

Evaluation of a carers' support programme

Submission date 23/01/2004	Recruitment status No longer recruiting	☐ Prospectively registered
Registration date 23/01/2004	Overall study status Completed	☐ Protocol
Last Edited 11/09/2012	Condition category Mental and Behavioural Disorders	☐ Statistical analysis plan
		☒ Results
		☐ Individual participant data

Plain English summary of protocol

Not provided at time of registration

Contact information

Type(s)

Scientific

Contact name

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Additional identifiers

Protocol serial number

PSI12-11

Study information

Scientific Title

Study objectives

The major aim of the study was to evaluate the effectiveness of a carer's support programme of intermediate intensity and duration. A secondary aim was to evaluate the adequacy of a stress-appraisal-coping model of caregiving.

Ethics approval required

Old ethics approval format

Ethics approval(s)

Not provided at time of registration

Primary study design

Interventional

Study design

Randomised controlled trial

Study type(s)

Other

Health condition(s) or problem(s) studied

Schizophrenia and other psychoses

Interventions

1. Carers' support programme of intermediate intensity and duration, comprising of 6 individual family sessions in the carers' home followed by 12 fortnightly relatives' groups.
2. 'Standard care'.

Intervention Type

Other

Phase

Not Specified

Primary outcome(s)

1. General Health Questionnaire (GHQ)
2. Assessment of physical status
3. Experience of Caregiving Inventory (ECI)
4. Involvement Evaluation Questionnaire (IEQ)
5. Brief Psychiatric Rating Scale (BPRS)
6. Health of the Nation Outcome Scales (NoNoS)
7. Camberwell Assessment of Needs (CAN)
8. Life Skills Profile (LSP)
9. Ways of Coping (WOC)
10. The Positive and Negative Affects Scale (PANAS)
11. Provision of Social Relationships (PSR)
12. Family Environment Scale (FES)

Key secondary outcome(s)

Not provided at time of registration

Completion date

01/09/1999

Eligibility

Key inclusion criteria

Carers were relatives of patients suffering from a psychotic illness - schizophrenia, schizoaffective disorder, bipolar affective disorder or psychotic depression - under the care of the mental health services. All eligible carers in a defined catchment area of inner southeast London were identified and offered participation in the project.

Participant type(s)

Patient

Healthy volunteers allowed

No

Age group

Other

Sex

All

Key exclusion criteria

Does not match inclusion criteria

Date of first enrolment

01/03/1996

Date of final enrolment

01/09/1999

Locations

Countries of recruitment

United Kingdom

England

Study participating centre

Institute of Psychiatry

London

United Kingdom

SE5 8AZ

Sponsor information

Organisation

Record Provided by the NHS R&D 'Time-Limited' National Programme Register - Department of Health (UK)

Funder(s)

Funder type

Government

Funder Name

NHS Primary and Secondary Care Interface National Research and Development Programme (UK)

Results and Publications

Individual participant data (IPD) sharing plan

IPD sharing plan summary

Not provided at time of registration

Study outputs

Output type	Details	Date created	Date added	Peer reviewed?	Patient-facing?
Results article	results	01/08/2003		Yes	No