

A community-based randomised controlled trial of the effectiveness of two mental health websites

Submission date 16/01/2003	Recruitment status No longer recruiting	<input type="checkbox"/> Prospectively registered
Registration date 16/01/2003	Overall study status Completed	<input type="checkbox"/> Protocol
Last Edited 16/04/2008	Condition category Mental and Behavioural Disorders	<input type="checkbox"/> Statistical analysis plan
		<input checked="" type="checkbox"/> Results
		<input type="checkbox"/> Individual participant data

Plain English summary of protocol
Not provided at time of registration

Contact information

Type(s)
Scientific

Contact name
Prof Helen Christensen and Dr Kathy Griffiths

Contact details
Centre for Mental Health Research
Australian National University
Canberra
Australia
ACT 0200
+61 2 6125 2741
bluemood@anu.edu.au

Additional identifiers

Study information

Scientific Title

Acronym
N/A but known as the BlueMood Project

Study objectives

Not provided at time of registration

Ethics approval required

Old ethics approval format

Ethics approval(s)

Not provided at time of registration

Study design

Randomised controlled trial

Primary study design

Interventional

Study type(s)

Not Specified

Health condition(s) or problem(s) studied

Depression

Interventions

The two interventions under investigation are:

1. The MoodGYM website - an evidenced based depression prevention website
2. The BluePages website - a website providing evidenced based information on depression.

These will be compared to The Health Coach Group - an intervention designed to elicit participants' knowledge and attitudes about depression.

Intervention Type

Other

Phase

Not Specified

Primary outcome(s)

Not provided at time of registration

Key secondary outcome(s)

Not provided at time of registration

Completion date

31/12/2004

Eligibility**Key inclusion criteria**

1. Aged between 18 and 52
2. Live in the Australian Capital Territory
3. Have a high level of depressive symptoms

4. Be willing to participate in the study of depression
5. Have internet access

Participant type(s)

Patient

Healthy volunteers allowed

No

Age group

Adult

Lower age limit

18 years

Upper age limit

52 years

Sex

Not Specified

Key exclusion criteria

Not provided at time of registration

Date of first enrolment

01/01/2003

Date of final enrolment

31/12/2004

Locations**Countries of recruitment**

Australia

Study participating centre

Centre for Mental Health Research

Canberra

Australia

ACT 0200

Sponsor information**Organisation**

Australian Centre for Mental Health Research

ROR

<https://ror.org/019wvm592>

Funder(s)

Funder type

Research council

Funder Name

National Health and Medical Research Council, New Program Grant to the Centre for Mental Health Research (Australia)

Results and Publications

Individual participant data (IPD) sharing plan

IPD sharing plan summary

Not provided at time of registration

Study outputs

Output type	Details	Date created	Date added	Peer reviewed?	Patient-facing?
Results article	results	05/04/2006		Yes	No