrodo bioparticles at baseline, during and after CPB.

### **Key secondary outcome(s)**

1. Differences in neutrophil priming status is measured by differences in cell surface expression markers (CD11b and CD62L) and release of reactive oxygen species by flow cytometric analysis at baseline, during and after CPB
2. Differences in the serum cytokines of blood is measured using an ELISA assay at baseline, during and after CPB

### **Completion date**

30/07/2017

## **Eligibility**

**Key inclusion criteria**

1. Aged 18 or over
2. Patients undergoing coronary artery bypass graft surgery

**Participant type(s)**

Patient

**Healthy volunteers allowed**

No

**Age group**

Adult

**Lower age limit**

18 years

**Sex**

All

**Key exclusion criteria**

1. Patients under 18 years of age
2. Lack of informed, written consent
3. Emergency surgery precluding the capacity to give sufficient time for informed written consent
4. Redo surgery
5. Patients taking part in other interventional studies of CTIMPs that may significantly affect white blood cell function

**Date of first enrolment**

01/11/2015

**Date of final enrolment**

01/05/2017

**Locations****Countries of recruitment**

United Kingdom

England

**Study participating centre****Freeman Hospital Newcastle Upon Tyne**

Cardiothoracic Centre

Freeman Hospital

Newcastle upon Tyne

United Kingdom

NE7 7DN

# Sponsor information

## Organisation

Newcastle Upon Tyne Hospitals NHS Foundation Trust (UK)

## ROR

<https://ror.org/05p40t847>

# Funder(s)

## Funder type

Research organisation

## Funder Name

Newcastle Biomedical Research Centre in Aging and Chronic Disease (UK)

# Results and Publications

## Individual participant data (IPD) sharing plan

Not provided at time of registration

## IPD sharing plan summary

Available on request

## Study outputs

Output type	Details	Date created	Date added	Peer reviewed?	Patient-facing?
<a href="#">Results article</a>		26/07/2022	28/10/2022	Yes	No
<a href="#">HRA research summary</a>			28/06/2023	No	No