

Evaluating the Expert Patients Programme - process of implementation and outcomes

Submission date 28/09/2004	Recruitment status No longer recruiting	☐ Prospectively registered ☐ Protocol
Registration date 12/01/2005	Overall study status Completed	☐ Statistical analysis plan ☒ Results
Last Edited 24/08/2015	Condition category Other	☐ Individual participant data

Plain English summary of protocol
Not provided at time of registration

Contact information

Type(s)
Scientific

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Additional identifiers

Study information

Scientific Title
Evaluating the Expert Patients Programme - process of implementation and outcomes

Acronym
REPORT - Research into Expert Patients Outcomes in a Randomised Trial

Study objectives

The RCT is designed to test the clinical and cost-effectiveness of the EPP in the management of chronic conditions in England. A two-arm, patient level, randomised controlled trial: The intervention is the Expert Patient Programme, group-based chronic disease management programme, and the comparator is a 6-month waiting list control group. Patient population is adults with chronic disease, to be recruited from all 27 EPP Zones in the UK. Outcomes: include self-efficacy, health status, quality of life, and health service utilisation

Ethics approval required

Old ethics approval format

Ethics approval(s)

Not provided at time of registration

Primary study design

Interventional

Study design

Randomised controlled trial

Study type(s)

Not Specified

Health condition(s) or problem(s) studied

Chronic condition as defined by the patient

Interventions

Randomisation at patient level to either Group 1 who will participate in the Expert Patients Programme (EPP) immediately or Group 2 the waiting list controls who will participate in the EPP six months after recruitment

Intervention Type

Other

Phase

Not Specified

Primary outcome(s)

Self-efficacy, health status, quality of life, and health service utilisation

Key secondary outcome(s)

Not provided at time of registration

Completion date

28/02/2006

Eligibility**Key inclusion criteria**

All individuals who are referred or self-refer to the Expert Patients Programme

Participant type(s)

Patient

Healthy volunteers allowed

No

Age group

Not Specified

Sex

Not Specified

Key exclusion criteria

Not provided at time of registration

Date of first enrolment

01/04/2003

Date of final enrolment

28/02/2006

Locations**Countries of recruitment**

United Kingdom

England

Study participating centre

National Primary Care Research & Development Centre (NPCRDC)

Manchester

United Kingdom

M13 9PL

Sponsor information**Organisation**

UK Department of Health

Funder(s)

Funder type

Government

Funder Name

UK Department of Health

Results and Publications

Individual participant data (IPD) sharing plan

IPD sharing plan summary

Not provided at time of registration

Study outputs

Output type	Details	Date created	Date added	Peer reviewed?	Patient-facing?
Results article	results	01/03/2007		Yes	No
Study website	Study website	11/11/2025	11/11/2025	No	Yes