

Psychoanalytically oriented brief group treatment for borderline personality disorder: a randomised controlled trial

Submission date 28/09/2007	Recruitment status No longer recruiting	☐ Prospectively registered
Registration date 28/09/2007	Overall study status Completed	☐ Protocol
Last Edited 10/07/2017	Condition category Mental and Behavioural Disorders	☐ Statistical analysis plan
		☐ Results
		☐ Individual participant data
		☐ Record updated in last year

Plain English summary of protocol
Not provided at time of registration

Contact information

Type(s)
Scientific

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Additional identifiers

Protocol serial number
N0573173216

Study information

Scientific Title

Psychoanalytically oriented brief group treatment for borderline personality disorder: a randomised controlled trial

Study objectives

Is psychoanalytically oriented brief group psychotherapy an effective treatment for borderline personality disorder?

Ethics approval required

Old ethics approval format

Ethics approval(s)

Not provided at time of registration

Primary study design

Interventional

Study design

Randomised controlled trial

Study type(s)

Treatment

Health condition(s) or problem(s) studied

Mental and Behavioural Disorders: Borderline personality disorder

Interventions

The intervention to be researched is a Psychoanalytic Brief Group treatment, it is a 20-week outpatient programme. There are two treatment groups. Each group will consist of 8 subjects. The control will consist of a waiting list control. This will be treatment-as-usual for the subjects and will consist of their ongoing existing treatment in psychiatric or primary care services.

Intervention Type

Behavioural

Primary outcome(s)

Is a psychoanalytically-oriented brief group therapy an effective treatment for borderline personality disorder?

Key secondary outcome(s)

Reduction in self harm and suicidal ideation, reduction in symptoms and improvement in function and the cost implication of this treatment

Completion date

09/01/2008

Eligibility

Key inclusion criteria

Clinical diagnosis of Borderline Personality Disorder meeting DSM-IV criteria and clinical judgment of capacity of psychological mindedness

Participant type(s)

Patient

Healthy volunteers allowed

No

Age group

Not Specified

Sex

Not Specified

Key exclusion criteria

Clinical risk assessment that there may be a significant acute risk of suicide or harm to others, that there is an active psychotic illness, or that there is use of alcohol or drugs to the extent that the subject cannot engage with the treatment.

Date of first enrolment

09/01/2006

Date of final enrolment

09/01/2008

Locations**Countries of recruitment**

United Kingdom

England

Study participating centre

Regional Department of Psychotherapy

Newcastle upon Tyne

United Kingdom

NE2 4AA

Sponsor information**Organisation**

Record Provided by the NHSTCT Register - 2007 Update - Department of Health

Funder(s)

Funder type

Hospital/treatment centre

Funder Name

Northumberland, Tyne and Wear NHS Foundation Trust

Alternative Name(s)**Funding Body Type**

Government organisation

Funding Body Subtype

Local government

Location

United Kingdom

Funder Name

NHS R&D Support Funding

Results and Publications

Individual participant data (IPD) sharing plan**IPD sharing plan summary**

Not provided at time of registration