

Therapeutic Assessment (TA) of adolescents presenting with self harm versus standard psychosocial assessment and risk management: a randomised controlled trial

Submission date 13/11/2007	Recruitment status No longer recruiting	☐ Prospectively registered
Registration date 07/12/2007	Overall study status Completed	☐ Protocol
Last Edited 28/05/2013	Condition category Mental and Behavioural Disorders	☐ Statistical analysis plan
		☒ Results
		☐ Individual participant data

Plain English summary of protocol

Not provided at time of registration

Contact information

Type(s)

Scientific

Contact name

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Contact details

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Additional identifiers

Protocol serial number

2

Study information

Scientific Title

Acronym

TA

Study objectives

Therapeutic Assessment (TA) versus assessment as usual will improve engagement with follow up.

Ethics approval required

Old ethics approval format

Ethics approval(s)

Ethics approval received from the Camden and Islington Community Local Research Ethics Committee on the 23rd October 2007 (ref: 07/H0722/66).

Study design

Randomised controlled trial

Primary study design

Interventional

Study type(s)

Treatment

Health condition(s) or problem(s) studied

Self harm

Interventions

Therapeutic Assessment (TA) versus assessment as usual. There is no structured intervention after the initial assessment. This is a study of the assessment process. Participants will be followed up by relevant community teams and recommendations will be made about the optimal management.

Intervention Type

Other

Phase

Not Specified

Primary outcome(s)

Engagement with follow up, measured at 3 and 6 months after the initial assessment.

Key secondary outcome(s)

1. Measures of general and depressive symptomatology, measured at 3 and 6 months after the initial assessment
2. Service use and functioning, measured at 3 and 6 months after the initial assessment

Completion date

01/11/2008

Eligibility

Key inclusion criteria

1. Aged 12 - 17 years (inclusive)
2. Presentation with self harm
3. Referral for a Child and Adolescent Mental Health Services (CAMHS) assessment

Participant type(s)

Patient

Healthy volunteers allowed

No

Age group

Child

Lower age limit

12 years

Upper age limit

17 years

Sex

All

Key exclusion criteria

1. Poor English
2. Gross reality distortion due to psychosis or inebriation
3. Immediate risk of violence or suicide
4. Known moderate to severe learning disability
5. Admission to psychiatric in-patient unit

Date of first enrolment

01/11/2007

Date of final enrolment

01/11/2008

Locations

Countries of recruitment

United Kingdom

England

Study participating centre

Snowsfields Adolescent Unit

London

United Kingdom
SE1 3RR

Sponsor information

Organisation

South London and Maudsley NHS Trust (UK)

ROR

<https://ror.org/015803449>

Funder(s)

Funder type

Charity

Funder Name

Maudsley Charitable Foundation (UK)

Funder Name

West London Research Consortium (UK)

Results and Publications

Individual participant data (IPD) sharing plan

IPD sharing plan summary

Not provided at time of registration

Study outputs

Output type	Details	Date created	Date added	Peer reviewed?	Patient-facing?
Results article	results	01/02/2011		Yes	No
Results article	results	01/10/2013		Yes	No