

# Efficacy of Acupuncture in the Treatment of Fibromyalgia

<b>Submission date</b> 20/08/2004	<b>Recruitment status</b> No longer recruiting	<input type="checkbox"/> Prospectively registered
<b>Registration date</b> 21/09/2004	<b>Overall study status</b> Completed	<input type="checkbox"/> Protocol
<b>Last Edited</b> 16/08/2011	<b>Condition category</b> Musculoskeletal Diseases	<input type="checkbox"/> Statistical analysis plan
		<input checked="" type="checkbox"/> Results
		<input type="checkbox"/> Individual participant data

**Plain English summary of protocol**  
Not provided at time of registration

## Contact information

**Type(s)**  
Scientific

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## Additional identifiers

**Protocol serial number**  
R01 AT00003

## Study information

**Scientific Title**

**Study objectives**

Not provided at time of registration

**Ethics approval required**

Old ethics approval format

**Ethics approval(s)**

Not provided at time of registration

**Primary study design**

Interventional

**Study design**

Randomised controlled trial

**Study type(s)**

Treatment

**Health condition(s) or problem(s) studied**

Fibromyalgia (FM)

**Interventions**

One hundred FM patients will participate in a 12-week trial.

These patients will be randomized into 3 control groups and 1 "true" acupuncture group. The control groups will consist of a group receiving acupuncture treatment for an unrelated condition (morning sickness), a group receiving needle insertion at non-channel, non-point locations, and a "true" placebo group.

**Intervention Type**

Other

**Phase**

Not Specified

**Primary outcome(s)**

The primary outcome was subjective pain as measured by a 10-cm visual analogue scale ranging from 0 (no pain) to 10 (worst pain ever). Measurements were obtained at baseline; 1, 4, 8, and 12 weeks of treatment; and 3 and 6 months after completion of treatment. Participant blinding and adverse effects were ascertained by self-report. The primary outcomes were evaluated by pooling the 3 sham-control groups and comparing them with the group that received acupuncture to treat fibromyalgia.

**Key secondary outcome(s)**

Not provided at time of registration

**Completion date**

01/09/2002

**Eligibility**

**Key inclusion criteria**

Male or Female, aged 18 and over with Fibromyalgia

**Participant type(s)**

Patient

**Healthy volunteers allowed**

No

**Age group**

Not Specified

**Lower age limit**

18 Years

**Sex**

Not Specified

**Key exclusion criteria**

Not provided at time of registration

**Date of first enrolment**

01/01/2001

**Date of final enrolment**

01/09/2002

**Locations****Countries of recruitment**

United States of America

**Study participating centre**

University of Washington

Seattle

United States of America

98101

**Sponsor information****Organisation**

National Center for Complementary and Alternative Medicine (NCCAM) (USA)

**ROR**

<https://ror.org/00190t495>

# Funder(s)

## Funder type

Government

## Funder Name

National Center for Complementary and Alternative Medicine (NCCAM) (USA)

## Alternative Name(s)

NCCAM

## Funding Body Type

Government organisation

## Funding Body Subtype

National government

## Location

United States of America

# Results and Publications

## Individual participant data (IPD) sharing plan

## IPD sharing plan summary

Not provided at time of registration

## Study outputs

Output type	Details	Date created	Date added	Peer reviewed?	Patient-facing?
<a href="#">Results article</a>	Results	05/07/2005		Yes	No