

# Types of urethral catheter for reducing symptomatic urinary tract infections in hospitalised adults requiring short-term catheterisation

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<b>Registration date</b> 26/01/2007	<b>Overall study status</b> Completed	<input type="checkbox"/> Statistical analysis plan <input checked="" type="checkbox"/> Results
<b>Last Edited</b> 14/07/2016	<b>Condition category</b> Urological and Genital Diseases	<input type="checkbox"/> Individual participant data

## Plain English summary of protocol

### Background and study aims

A urinary catheter is a flexible tube that is used to drain the bladder and collect urine. About 1 in 4 patients in hospital need a urinary catheter for a short while. This may cause a urine infection in about 7% of them, amounting to about 30,000 patients per year in the UK. These infections are important because they slow patients' recovery from illness or surgery and can lead to serious consequences such as bloodstream infections. The 15% reduction in such infections called for in the NHS Plan is hard to achieve as, unfortunately, the catheters always become contaminated with bacteria from the patient's own skin or bowel. For every day that the catheter is left in, bacteria colonise the urine in about 5% of patients. Simple measures such as general hygiene and taking the catheters out as soon as possible help to reduce the overall risk of developing a urine infection. Recently it has been shown that catheters containing antibiotics or antiseptics such as silver reduce colonisation by bacteria and may lessen the risk of infection. However, these catheters are expensive and it is not clear how much they benefit patients and whether the increased costs are matched by better health. The aim of this study is to compare the use of standard catheters with catheters containing antibiotics or antiseptics in patients who only need a catheter for a short time (less than 2 weeks).

### Who can participate?

Patients aged 16 or over who need a catheter as part of their routine care

### What does the study involve?

Participants are randomly allocated to have either a standard or a treated catheter. They are asked to fill in questionnaires in hospital and after they go home to find out whether a urine infection occurred and if this affected their health, treatment or hospital stay. The costs and benefits of each type of catheter are then compared to see whether one is better than another for routine use in the NHS. Sub-groups of patients who are vulnerable to severe infection, such as the elderly and those in intensive care, are also studied to see whether treated catheters might particularly benefit them.

What are the possible benefits and risks of participating?

The results of the study will allow the NHS to decide whether, for short-term use, catheters containing antibiotics or antiseptics reduce infections, result in better patient health and are cost-effective.

Where is the study run from?

University of Aberdeen (UK)

When is the study starting and how long is it expected to run for?

February 2007 to October 2010

Who is funding the study?

Health Technology Assessment Programme (UK)

Who is the main contact?

Prof. James N'Dow

j.ndow@abdn.ac.uk

## Contact information

### Type(s)

Scientific

### Contact name

Prof James N'Dow

### Contact details

Academic Urology Department

2nd Floor

Health Sciences Building

Foresterhill

Aberdeen

United Kingdom

ABS5 2ZD

+44 (0)1224 553014

j.ndow@abdn.ac.uk

## Additional identifiers

### Protocol serial number

HTA 05/46/01

## Study information

### Scientific Title

Types of urethral catheter for reducing symptomatic urinary tract infections in hospitalised adults requiring short-term catheterisation: a randomised controlled trial

### Acronym

## CATHETER

### **Study objectives**

The hypothesis being tested is that use of either of the impregnated catheters will reduce the incidence of catheter associated symptomatic urinary tract infection by 40% relative to the standard PolyTetraFluoroEthylene (PTFE) coated latex catheter (an absolute reduction of around 3%).

More details can be found at: <http://www.nets.nihr.ac.uk/projects/hta/054601>

Protocol can be found at: [http://www.nets.nihr.ac.uk/\\_data/assets/pdf\\_file/0011/51203/PRO-05-46-01.pdf](http://www.nets.nihr.ac.uk/_data/assets/pdf_file/0011/51203/PRO-05-46-01.pdf)

### **Ethics approval required**

Old ethics approval format

### **Ethics approval(s)**

Grampian Local Research Ethics Committee (1), 07/12/2006, ref: 06/S0801/110

### **Primary study design**

Interventional

### **Study design**

Three-arm randomised controlled trial

### **Study type(s)**

Treatment

### **Health condition(s) or problem(s) studied**

Urinary tract infections

### **Interventions**

Three-arm randomised controlled trial testing three short-term urinary catheter policies in a range of high-volume clinical settings. Participants are randomised at each ward within each centre minimised by age, sex, and whether or not participants received prophylactic or concurrent antibiotic treatment.

There are two experimental groups managed with:

1. Silver alloy impregnated hydrogel urethral catheter.
2. Nitrofurazone impregnated silicone urethral catheter.

The control group is managed with a PTFE coated latex urethral catheter - the standard control.

### **Intervention Type**

Device

### **Primary outcome(s)**

Current primary outcome measures as of 15/05/2009:

Primary clinical outcome measure:

Incidence of symptomatic urinary tract infection at any time up to 6 weeks post randomisation (number of participants with at least one occurrence). This will be defined as any symptom reported at 3 days or 1 or 2 weeks post catheter removal or 6 weeks post-randomisation

combined with a prescription of antibiotics, at any of these times, for presumed symptomatic UTI.

