

# Pharmacological treatment of Depression: Phase II Lithium addition

<b>Submission date</b> 28/04/2006	<b>Recruitment status</b> No longer recruiting	<input type="checkbox"/> Prospectively registered
<b>Registration date</b> 28/04/2006	<b>Overall study status</b> Completed	<input type="checkbox"/> Protocol
<b>Last Edited</b> 28/04/2006	<b>Condition category</b> Mental and Behavioural Disorders	<input type="checkbox"/> Statistical analysis plan
		<input type="checkbox"/> Results
		<input type="checkbox"/> Individual participant data
		<input type="checkbox"/> Record updated in last year

**Plain English summary of protocol**  
Not provided at time of registration

## Contact information

**Type(s)**  
Scientific

**Contact name**  
Dr W.W. Broek, van den

**Contact details**  
Erasmus Medical Center  
Department of Psychiatry  
P.O. Box 2040  
Rotterdam  
Netherlands  
3000 CA  
w.w.vandenbroek@erasmusmc.nl

## Additional identifiers

## Study information

**Scientific Title**

### Study objectives

The two strategies (Venlafaxine and subsequent Lithium addition in non-responders to Venlafaxine; Imipramine and subsequent Lithium addition in non-responders to Imipramine) are comparable in efficacy and time to response.

**Ethics approval required**

Old ethics approval format

**Ethics approval(s)**

Ethics approval received from the local medical ethics committee

**Study design**

A double blind, randomized single-centre study with a washout period, comparing 2 treatment strategies.

**Primary study design**

Interventional

**Study type(s)**

Treatment

**Health condition(s) or problem(s) studied**

Depression

**Interventions**

Venlafaxine (maximum dose 375 mg) and subsequent Lithium addition;  
Imipramine (dose adjustment to adequate plasma levels of 200-300 µg/l) and subsequent Lithium addition.

**Intervention Type**

Drug

**Phase**

Not Specified

**Drug/device/biological/vaccine name(s)**

Venlafaxine, Lithium, Imipramine

**Primary outcome(s)**

1. Change in HRSD scores
2. Change in CGI scores

**Key secondary outcome(s)**

Adverse effects.

**Completion date**

01/06/2009

**Eligibility****Key inclusion criteria**

All non-responders in phase I.

In phase I inclusion criteria were:

1. Age 18-65
2. Major depressive disorder, single or recurrent episode (Diagnostic and Statistical Manual of

Mental Disorders, Fourth Edition [DSM-IV])

3. Hamilton Rating Scale for Depression (HRSD) (17 item) greater than or equal to 14

4. Written informed consent

**Participant type(s)**

Patient

**Healthy volunteers allowed**

No

**Age group**

Adult

**Lower age limit**

18 years

**Upper age limit**

65 years

**Sex**

All

**Key exclusion criteria**

Any of the following is regarded as a criterion for exclusion from the trial:

1. Patients who are incapable of understanding the information and of giving informed consent.

Also, patients who are unable to read or write

2. Major depression with psychotic features (separate study)

3. Bipolar I or II disorder

4. Schizophrenia or other primary psychotic disorder

5. Treatment of current episode with adequate trial of Imipramine or Venlafaxine

6. Drug/alcohol dependence in the last 3 months

7. Mental retardation (IQ <80)

8. Women: pregnancy or possibility for pregnancy and no adequate contraceptive measures.

Breastfeeding.

9. Serious medical illness affecting central nervous system (CNS) e.g. M. Parkinson, systemic lupus erythematosus (SLE), brain tumor, cerebrovascular accident (CVA)

10. Relevant medical illness as contra-indications for the use of study medication (Venlafaxine and Imipramine), such as recent myocardial infarction and severe liver or kidney failure

11. Medication affecting CNS e.g. antidepressants and/or antipsychotics other than study medication, steroids (prednisolone), mood stabilisers, benzodiazepines (if not being tapered): >3 mg lorazepam (or equivalent)

12. Direct electroconvulsive therapy (ECT) indication (e.g. very severely suicidal or refusal of food and drinking resulting in life threatening situation)

13. Contra-indications for Lithium (Moleman, 1998):

a. Kidney failure

b. Acute myocardial infarction

c. Myasthenia gravis

d. Breastfeeding

**Date of first enrolment**

01/06/2005

**Date of final enrolment**

01/06/2009

**Locations****Countries of recruitment**

Netherlands

**Study participating centre****Erasmus Medical Center**

Rotterdam

Netherlands

3000 CA

**Sponsor information****Organisation**

Erasmus Medical Center (The Netherlands)

**ROR**

<https://ror.org/018906e22>

**Funder(s)****Funder type**

Industry

**Funder Name**

Wyeth

**Alternative Name(s)****Funding Body Type**

Private sector organisation

**Funding Body Subtype**

For-profit companies (industry)

**Location**

United States of America

# Results and Publications

Individual participant data (IPD) sharing plan

**IPD sharing plan summary**

Not provided at time of registration