

Randomised controlled trial of the effectiveness of motivational interviewing in reducing drug-related risk among young people in further education colleges

Submission date 22/07/2005	Recruitment status No longer recruiting	<input type="checkbox"/> Prospectively registered
Registration date 22/07/2005	Overall study status Completed	<input type="checkbox"/> Protocol
Last Edited 29/11/2012	Condition category Mental and Behavioural Disorders	<input type="checkbox"/> Statistical analysis plan
		<input checked="" type="checkbox"/> Results
		<input type="checkbox"/> Individual participant data

Plain English summary of protocol
Not provided at time of registration

Contact information

Type(s)
Scientific

Contact name
Prof John Strang

Contact details
King's College London
Institute of Psychiatry
National Addiction Centre
4 Windsor Walk, Camberwell
London
United Kingdom
SE5 8AF
+44 (0)20 7848 0438
john.strang@kcl.ac.uk

Additional identifiers

Protocol serial number
071301

Study information

Scientific Title

Study objectives

The primary hypothesis to be tested is that: Motivational Interviewing (MI) will reduce frequency of cannabis use in comparison to an equally credible Drug Information and Advice (DIA) intervention after three months among young people aged 16 to 19 years old in Further Education (FE) colleges.

Ethics approval required

Old ethics approval format

Ethics approval(s)

Not provided at time of registration

Study design

Randomised controlled trial

Primary study design

Interventional

Study type(s)

Treatment

Health condition(s) or problem(s) studied

Drug addiction

Interventions

Interventions will be delivered by practitioners trained in both interventions, and will embrace the range of drugs currently being used by the young person. Recorded interventions will be analysed to identify process mechanisms associated with outcomes. Follow-up data will be collected after three and six months.

Intervention Type

Other

Phase

Not Specified

Primary outcome(s)

The primary outcome will be frequency of use of cannabis.

Key secondary outcome(s)

1. Secondary outcomes will include the use of other illegal drugs and interactional indicators of risk
2. Secondary measures of use of cannabis, cigarettes, alcohol, stimulant drugs will include both consumption and related problems, including dependence

Completion date

09/01/2005

Eligibility**Key inclusion criteria**

1. Weekly cannabis smokers
2. Aged 16 to 19 years
3. In Further Education (FE) colleges

Participant type(s)

Patient

Healthy volunteers allowed

No

Age group

Adult

Sex

All

Key exclusion criteria

No exclusion criteria

Date of first enrolment

01/01/2004

Date of final enrolment

09/01/2005

Locations**Countries of recruitment**

United Kingdom

England

Study participating centre

King's College London

London

United Kingdom

SE5 8AF

Sponsor information

Organisation

King's College London (UK)

ROR

<https://ror.org/0220mzb33>

Funder(s)

Funder type

Charity

Funder Name

The Wellcome Trust (UK) (grant ref: 071301)

Results and Publications

Individual participant data (IPD) sharing plan

IPD sharing plan summary

Not provided at time of registration

Study outputs

Output type	Details	Date created	Date added	Peer reviewed?	Patient-facing?
Results article	results	01/11/2008		Yes	No