Subgroup analyses of the primary outcome will examine possible effect modification of age, gender, co-morbidity, duration of catheterisation, indication for catheterisation, and antibiotic use prior to enrolment.

Previous primary outcome measures:

Incidence of symptomatic urinary tract infection up to six weeks post catheter insertion (number of participants with at least one occurrence).

### **Key secondary outcome(s)**

Secondary outcome measures as of 15/05/2009:

#### 1. Secondary clinical outcome measures

1.1. Microbiological support of the primary outcome. Defined as those who fulfil the criteria for the primary outcome and in addition have any microbiologically positive result where there is  $\geq 10^4$  CFU/mL of no more than two different species of uropathogen.

#### 2. Secondary economic outcome measures

2.1. Incremental cost per infection averted and QALYs gained

2.2. Cost to the NHS and patient of the different catheters

2.3. Quality adjusted life-years (QALYs) estimated from EQ-5D responses

#### Tertiary outcome measures

#### 3. Tertiary clinical outcomes

3.1. Early symptomatic urinary tract infection, defined as any self reported symptom with a prescription of antibiotics and a positive microbiological test ( $\geq 10^4$  CFU/ml of no more than two different species of uropathogen) between randomisation and 3 days post catheter removal

3.2. Individually analyse the components of the definition of the primary and secondary outcome:

3.2.1. Any self-reported symptoms

3.2.2. Any antibiotic prescription for presumed symptomatic UTI.

3.2.3. Any microbiologically positive result ( $\geq 10^4$  CFU/ml of no more than two different species of uropathogen)

3.3. Health related quality of life measured by the EQ-5D up to 6 weeks

3.4. Other significant clinical events: septicaemia and mortality

3.5. Adverse effects of catheterisation apart from symptomatic UTI (e.g. urethral discomfort and pain on removal)

3.6. Antibiotic use following randomisation and indication

3.7. Assessment of the risk of antimicrobial resistance towards silver and nitrofurazone using urine specimens from patients diagnosed with symptomatic UTI and bacteriuria

Previous secondary outcome measures:

Secondary clinical outcome measures:

1. Health related quality of life measured by Short Form Health Survey (SF-36) and the EuroQoL questionnaire (EQ-5D) at six weeks

2. Other significant clinical events: septicaemia and mortality

3. Adverse effects of catheterisation apart from symptomatic Urinary Tract Infection (UTI) (e.g. urethral discomfort and pain on removal)

4. Microbial aetiology of symptomatic UTI (i.e. types of bacteria and sensitivities)

5. Incidence of asymptomatic bacteriuria
6. Antibiotic use following randomisation and indication
7. Assessment of the risk of antimicrobial resistance towards silver and nitrofurazone using urine specimens from patients diagnosed with symptomatic UTI and bacteriuria
8. Patient satisfaction with catheter (such as assessment of comfort)

Secondary economic outcome measures:

1. Incremental cost per infection averted and Quality Adjusted Life Years (QALYs) gained
2. Cost to the NHS and patient of the different catheters
3. QALYs estimated from EQ-5D responses

### **Completion date**

31/10/2010

## **Eligibility**

### **Key inclusion criteria**

1. Adult patients (both males and females, more than or equal to 16 years of age)
2. Requiring urethral catheterisation (expected to be required for a maximum of two weeks)
3. Pre-selected units with a high volume of short-term catheterisation

### **Participant type(s)**

Patient

### **Healthy volunteers allowed**

No

### **Age group**

Adult

### **Sex**

All

### **Key exclusion criteria**

1. Patients for whom urinary catheterisation is expected to be long-term (i.e. more than 14 days)
2. Urological intervention or instrumentation within preceding seven days (e.g. catheterisation, cystoscopy, prostatic biopsy and nephrostomy insertion)
3. Non-urethral catheterisation (e.g. suprapubic catheterisation)
4. Known allergy to any of the following: latex, silver salts, hydrogel, silicone or nitrofurazone

### **Date of first enrolment**

01/02/2007

### **Date of final enrolment**

31/10/2010

## **Locations**

### **Countries of recruitment**

United Kingdom

**Study participating centre**  
**Academic Urology Department**  
Aberdeen  
United Kingdom  
AB55 2ZD

## Sponsor information

**Organisation**  
University of Aberdeen (UK)

**ROR**  
<https://ror.org/016476m91>

## Funder(s)

**Funder type**  
Government

**Funder Name**  
Health Technology Assessment Programme

**Alternative Name(s)**  
NIHR Health Technology Assessment Programme, Health Technology Assessment (HTA), HTA

**Funding Body Type**  
Government organisation

**Funding Body Subtype**  
National government

**Location**  
United Kingdom

## Results and Publications

**Individual participant data (IPD) sharing plan**

**IPD sharing plan summary**

## Study outputs

Output type	Details	Date created	Date added	Peer reviewed?	Patient-facing?
<a href="#">Results article</a>	results	01/11/2012		Yes	No
<a href="#">Results article</a>	results	01/12/2012		Yes	No
<a href="#">Participant information sheet</a>	Participant information sheet	11/11/2025	11/11/2025	No	Yes
<a href="#">Study website</a>	Study website	11/11/2025	11/11/2025	No	Yes