

# Efficacy and safety of agomelatine (25-50 mg /day) for 12 weeks in patients with Generalized Anxiety Disorder

|  |   |  |
|--|---|--|
| <b>Submission date</b><br>04/07/2012   | <b>Recruitment status</b><br>No longer recruiting             | <input checked="" type="checkbox"/> Prospectively registered |
| <b>Registration date</b><br>07/08/2012 | <b>Overall study status</b><br>Completed                      | <input type="checkbox"/> Protocol                            |
| <b>Last Edited</b><br>18/04/2018       | <b>Condition category</b><br>Mental and Behavioural Disorders | <input type="checkbox"/> Statistical analysis plan           |
|  |   | <input checked="" type="checkbox"/> Results                  |
|  |   | <input type="checkbox"/> Individual participant data         |

## Plain English summary of protocol

Not provided at time of registration and not expected to be available in the future

## Contact information

### Type(s)

Scientific

### Contact name

Prof Jing Ping Zhao

### Contact details

Mental Health Institute  
The Second Xiangya Hospital of Central South University  
No. 139, Renmin Middle Road  
Changsha, Hunan, P.R.  
China  
410011  
+86 0731 5360921  
clinicaltrials@servier.com

## Additional identifiers

### Protocol serial number

CL3-20098-078

## Study information

Scientific Title

Efficacy and safety of agomelatine (25-50 mg/day) for 12 weeks in patients with Generalized Anxiety Disorder: a randomised controlled trial

### **Study objectives**

To assess the efficacy of agomelatine compared to venlafaxine after treatment in non-depressed outpatients suffering from Generalized Anxiety Disorder (GAD).

### **Ethics approval required**

Old ethics approval format

### **Ethics approval(s)**

Ethics approval was obtained before recruitment of the first participants

### **Study design**

12-week randomised double-blind two-arm parallel groups international multicenter study

### **Primary study design**

Interventional

### **Study type(s)**

Screening

### **Health condition(s) or problem(s) studied**

Generalized Anxiety Disorder

### **Interventions**

Therapeutic oral doses of agomelatine (25-50mg/day p.o.) and of Serotoninnorepinephrine reuptake inhibitors (SNRI), venlafaxine (p.o.), a 12 weeks study.

### **Intervention Type**

Other

### **Phase**

Not Applicable

### **Primary outcome(s)**

HAM-A total score expressed mainly in terms of change from baseline to last post-baseline value over the 12-week period.

### **Key secondary outcome(s)**

No secondary outcome measures

### **Completion date**

31/07/2014

## **Eligibility**

### **Key inclusion criteria**

1. Asian patients aged 18 years
2. Fulfilling Diagnostic and Statistical Manual of Mental Disorders, fourth edition, text revision

(DSM-IV-TR) criteria for Generalized Anxiety Disorder diagnosis confirmed by the M.I.N.I. questionnaire and requiring a psychotropic treatment.

3. Hamilton Anxiety Scale (HAM-A) total score >22

**Participant type(s)**

Patient

**Healthy volunteers allowed**

No

**Age group**

Adult

**Lower age limit**

18 years

**Sex**

All

**Key exclusion criteria**

1. All types of current anxiety disorders (within 6 months prior to the selection visit) other than generalized anxiety disorder (GAD)
2. Current diagnosis of any other psychiatric disorders than GAD or severe or uncontrolled organic disease
3. Any clinically relevant abnormality detected during the physical examination, ECG, liver B ultrasound exams or laboratory tests likely to interfere with the study conduct or evaluations
4. Pregnancy or breastfeeding women

**Date of first enrolment**

01/11/2012

**Date of final enrolment**

31/07/2014

**Locations**

**Countries of recruitment**

China

Hong Kong

Malaysia

Singapore

Taiwan

Thailand

**Study participating centre**  
**Mental Health Institute**  
Changsha, Hunan, P.R.  
China  
410011

## Sponsor information

**Organisation**  
Institut de Recherches Internationales Servier (France)

**ROR**  
<https://ror.org/034e7c066>

## Funder(s)

**Funder type**  
Industry

**Funder Name**  
Institut de Recherches Internationales Servier (France)

## Results and Publications

### Individual participant data (IPD) sharing plan

The datasets generated during and/or analysed during the current study will be available upon request from <https://clinicaltrials.servier.com> if a Marketing Authorisation has been granted after 1st January 2014.

### IPD sharing plan summary

Available on request

### Study outputs

| Output type                   | Details | Date created | Date added | Peer reviewed? | Patient-facing? |
|-------------------------------|---------|--------------|------------|----------------|-----------------|
| <a href="#">Basic results</a> |         |              |            | No             | No              |