

Helminth infection and type 2 diabetes mellitus in Indonesia

Submission date 24/09/2013	Recruitment status No longer recruiting	☒ Prospectively registered ☒ Protocol
Registration date 12/11/2013	Overall study status Completed	☐ Statistical analysis plan ☒ Results
Last Edited 22/01/2019	Condition category Infections and Infestations	☐ Individual participant data

Plain English summary of protocol

Background and study aims

Helminth infections induce strong immune responses that decrease inflammation, allowing their long-term survival in the human body. These infections may decrease chronic inflammation and associated diseases, including type 2 diabetes. Asia is the major site of a rapidly emerging epidemic of diabetes. In addition to the disappearance of traditional diets, adaptation to urban conditions and related disturbances in energy balance, we propose that decreasing helminth infections in rural and urban areas may be contributing to the increase in type 2 diabetes. We want to look at the effect of drug treatment of soil-transmitted helminth infections on insulin resistance and metabolic/immunologic related factors.

Who can participate?

Men and women over 16 years of age living in the Nangapanda area, Flores Island, Indonesia can participate in the study.

What does the study involve?

Participating households are randomly allocated to receive albendazole or placebo (dummy) to be taken orally for 3 consecutive days, every 3 months for one year.

What are the possible benefits and risks of participating?

Participating households are expected to benefit from free diagnosis and treatment of soil-transmitted helminths. The treatment can have some side effects which include nausea, vomiting and other digestive symptoms, but the study team will provide treatment for these side effects.

Where is the study run from?

The study is conducted in the households of the Nangapanda area, Flores Island, Indonesia.

When is the study starting and how long is it expected to run for?

The study will start in April 2014 and is expected to run for a year and a half.

Who is funding the study?

Royal Netherlands Academy of Arts and Sciences (KNAW).

Who is the main contact?
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Additional identifiers

Protocol serial number

57-SPIN3-JRP

Study information

Scientific Title

Helminth infection and type 2 diabetes mellitus in Indonesia: integrating parasitological, immunological, behavioral and metabolic studies

Study objectives

Soil-transmitted helminth infections suppress insulin resistance and this suppression is reversible by antihelminthic treatment.

Ethics approval required

Old ethics approval format

Ethics approval(s)

Health Research Ethics Committee, Faculty of Medicine, Universitas Indonesia Cipto Mangun Kusumo Hospital, Jakarta, Indonesia, 09/09/2013, reference number:549/H2.F1/ETIK/2013

Primary study design

Interventional

Study design

Household-based randomised double-blind placebo-controlled trial

Study type(s)

Treatment

Health condition(s) or problem(s) studied

Soil-transmitted helminth infection

Interventions

Households are randomized to two groups:

1. 400 mg albendazole
2. Placebo

Given orally for 3 consecutive days, every 3 months. Patients are followed up for one year.

Intervention Type

Drug

Phase

Not Applicable

Drug/device/biological/vaccine name(s)

Albendazole

Primary outcome(s)

Changes in insulin resistance as assessed by HOMA-IR (Homeostatic Model of Assessment-Insulin Resistance), one year post treatment

Key secondary outcome(s)

Energy metabolism and immunological parameters related to energy metabolism, measured one year post treatment.

1. Changes in body mass index and waist circumference measured by SECA tools
2. Changes in serum fasting blood glucose and HBA1c using a glucose meter
3. Changes in serum lipid levels, measured by commercial enzymatic kits
4. Changes in helminth load, measured by polymerase chain reaction (PCR)
5. Changes in immune polarization: FACS, intracellular staining, enzyme-linked immunosorbent assay (ELISA)

Completion date

01/10/2015

Eligibility

Key inclusion criteria

1. Those who have given informed consent
2. Both males and females
3. Aged 16 years or older
4. Live in Nangapanda area, Flores Island
5. Good health, without any serious clinical condition

Participant type(s)

Patient

Healthy volunteers allowed

No

Age group

Adult

Sex

All

Key exclusion criteria

1. Subjects younger than 16 years
2. Active treatment for diabetes mellitus
3. Serious concomitant disease
4. Pregnant women
5. No informed consent

Date of first enrolment

01/04/2014

Date of final enrolment

01/10/2015

Locations

Countries of recruitment

Indonesia

Netherlands

Study participating centre

Radboud University Nijmegen Medical Center

Nijmegen

Netherlands

6500 HB

Sponsor information

Organisation

The Royal Netherlands Academy of Arts and Sciences (Netherlands)

ROR

<https://ror.org/043c0p156>

Funder(s)

Funder type

Research organisation

Funder Name

Koninklijke Nederlandse Akademie van Wetenschappen

Alternative Name(s)

Royal Netherlands Academy of Arts and Sciences, KNAW

Funding Body Type

Private sector organisation

Funding Body Subtype

Universities (academic only)

Location

Results and Publications

Individual participant data (IPD) sharing plan

IPD sharing plan summary

Not provided at time of registration

Study outputs

Output type	Details	Date created	Date added	Peer reviewed?	Patient-facing?
Results article	results	17/11/2018	22/01/2019	Yes	No
Results article	results	18/03/2015	22/01/2019	Yes	No
Results article	results of the effect of anthelmintic treatment on insulin resistance.	01/09/2017	22/01/2019	Yes	No
Results article	results of the effect of anthelmintic treatment on leptin, adiponectin and leptin to adiponectin ratio.	16/10/2017	22/01/2019	Yes	No
Protocol article	protocol	18/03/2015		Yes	No