

Investigation into the effect of intensive dietary intervention on post prandial glycaemic control and perception of risk of developing diabetes in women with a history of gestational diabetes

Submission date 30/09/2004	Recruitment status No longer recruiting	☐ Prospectively registered
Registration date 30/09/2004	Overall study status Completed	☐ Protocol
Last Edited 02/11/2016	Condition category Nutritional, Metabolic, Endocrine	☐ Statistical analysis plan
		☐ Results
		☐ Individual participant data
		☐ Record updated in last year

Plain English summary of protocol

Not provided at time of registration

Contact information

Type(s)

Scientific

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Additional identifiers

Protocol serial number

N0016132018

Study information

Scientific Title

Investigation into the effect of intensive dietary intervention on post prandial glycaemic control and perception of risk of developing diabetes in women with a history of gestational diabetes

Study objectives

1. To examine the effects of an intensive dietary intervention on post prandial blood glucose profiles (and first phase insulin response).
2. To examine the effects of that dietary education programme on perception of risk and ability to influence the risk of developing diabetes for women with a history of gestational diabetes.

Ethics approval required

Old ethics approval format

Ethics approval(s)

Not provided at time of registration

Primary study design

Interventional

Study design

Randomised controlled trial

Study type(s)

Prevention

Health condition(s) or problem(s) studied

Nutritional, Metabolic, Endocrine: Diabetes

Interventions

Randomised controlled trial of a dietary education programme.

Intervention Type

Behavioural

Primary outcome(s)

The intervention aims to improve post prandial glycaemic control and insulin response hence reducing the risk or delaying the onset of Type 2 diabetes. The study will investigate whether the risk of developing Type 2 diabetes can be reduced by using intensive dietetic strategy, originally developed as an intensive weight management service within the diabetes framework.

Key secondary outcome(s)

Not provided at time of registration

Completion date

27/08/2007

Eligibility

Key inclusion criteria

Females aged 18-50 years

Participant type(s)

Patient

Healthy volunteers allowed

No

Age group

Adult

Lower age limit

18 Years

Upper age limit

50 Years

Sex

Female

Key exclusion criteria

Not provided at time of registration

Date of first enrolment

28/08/2003

Date of final enrolment

27/08/2007

Locations**Countries of recruitment**

United Kingdom

England

Study participating centre

Charing Cross Hospital

London

United Kingdom

W6 8RF

Sponsor information

Organisation

Department of Health

Funder(s)**Funder type**

Government

Funder Name

Hammersmith Hospital NHS Trust (UK)

Results and Publications**Individual participant data (IPD) sharing plan****IPD sharing plan summary**

Not provided at time of registration