

# A randomised trial of a General Practice based intervention to reduce repeat deliberate self harm (parasuicide).

<b>Submission date</b> 23/01/2004	<b>Recruitment status</b> No longer recruiting	<input type="checkbox"/> Prospectively registered
<b>Registration date</b> 23/01/2004	<b>Overall study status</b> Completed	<input type="checkbox"/> Protocol
<b>Last Edited</b> 22/02/2008	<b>Condition category</b> Mental and Behavioural Disorders	<input type="checkbox"/> Statistical analysis plan
		<input checked="" type="checkbox"/> Results
		<input type="checkbox"/> Individual participant data

**Plain English summary of protocol**  
Not provided at time of registration

## Contact information

**Type(s)**  
Scientific

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## Additional identifiers

**Protocol serial number**  
C/HP/07/11.95/Gunnell

## Study information

## **Scientific Title**

### **Acronym**

DASH

### **Study objectives**

To what extent can a general practitioner (GP) based intervention affect the rate of repetition of deliberate self harm?

### **Ethics approval required**

Old ethics approval format

### **Ethics approval(s)**

Not provided at time of registration

### **Study design**

Randomised controlled trial

### **Primary study design**

Interventional

### **Study type(s)**

Treatment

### **Health condition(s) or problem(s) studied**

Depression, anxiety, neuroses

### **Interventions**

1. GP intervention
2. Standard care

### **Intervention Type**

Other

### **Phase**

Not Specified

### **Primary outcome(s)**

1. Deliberate self-harm repetition rates
2. Cost effectiveness of the intervention
3. Production of GP management guidelines for DSH

### **Key secondary outcome(s)**

Not provided at time of registration

### **Completion date**

30/09/2000

## **Eligibility**

## **Key inclusion criteria**

1. Patients attending accident and emergency (A&E) departments in Bristol and Bath after an episode of deliberate self harm (DSH), registered with general practitioners in Avon.

1932 - patients were studied in total.

## **Participant type(s)**

Patient

## **Healthy volunteers allowed**

No

## **Age group**

Not Specified

## **Sex**

Not Specified

## **Key exclusion criteria**

Cases of alcohol taken alone and illicit drug overdose, except where the casualty officer felt that the purpose of the act was self-harm or suicide.

## **Date of first enrolment**

01/10/1996

## **Date of final enrolment**

30/09/2000

## **Locations**

### **Countries of recruitment**

United Kingdom

England

### **Study participating centre**

**University of Bristol**

Bristol

United Kingdom

BS8 2PR

## **Sponsor information**

### **Organisation**

NHS R&D Regional Programme Register - Department of Health (UK)

# Funder(s)

**Funder type**  
Government

**Funder Name**  
NHS Executive South West (UK)

## Results and Publications

Individual participant data (IPD) sharing plan

**IPD sharing plan summary**  
Not provided at time of registration

### Study outputs

Output type	Details	Date created	Date added	Peer reviewed?	Patient-facing?
<a href="#">Results article</a>	Results	25/05/2002		Yes	No