

Effects of shoe type on ankle sprain recovery

Submission date 28/09/2007	Recruitment status No longer recruiting	☐ Prospectively registered
Registration date 28/09/2007	Overall study status Completed	☐ Protocol
Last Edited 22/08/2008	Condition category Injury, Occupational Diseases, Poisoning	☐ Statistical analysis plan
		☐ Results
		☐ Individual participant data
		☐ Record updated in last year

Plain English summary of protocol

Not provided at time of registration

Contact information

Type(s)

Scientific

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Additional identifiers

Protocol serial number

N0013180317

Study information

Scientific Title

Study objectives

Does the type of shoe worn in the early period early after ankle sprain influence recovery?

Ethics approval required

Old ethics approval format

Ethics approval(s)

Not provided at time of registration

Study design

Randomised controlled trial

Primary study design

Interventional

Study type(s)

Treatment

Health condition(s) or problem(s) studied

Injury, Occupational Diseases, Poisoning: Ankle sprain

Interventions

A randomised controlled trial involving participants being assigned control shoe (rocker) or experimental shoe (MDT).

Measurements will be taken before and after to assess the difference. Subjects will be given instructions and diary for 1 week before returning for testing.

Intervention Type

Other

Phase

Not Specified

Primary outcome(s)

Self-assessment of ankle function via questionnaire

Key secondary outcome(s))

Not provided at time of registration

Completion date

31/12/2007

Eligibility

Key inclusion criteria

1. 2 groups of 20 individuals contacted within 3 days of presenting to Guy's Minor Injury Unit with sprained ankle
2. Aged 18-60 years old

Participant type(s)

Patient

Healthy volunteers allowed

No

Age group

Adult

Lower age limit

18 years

Upper age limit

60 years

Sex

Not Specified

Key exclusion criteria

1. Subjects with abnormal sensory problems in the thigh and lower leg, subjects with any neurological problem affecting their balance and subjects will be excluded.
2. Patients who have had musculoskeletal or neurological problem affecting their legs or low back which required medical attention in the last 6 months will also be excluded.

Date of first enrolment

18/05/2006

Date of final enrolment

31/12/2007

Locations**Countries of recruitment**

United Kingdom

England

Study participating centre

Centre for Applied Biomedical Research (CABR)

London

United Kingdom

SE1 9RT

Sponsor information**Organisation**

Record Provided by the NHSTCT Register - 2007 Update - Department of Health

Funder(s)

Funder type

Government

Funder Name

Guy's and St. Thomas' NHS Foundation Trust (UK), Own account NHS R&D Support Funding

Results and Publications

Individual participant data (IPD) sharing plan

IPD sharing plan summary

Not provided at time of registration