

# Chronic disease and job retention: the development and evaluation of a training programme for chronically ill employees

<b>Submission date</b> 14/02/2006	<b>Recruitment status</b> No longer recruiting	<input checked="" type="checkbox"/> Prospectively registered
<b>Registration date</b> 14/02/2006	<b>Overall study status</b> Completed	<input checked="" type="checkbox"/> Protocol
<b>Last Edited</b> 21/12/2011	<b>Condition category</b> Mental and Behavioural Disorders	<input type="checkbox"/> Statistical analysis plan
		<input checked="" type="checkbox"/> Results
		<input type="checkbox"/> Individual participant data

**Plain English summary of protocol**  
Not provided at time of registration

## Contact information

**Type(s)**  
Scientific

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## Additional identifiers

**Protocol serial number**  
NTR540

## Study information

**Scientific Title**

Added 01/09/09: A randomised controlled trial on the effectiveness of a group training programme aimed at increasing self-efficacy and job retention in chronically ill employees.

### **Study objectives**

It is hypothesised that participation in the training programme aimed at increasing self-efficacy, establishing work adjustments and improving quality of work will result in better job retention and fewer sick leave days.

### **Ethics approval required**

Old ethics approval format

### **Ethics approval(s)**

Received from local medical ethics committee

### **Primary study design**

Interventional

### **Study design**

Randomised single blind active controlled parallel group trial

### **Study type(s)**

Other

### **Health condition(s) or problem(s) studied**

Chronic somatic illness

### **Interventions**

Employees in the intervention group will participate in a group training programme which will involve six sessions. The training programme will be executed by an trained therapist assisted by experts.

Employees in the control group will receive care as usual.

### **Intervention Type**

Other

### **Phase**

Not Specified

### **Primary outcome(s)**

Job retention and sick leave days.

### **Key secondary outcome(s)**

Self-efficacy, work adjustments, quality of work including work stress and fatigue.

### **Completion date**

01/04/2009

## **Eligibility**

### **Key inclusion criteria**

1. Chronic somatic disease
2. Paid employment
3. Experiencing problems at work
4. Motivation for active involvement
5. Knowledge of Dutch language

**Participant type(s)**

Patient

**Healthy volunteers allowed**

No

**Age group**

Adult

**Sex**

All

**Key exclusion criteria**

1. Psychiatric illness
2. Unexplained symptoms

**Date of first enrolment**

01/04/2006

**Date of final enrolment**

01/04/2009

**Locations****Countries of recruitment**

Netherlands

**Study participating centre**

Coronel Institute for Occupational and Environmental Health at the Academic Medical Centre,  
**Amsterdam**  
Amsterdam  
Netherlands  
1100 DD

**Sponsor information****Organisation**

Coronel Institute for Occupational and Environmental Health (Netherlands)

ROR

<https://ror.org/008xxew50>

## Funder(s)

### Funder type

Government

### Funder Name

GAK Foundation

### Funder Name

Ministry of Social Affairs and Employment

## Results and Publications

### Individual participant data (IPD) sharing plan

### IPD sharing plan summary

Not provided at time of registration

### Study outputs

Output type	Details	Date created	Date added	Peer reviewed?	Patient-facing?
<a href="#">Results article</a>	results	01/01/2011		Yes	No
<a href="#">Results article</a>	results	01/07/2011		Yes	No
<a href="#">Protocol article</a>	protocol	04/11/2008		Yes	No