

The effect of reiki on pain in women undergoing non-emergency caesarean sections

Submission date 14/04/2009	Recruitment status No longer recruiting	☐ Prospectively registered
		☐ Protocol
Registration date 27/05/2009	Overall study status Completed	☐ Statistical analysis plan
		☒ Results
Last Edited 30/12/2020	Condition category Pregnancy and Childbirth	☐ Individual participant data

Plain English summary of protocol
Not provided at time of registration

Contact information

Type(s)
Scientific

Contact name
Dr Gideon Koren

Contact details
Professor of Pediatrics, Pharmacology, Pharmacy, Medicine and Medical Genetics
Clinician-Scientist
The Hospital for Sick Children
Division of Clinical Pharmacology, Rm 8232
555 University Ave
Toronto
Canada
M5G 1X8
+1 416 813 1500 ext. 5781
gkoren@sickkids.ca

Additional identifiers

Protocol serial number
REB#-08-030

Study information

Scientific Title

The effect of reiki on pain in women who will undergo non-emergency caesarean sections and the effect of genetic variation on the use of codeine: a randomised controlled trial

Acronym

REPA

Study objectives

Can reiki reduce pain after caesarean section by more than 25%?

Ethics approval required

Old ethics approval format

Ethics approval(s)

St. Michael's Hospital Ethics Review Board approved on the 12th May 2008 (ref: 08-030)

Primary study design

Interventional

Study design

Randomised controlled trial

Study type(s)

Treatment

Health condition(s) or problem(s) studied

Pain levels after caesarean section

Interventions

1. Control group: usual care
2. Reiki Group: usual care plus 20 minutes of Remote Reiki

Duration: three days while in the hospital.

Intervention Type

Other

Phase

Not Applicable

Primary outcome(s)

Visual Analogue Scale for pain in movement, at day 1, day 2 and day 3 (amended as of 10/08/09; initial outcome timepoints were 'after 72 hours in hospital').

Key secondary outcome(s)

1. Visual Analogue Scale for pain (in rest)
2. Pain medication (codeine consumption/kg)
3. Return time to normal activities

All measured at day 1, day 2 and day 3 (amended as of 10/08/09; initial outcome timepoints were 'after 72 hours in hospital').

Completion date

30/04/2009

Eligibility

Key inclusion criteria

1. Informed consent
2. Planned caesarean section
3. Pregnant women aged 18 - 48 years

Participant type(s)

Patient

Healthy volunteers allowed

No

Age group

Adult

Lower age limit

18 Years

Sex

Female

Total final enrolment

80

Key exclusion criteria

Does not meet with inclusion criteria

Date of first enrolment

30/06/2008

Date of final enrolment

30/04/2009

Locations

Countries of recruitment

Canada

Study participating centre

Professor of Pediatrics, Pharmacology, Pharmacy, Medicine and Medical Genetics

Toronto

Canada

M5G 1X8

Sponsor information

Organisation

The Hospital for Sick Children (Canada)

ROR

<https://ror.org/057q4rt57>

Funder(s)

Funder type

Other

Funder Name

Investigator initiated and funded (Canada)

Results and Publications

Individual participant data (IPD) sharing plan

IPD sharing plan summary

Not provided at time of registration

Study outputs

Output type	Details	Date created	Date added	Peer reviewed?	Patient-facing?
Results article	results	26/02/2011	30/12/2020	Yes	No