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Systematic Intervention to Transform Environment: a randomised controlled trial of nidotherapy in an assertive outreach team

Submission date	Recruitment status	[ ] Prospectively registered
15/10/2006	No longer recruiting	[ ] Protocol
Registration date	**Overall study status**	[ ] Statistical analysis plan
06/02/2007	Completed	[X] Results
Last Edited	**Condition category**	[ ] Individual participant data
08/06/2011	Mental and Behavioural Disorders	

Plain English summary of protocol
Not provided at time of registration

Contact information

Type(s)
Scientific

Contact name
Prof Peter Tyrer

Contact details
Department of Psychological Medicine
Imperial College
St Dunstan's Road
London
United Kingdom
W8 8RP
+44 (0)20 7386 1237
p.tyrer@imperial.ac.uk

Additional identifiers

Protocol serial number
site/DNMM06

Study information

Scientific Title

Acronym
SITE

Study objectives
To test the feasibility and likely effectiveness of nidotherapy, a new treatment for personality disorder and chronic mental illness, in a group that is most difficult to treat - those cared for by an assertive outreach team, in an exploratory randomised controlled trial.

Ethics approval required
Old ethics approval format

Ethics approval(s)
St Marys Hospital Research Ethics Committee on 16/07/2003 (ref: R&D03/X008E).

Study design
Randomised controlled trial

Primary study design
Interventional

Study type(s)
Treatment

Health condition(s) or problem(s) studied
Co-morbid personality disorder and severe mental illness (schizophrenia, bipolar disorder or severe depressive illness)

Interventions
Nidotherapy (a new treatment designed to change the environment to suit the needs of the peson with the chronic disorder) versus assertive treatment as usual in the team.

Intervention Type
Other

Phase
Not Specified

Primary outcome(s)
Reduction of usage of psychiatric beds one year after treatment

Key secondary outcome(s))
1. Reduction in number of admissions
2. Social function (using the Social Functioning Questionnaire)
3. Psychiatric symptomatology (using Brief Psychiatric Rating Scale [BPRS])
4. Patient satisfaction (Consultation Satisfaction Questionnaire [CSQ])
5. Engagement with services (Engagement and Acceptance Scale [EAS])

Completion date

31/12/2006

Eligibility

Key inclusion criteria
Randomisation of all eligible patients who give consent currently under the care of an assertive outreach team.

Participant type(s)
Patient

Healthy volunteers allowed
No

Age group
Not Specified

Sex
Not Specified

Key exclusion criteria
Those who refuse to take part.

Date of first enrolment
01/10/2003

Date of final enrolment
31/12/2006

Locations

Countries of recruitment
United Kingdom

England

Study participating centre
Department of Psychological Medicine
London
United Kingdom
W8 8RP

Sponsor information

Organisation

Central North West London Mental Health NHS Trust (UK)

Funder(s)

Funder type
Charity

Funder Name
Nicola Pigott Memorial Fund (UK) (ref: CNWL019070)

Results and Publications

Individual participant data (IPD) sharing plan

IPD sharing plan summary
Not provided at time of registration

Study outputs

Output type	Details	Date created	Date added	Peer reviewed?	Patient-facing?
Results article	results	01/04/2009		Yes	No