

Extended Brief Interventions (EBI) for alcohol-dependent patients in an acute care setting

Submission date 04/02/2010	Recruitment status No longer recruiting	☐ Prospectively registered ☒ Protocol
Registration date 16/03/2010	Overall study status Completed	☐ Statistical analysis plan ☒ Results
Last Edited 14/11/2018	Condition category Mental and Behavioural Disorders	☐ Individual participant data

Plain English summary of protocol
Not provided at time of registration

Contact information

Type(s)
Scientific

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Additional identifiers

ClinicalTrials.gov (NCT)
NCT01060397

Protocol serial number
PB-PG-0408-15077

Study information

Scientific Title

A randomised controlled trial of extended brief interventions for alcohol-dependent patients in an acute care setting

Acronym

ADPAC

Study objectives

Extended Brief Interventions (EBI) delivered to alcohol-dependent patients in a hospital setting by an Alcohol Specialist Nurse (ASN) will be effective in reducing overall alcohol consumption and improving on the standard measures of alcohol dependence.

Ethics approval required

Old ethics approval format

Ethics approval(s)

North West 2 Research Ethics Committee - Liverpool Central, 23/09/2009, ref: 09/H1005/61

Primary study design

Interventional

Study design

Single-centre randomised controlled trial with single-blinded independent follow up

Study type(s)

Treatment

Health condition(s) or problem(s) studied

Alcohol dependence

Interventions

Consecutive alcohol-related attendances will be screened for alcohol dependence. Eligible patients who consent will be randomised to either the treatment arm or normal clinical care. Randomisation will be carried out using computer-generated sequentially-numbered sealed envelopes.

Treatment: The EBI utilised by the ASN will follow the FRAMES approach (6 point approach - Feedback, Responsibility, Advice, Menu of Options, Empathy, Self-efficacy). Four to six interventions (20 minutes duration each) will be delivered by an ASN within a twelve-week period. Measures will be recorded at recruitment, 12 weeks and 6 months.

Intervention Type

Other

Phase

Not Specified

Primary outcome(s)

1. Alcohol Use Disorders Identification Test (AUDIT)
2. Severity of Alcohol dependence (SADQ)

Key secondary outcome(s)

1. Measure of Dependence (Leeds Dependency Questionnaire).
2. Quantity and frequency of alcohol consumption in UK units per drinking day.
3. Readiness to Change Questionnaire (RTCQ).
4. Number of ED attendances 6 months pre and 6 months post treatment/control.
5. Hospital length of stay sum days in hospital 6 months and 6 months post treatment/control.
6. Number of hospital admissions 6 months pre and 6 months post treatment/control.
7. Length of stay for initial treatment in days.

Completion date

01/11/2012

Eligibility**Key inclusion criteria**

Patients with a score equal to or greater than 16 on the Alcohol Use Disorder Identification Test (AUDIT) screening tool.

Participant type(s)

Patient

Healthy volunteers allowed

No

Age group

Adult

Sex

All

Key exclusion criteria

1. Patients known to be intravenous drug abusers
2. Patients unable to give informed consent
3. Patients whose medical co-morbidity requires frequent or long-term hospital admission
4. Patients known to be pregnant
5. Patient's presently recruited to any other research trial

Date of first enrolment

01/11/2009

Date of final enrolment

01/11/2012

Locations**Countries of recruitment**

United Kingdom

England

Study participating centre
The University of Liverpool
Liverpool
United Kingdom
L69 3GL

Sponsor information

Organisation
Southport and Ormskirk NHS Hospital Trust (UK)

ROR
<https://ror.org/0586bt104>

Funder(s)

Funder type
Government

Funder Name
Research for Patient Benefit Programme (ref:PB-PG-0408-15077)

Alternative Name(s)
NIHR Research for Patient Benefit Programme, Research for Patient Benefit (RfPB), The NIHR Research for Patient Benefit (RfPB), RfPB

Funding Body Type
Government organisation

Funding Body Subtype
National government

Location
United Kingdom

Results and Publications

Individual participant data (IPD) sharing plan

IPD sharing plan summary

Study outputs

Output type	Details	Date created	Date added	Peer reviewed?	Patient-facing?
Results article	results	01/09/2016		Yes	No
Protocol article	protocol	04/07/2011		Yes	No