

The effectiveness of the self-help course 'In de put, uit de put' through the Internet

Submission date 27/01/2006	Recruitment status No longer recruiting	☒ Prospectively registered
		☐ Protocol
Registration date 27/01/2006	Overall study status Completed	☐ Statistical analysis plan
		☐ Results
Last Edited 13/10/2008	Condition category Mental and Behavioural Disorders	☐ Individual participant data
		☐ Record updated in last year

Plain English summary of protocol
Not provided at time of registration

Contact information

Type(s)
Scientific

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Additional identifiers

Protocol serial number
NTR420

Study information

Scientific Title
The differential effects of minimal psychological treatment for depression.

Study objectives

Not provided at time of registration

Ethics approval required

Old ethics approval format

Ethics approval(s)

Not provided at time of registration

Study design

Randomised controlled, parallel group trial

Primary study design

Interventional

Study type(s)

Quality of life

Health condition(s) or problem(s) studied

Depressive disorders

Interventions

A cognitive behavioural course for depressive complaints. There are two groups:

1. This group receives the course by the internet and receives support by email
2. Waiting list control group. These patients will follow the course when the first group has finished.

Intervention Type

Other

Phase

Not Specified

Primary outcome(s)

Depressive complaints after 4, 8, 12 and 24 weeks.

Key secondary outcome(s)

Cognitions, social skills, and activities after 4, 8, 12 and 24 weeks.

Completion date

01/09/2009

Eligibility**Key inclusion criteria**

A high score on the screener for depression (Center for Epidemiologic Studies-Depression [CESD]).

Participant type(s)

Patient

Healthy volunteers allowed

No

Age group

Not Specified

Sex

Not Specified

Key exclusion criteria

A severe depressive disorder according to Diagnostic and Statistical Manual of Mental Disorders - Fourth Edition (DSM-IV) criteria (Composite International Diagnostic Interview [CIDI]-auto).

Date of first enrolment

01/05/2006

Date of final enrolment

01/09/2009

Locations**Countries of recruitment**

Netherlands

Study participating centre

VU University Medical Centre

Amsterdam

Netherlands

1081 BT

Sponsor information**Organisation**

Vrije University Medical Centre (VUMC) (The Netherlands)

ROR

<https://ror.org/00q6h8f30>

Funder(s)**Funder type**

Hospital/treatment centre

Funder Name

Vrije University Medical Centre (VUMC) (The Netherlands)

Results and Publications

Individual participant data (IPD) sharing plan**IPD sharing plan summary**

Not provided at time of registration