

An evaluation of psycho-educational intervention in older adults with mild intellectual impairment, using a combination of randomised controlled trial and n=1 methodology

Submission date 10/09/2002	Recruitment status No longer recruiting	☐ Prospectively registered
		☐ Protocol
Registration date 10/09/2002	Overall study status Completed	☐ Statistical analysis plan
		☐ Results
Last Edited 28/10/2016	Condition category Mental and Behavioural Disorders	☐ Individual participant data
		☐ Record updated in last year

Plain English summary of protocol

Not provided at time of registration

Contact information

Type(s)

Scientific

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Additional identifiers

Protocol serial number

265/393

Study information

Scientific Title

An evaluation of psycho-educational intervention in older adults with mild intellectual impairment, using a combination of randomised controlled trial and n=1 methodology

Acronym

BPI

Study objectives

Not provided at time of registration

Ethics approval required

Old ethics approval format

Ethics approval(s)

Not provided at time of registration

Primary study design

Interventional

Study design

Randomised controlled trial

Study type(s)

Treatment

Health condition(s) or problem(s) studied

Dementia or cognitive impairment

Interventions

Bristol Psycho-educational Intervention Group (BPI): The BPI group will comprise of two phases -

Phase 1 will be six, weekly group meetings each lasting up to two hours. Individuals will be informed about memory functioning, will identify their own disabilities and handicaps, will learn strategies of memory management, and undertake personal behavioural goal setting. Time will be given to explore specific problems brought to the group using group problem solving techniques.

Phase 2 will consist of six group meetings, three at fortnightly intervals, and three at monthly intervals. The focus of this phase will be to consolidate skills and continue with personal behavioural goal setting.

Non-directive Support Group (NDSG): The NDSG group will meet the same number of times at the same intervals as the BPI group but staggered to aid recruitment. The group will be led by two nurses with relevant clinical experience and will offer non-directive supportive therapy. This group will provide the opportunity to share experiences and talk about feelings without offering either a formal education or rehabilitation programme. The Non-directive Support Group is designed to control for the effects of regular follow-up and contact with healthcare professionals.

Intervention Type

Other

Phase

Not Specified

Primary outcome(s)

Not provided at time of registration

Key secondary outcome(s)

Not provided at time of registration

Completion date

31/12/2002

Eligibility**Key inclusion criteria**

The intervention will be offered to individuals aged 55 years or over with mild cognitive impairment, defined as Clinician's Dementia Rating score of 0.5 or 1. This is likely to include people with a stable cognitive impairment as well as individuals whose condition is expected to deteriorate and those with an established diagnosis of early dementia (Ritchie & Kildea 1995). Both patient and partner will be in daily contact and will have expressed an interest in, or concern about, learning to manage these difficulties when seen in the Bristol Memory Disorders Clinic (BMDC) by the clinic doctor. Patients and partners will usually live within a 45-min drive of Blackberry Hill Hospital.

Participant type(s)

Patient

Healthy volunteers allowed

No

Age group

Senior

Sex

All

Key exclusion criteria

Not provided at time of registration

Date of first enrolment

01/01/2002

Date of final enrolment

31/12/2002

Locations

Countries of recruitment

United Kingdom

England

Study participating centre

Department of Care of the Elderly

Bristol

United Kingdom

BS18 1LE

Sponsor information**Organisation**

The Health Foundation (UK)

ROR

<https://ror.org/02bzj4420>

Funder(s)**Funder type**

Charity

Funder Name

The Health Foundation (UK)

Results and Publications**Individual participant data (IPD) sharing plan****IPD sharing plan summary**

Not provided at time of registration