

The effects of an education programme on the compliance with nasal Continuous Positive Airway Pressure (CPAP) in the treatment of obstructive sleep apnoea

Submission date 09/10/2002	Recruitment status No longer recruiting	☐ Prospectively registered
Registration date 09/10/2002	Overall study status Completed	☐ Protocol
Last Edited 02/07/2009	Condition category Nervous System Diseases	☐ Statistical analysis plan
		☒ Results
		☐ Individual participant data

Plain English summary of protocol

Not provided at time of registration

Contact information

Type(s)

Scientific

Contact name

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Contact details

Department of Medicine & Therapeutics

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Additional identifiers

Protocol serial number

711007

Study information

Scientific Title

Study objectives

Not provided at time of registration

Ethics approval required

Old ethics approval format

Ethics approval(s)

Not provided at time of registration

Study design

Randomised controlled trial

Primary study design

Interventional

Study type(s)

Treatment

Health condition(s) or problem(s) studied

Obstructive Sleep Apnoea

Interventions

After OSA is diagnosed, patients will be randomised, blinded to the attending physician, into the following groups:

1. Structured education group (study group): patients receive specially arranged educational sessions (involving videos on CPAP treatment and live demonstrations)
2. Conventional group (control group): patients will receive conventional 'education', involving physician explanation of CPAP prior to discharge and written material on OSA, CPAP support hotline and clinic follow up

Intervention Type

Other

Phase

Not Specified

Primary outcome(s)

Not provided at time of registration

Key secondary outcome(s))

Not provided at time of registration

Completion date

01/01/1999

Eligibility**Key inclusion criteria**

Patients newly diagnosed with Obstructive Sleep Apnoea (OSA) and who agreed to the prescription of home nasal CPAP

Participant type(s)

Patient

Healthy volunteers allowed

No

Age group

Adult

Sex

All

Key exclusion criteria

Does not meet inclusion criteria

Date of first enrolment

01/01/1997

Date of final enrolment

01/01/1999

Locations

Countries of recruitment

Hong Kong

Study participating centre

Department of Medicine & Therapeutics

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Hong Kong

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Sponsor information

Organisation

Hong Kong Health Services Research Fund (China)

ROR

<https://ror.org/03qh32912>

Funder(s)

Funder type

Government

Funder Name

Hong Kong Health Services Research Fund (Hong Kong)

Results and Publications

Individual participant data (IPD) sharing plan

IPD sharing plan summary

Not provided at time of registration

Study outputs

Output type	Details	Date created	Date added	Peer reviewed?	Patient-facing?
Results article	results	01/05/2000		Yes	No