

Applicability of an educational-behavioural joint protection programme in practice

Submission date 15/07/2002	Recruitment status No longer recruiting	☐ Prospectively registered
		☐ Protocol
Registration date 15/07/2002	Overall study status Completed	☐ Statistical analysis plan
		☒ Results
Last Edited 04/10/2007	Condition category Musculoskeletal Diseases	☐ Individual participant data

Plain English summary of protocol
Not provided at time of registration

Contact information

Type(s)
Scientific

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Additional identifiers

Protocol serial number
H0606

Study information

Scientific Title

Study objectives

Not provided at time of registration

Ethics approval required

Old ethics approval format

Ethics approval(s)

Not provided at time of registration

Primary study design

Interventional

Study design

Randomised controlled trial

Study type(s)

Quality of life

Health condition(s) or problem(s) studied

Rheumatoid arthritis (RA)

Interventions

1. Joint protection educational-behavioural programme: four x 2 hour weekly meetings. Specific training on joint protection (approx 5 h practical). Supported by information pack and patient workbook, goal setting, home programme
2. Waiting list control (no intervention)

Intervention Type

Other

Phase

Not Specified

Primary outcome(s)

Not provided at time of registration

Key secondary outcome(s)

Not provided at time of registration

Completion date

01/01/2000

Eligibility**Key inclusion criteria**

1. Diagnosed with Rheumatoid Arthritis (RA) by a Consultant Rheumatologist
2. Wrist and or metacarpophalangeal joint disease currently or recently (within previous 6 months) affecting hand function
3. Currently experiencing hand pain on activity

Participant type(s)

Patient

Healthy volunteers allowed

No

Age group

Not Specified

Sex

Not Specified

Key exclusion criteria

Not provided at time of registration

Date of first enrolment

01/01/1998

Date of final enrolment

01/01/2000

Locations**Countries of recruitment**

United Kingdom

England

Study participating centre

Rheumatology

Derby

United Kingdom

DE1 2QY

Sponsor information**Organisation**

Arthritis Research Campaign (ARC) (UK)

ROR

<https://ror.org/02jkpm469>

Funder(s)

Funder type

Charity

Funder Name

Arthritis Research Campaign (UK)

Results and Publications

Individual participant data (IPD) sharing plan**IPD sharing plan summary**

Not provided at time of registration

Study outputs

Output type	Details	Date created	Date added	Peer reviewed?	Patient-facing?
Results article	Results	01/09/2001		Yes	No