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Randomised controlled trial of the effectiveness of motivational interviewing in reducing drug-related risk among young people in further education colleges

Submission date
22/07/2005

Recruitment status
No longer recruiting

Registration date
22/07/2005

Overall study status
Completed

Last Edited
29/11/2012

Condition category
Mental and Behavioural Disorders

[ ] Prospectively registered
[ ] Protocol
[ ] Statistical analysis plan
[X] Results
[ ] Individual participant data

Plain English summary of protocol
Not provided at time of registration

Contact information

Type(s)
Scientific

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Additional identifiers

Protocol serial number
071301

Study information

Scientific Title

Study objectives
The primary hypothesis to be tested is that: Motivational Interviewing (MI) will reduce frequency of cannabis use in comparison to an equally credible Drug Information and Advice (DIA) intervention after three months among young people aged 16 to 19 years old in Further Education (FE) colleges.

Ethics approval required
Old ethics approval format

Ethics approval(s)
Not provided at time of registration

Primary study design
Interventional

Study design
Randomised controlled trial

Study type(s)
Treatment

Health condition(s) or problem(s) studied
Drug addiction

Interventions
Interventions will be delivered by practitioners trained in both interventions, and will embrace the range of drugs currently being used by the young person. Recorded interventions will be analysed to identify process mechanisms associated with outcomes. Follow-up data will be collected after three and six months.

Intervention Type
Other

Phase
Not Specified

Primary outcome(s)
The primary outcome will be frequency of use of cannabis.

Key secondary outcome(s)
1. Secondary outcomes will include the use of other illegal drugs and interactional indicators of risk
2. Secondary measures of use of cannabis, cigarettes, alcohol, stimulant drugs will include both consumption and related problems, including dependence

Completion date
09/01/2005

Eligibility

Key inclusion criteria
1. Weekly cannabis smokers
2. Aged 16 to 19 years
3. In Further Education (FE) colleges

Participant type(s)
Patient

Healthy volunteers allowed
No

Age group
Adult

Sex
All

Key exclusion criteria
No exclusion criteria

Date of first enrolment
01/01/2004

Date of final enrolment
09/01/2005

Locations

Countries of recruitment
United Kingdom

England

Study participating centre
King's College London
London
United Kingdom
SE5 8AF

Sponsor information

Organisation
King's College London (UK)

ROR
https://ror.org/0220mzb33

Funder(s)

Funder type
Charity

Funder Name
The Wellcome Trust (UK) (grant ref: 071301)

Results and Publications

Individual participant data (IPD) sharing plan

IPD sharing plan summary
Not provided at time of registration

Study outputs

Output type	Details	Date created	Date added	Peer reviewed?	Patient-facing?
Results article	results	01/11/2008		Yes	No