

# Implementing a transition pathway in diabetes: a qualitative study of the experiences and suggestions of young people with diabetes

<b>Submission date</b> 07/07/2010	<b>Recruitment status</b> No longer recruiting	<input type="checkbox"/> Prospectively registered
<b>Registration date</b> 07/07/2010	<b>Overall study status</b> Completed	<input type="checkbox"/> Protocol
<b>Last Edited</b> 30/08/2013	<b>Condition category</b> Nutritional, Metabolic, Endocrine	<input type="checkbox"/> Statistical analysis plan
		<input checked="" type="checkbox"/> Results
		<input type="checkbox"/> Individual participant data

**Plain English summary of protocol**  
Not provided at time of registration

## Contact information

**Type(s)**  
Scientific

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## Additional identifiers

**Protocol serial number**  
4383

## Study information

**Scientific Title**

**Acronym**

DRN132

**Study objectives**

1. Each young person given the option of 'Transition Sessions' (4 in total)
2. Begins with 'Transition Planner'
3. Addresses issues pertinent to young person and their diabetes
4. Aimed at looking at self care issues
5. Encouraging young people to take control of their health
6. Managing the transition to adult services
7. Supporting young people to make informed decisions about health choices
8. Supporting staff to encourage this to happen

**Ethics approval required**

Old ethics approval format

**Ethics approval(s)**

MREC approved (ref: 07/Q0904/19)

**Primary study design**

Interventional

**Study design**

Single centre non-randomised interventional process of care trial

**Study type(s)**

Diagnostic

**Health condition(s) or problem(s) studied**

Topic: Diabetes Research Network; Subtopic: Both; Disease: Service delivery

**Interventions**

Transition Pathway: Young people with diabetes aged 15 - 16 years at Northumbria Healthcare NHS Trust

**Intervention Type**

Other

**Phase**

Not Applicable

**Primary outcome(s)**

Barriers and facilitators to implementing a Transition Pathway for adolescents with diabetes

**Key secondary outcome(s)**

Not provided at time of registration

**Completion date**

31/08/2010

# Eligibility

## Key inclusion criteria

1. Young people aged 16 years and older
2. Attend the Diabetes service at North Tyneside General Hospital
3. Transferred from the paediatric service at North Tyneside, having taken part in the 'transition pathway' during their final year in paediatrics

## Participant type(s)

Patient

## Healthy volunteers allowed

No

## Age group

Adult

## Lower age limit

16 Years

## Sex

Not Specified

## Key exclusion criteria

Not provided at time of registration

## Date of first enrolment

01/01/2008

## Date of final enrolment

31/08/2010

# Locations

## Countries of recruitment

United Kingdom

England

## Study participating centre

**North Tyneside General Hospital**

North Shields

United Kingdom

NE29 8NH

# Sponsor information

**Organisation**

Northumbria Healthcare NHS Foundation Trust (UK)

**ROR**

<https://ror.org/01gfeyd95>

**Funder(s)****Funder type**

Charity

**Funder Name**

Diabetes UK (UK) (ref: BDA:RD06/0003267)

**Alternative Name(s)**

The British Diabetic Association, DIABETES UK LIMITED, British Diabetic Association

**Funding Body Type**

Private sector organisation

**Funding Body Subtype**

Trusts, charities, foundations (both public and private)

**Location**

United Kingdom

**Results and Publications****Individual participant data (IPD) sharing plan****IPD sharing plan summary**

Not provided at time of registration

**Study outputs**

Output type	Details	Date created	Date added	Peer reviewed?	Patient-facing?
<a href="#">Results article</a>	results	01/11/2011		Yes	No