

# A randomised controlled trial of relapse prevention training in the treatment of alcohol dependence

<b>Submission date</b> 23/01/2004	<b>Recruitment status</b> No longer recruiting	<input type="checkbox"/> Prospectively registered
<b>Registration date</b> 23/01/2004	<b>Overall study status</b> Completed	<input type="checkbox"/> Protocol
<b>Last Edited</b> 09/12/2008	<b>Condition category</b> Mental and Behavioural Disorders	<input type="checkbox"/> Statistical analysis plan
		<input checked="" type="checkbox"/> Results
		<input type="checkbox"/> Individual participant data

**Plain English summary of protocol**  
Not provided at time of registration

## Contact information

**Type(s)**  
Scientific

**Contact name**  
Dr Gerald Bennett

**Contact details**  
Dorset Healthcare NHS Trust  
Sedman Unit  
16-18 Tower Road  
Boscombe  
Bournemouth  
United Kingdom  
BH1 4LB  
+44 (0)1202 443174

## Additional identifiers

**Protocol serial number**  
R/25/01.98/Bennett

## Study information

**Scientific Title**

**Study objectives**

Does Early Warning Signs Relapse Prevention Training (EWSRPT) reduce the rate of relapse in persons who have completed treatment for alcohol dependence?

**Ethics approval required**

Old ethics approval format

**Ethics approval(s)**

Not provided at time of registration

**Study design**

Randomised controlled trial

**Primary study design**

Interventional

**Study type(s)**

Not Specified

**Health condition(s) or problem(s) studied**

Mental and behavioural disorders: Addiction

**Interventions**

Added December 2008:

1. Aftercare as Usual (AU)
2. AU plus 15 individual sessions of EWSRPT using Gorski's protocol

**Intervention Type**

Other

**Phase**

Not Specified

**Primary outcome(s)**

Not provided at time of registration

**Key secondary outcome(s)**

Not provided at time of registration

**Completion date**

04/01/2002

**Eligibility****Key inclusion criteria**

Not provided at time of registration

**Participant type(s)**

Patient

**Healthy volunteers allowed**

No

**Age group**

Not Specified

**Sex**

Not Specified

**Key exclusion criteria**

Not provided at time of registration

**Date of first enrolment**

01/10/1998

**Date of final enrolment**

04/01/2002

## Locations

**Countries of recruitment**

United Kingdom

England

**Study participating centre**

**Dorset Healthcare NHS Trust**

Bournemouth

United Kingdom

BH1 4LB

## Sponsor information

**Organisation**

NHS R&D Regional Programme Register - Department of Health (UK)

## Funder(s)

**Funder type**

Government

## Funder Name

NHS Executive South West (UK)

# Results and Publications

## Individual participant data (IPD) sharing plan

### IPD sharing plan summary

Not provided at time of registration

### Study outputs

Output type	Details	Date created	Date added	Peer reviewed?	Patient-facing?
<a href="#">Results article</a>	results	01/07/2005		Yes	No