

Cluster randomised, controlled trial of pro-actively identifying smokers and offering evidence based support to stop smoking

Submission date 15/08/2005	Recruitment status No longer recruiting	☐ Prospectively registered
		☐ Protocol
Registration date 07/09/2005	Overall study status Completed	☐ Statistical analysis plan
		☒ Results
Last Edited 06/10/2009	Condition category Other	☐ Individual participant data

Plain English summary of protocol

Not provided at time of registration

Contact information

Type(s)

Scientific

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Additional identifiers

Protocol serial number

PG/04/073

Study information

Scientific Title

Study objectives

That systematically identifying smokers who want to quit smoking using general practice registers and questionnaires, and pro-actively referring them to use a range of evidence-based smoking cessation interventions will be effective and cost effective in encouraging more widespread smoking cessation.

Ethics approval required

Old ethics approval format

Ethics approval(s)

Not provided at time of registration

Primary study design

Interventional

Study design

Cluster randomised controlled parallel group trial

Study type(s)

Treatment

Health condition(s) or problem(s) studied

Smoking

Interventions

Participants in intervention practices will be asked whether they would like help or advice to stop smoking. A research nurse trained in smoking cessation methods will telephone these individuals, provide brief advice on smoking cessation according to evidence-based guidelines and encourage smokers to contact and use the local smoking cessation service, New Leaf.

Participants in control practices receive no intervention.

Intervention Type

Other

Phase

Not Specified

Primary outcome(s)

Point abstinence (for ≥ 7 days) at 6 months

Key secondary outcome(s)

Access and uptake of smoking cessation services by 6 months.
Number of quit attempts lasting more than 24 hours over 6 months.
Cost effectiveness of this intervention.

Completion date

31/01/2007

Eligibility

Key inclusion criteria

Patients within the practice aged 18 or over who are current smokers

Participant type(s)

Patient

Healthy volunteers allowed

No

Age group

Adult

Lower age limit

18 Years

Sex

All

Key exclusion criteria

Does not match inclusion criteria

Date of first enrolment

01/01/2005

Date of final enrolment

31/01/2007

Locations

Countries of recruitment

United Kingdom

England

Study participating centre

Division of Respiratory Medicine

Nottingham

United Kingdom

NG5 1PB

Sponsor information

Organisation

University of Nottingham (UK)

ROR

<https://ror.org/01ee9ar58>

Funder(s)

Funder type

Charity

Funder Name

British Heart Foundation (UK) (ref: PG/04/073)

Alternative Name(s)

The British Heart Foundation, the_bhf, BHF

Funding Body Type

Private sector organisation

Funding Body Subtype

Trusts, charities, foundations (both public and private)

Location

United Kingdom

Results and Publications

Individual participant data (IPD) sharing plan

IPD sharing plan summary

Not provided at time of registration

Study outputs

Output type	Details	Date created	Date added	Peer reviewed?	Patient-facing?
Results article	results	01/06/2008		Yes	No