

# Changes in bone density and bone turnover in patients with rheumatoid arthritis treated with rituximab, a B cell depleting antibody

<b>Submission date</b> 28/04/2010	<b>Recruitment status</b> No longer recruiting	<input checked="" type="checkbox"/> Prospectively registered
<b>Registration date</b> 07/06/2010	<b>Overall study status</b> Completed	<input type="checkbox"/> Protocol
<b>Last Edited</b> 04/02/2016	<b>Condition category</b> Musculoskeletal Diseases	<input type="checkbox"/> Statistical analysis plan
		<input checked="" type="checkbox"/> Results
		<input type="checkbox"/> Individual participant data

## Plain English summary of protocol

Not provided at time of registration

## Contact information

### Type(s)

Scientific

### Contact name

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### Contact details

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## Additional identifiers

### Protocol serial number

v1.7 08Jun10

## Study information

**Scientific Title**

Changes in bone density and bone turnover in patients with rheumatoid arthritis treated with rituximab, a B cell depleting antibody: A multicentre, open-label, prospective clinical trial with single treatment arm

**Acronym**

RituxRABone

**Study objectives**

B cell depletion with rituximab suppresses inflammation and bone turnover in rheumatoid arthritis

**Ethics approval required**

Old ethics approval format

**Ethics approval(s)**

Ethics Committees of Leiden and Utrecht University Medical Centres in the Netherlands and the Research and Development department at The James Cook University Hospital, UK.

**Primary study design**

Interventional

**Study design**

Multicentre open label single treatment arm prospective clinical trial

**Study type(s)**

Treatment

**Health condition(s) or problem(s) studied**

Rheumatoid arthritis

**Interventions**

This is a single treatment arm study involving 2 intravenous infusions of rituximab (1,000 mg /infusion) and methylprednisolone (100 mg/infusion), two weeks apart, as licensed for rheumatoid arthritis. Retreatment will be given if patients do not have low disease activity at 6 months according to standard practice. The duration of follow up is one year following the first infusion.

**Intervention Type**

Drug

**Phase**

Not Specified

**Drug/device/biological/vaccine name(s)**

Rituximab, methylprednisolone

**Primary outcome(s)**

Change in bone mineral density of spine, measured by Dual Energy X-Ray Absorptiometry (DEXA) at baseline and 12 months

### **Key secondary outcome(s)**

1. Changes in bone mineral density of hips and forearms, measured by Dual Energy X-Ray Absorptiometry (DEXA) at baseline and 12 months
  2. Changes in biochemical markers of bone turnover
  3. Changes in biomarkers of inflammation and autoreactivity
  4. Changes in disease activity
  5. Number of new fractures
  6. Duration of B cell depletion in blood
- All other outcomes (2-6) will be measured at baseline, 3, 6, 9, and 12 months using the following tools: Disease Activity Score for 28 Joints (DAS28), a validated and routine clinical assessment; Health Assessment Questionnaire (HAQ) a questionnaire-based investigation; Biomarkers are measured by a range of techniques incl flowcytometry, ELISA.

### **Completion date**

31/07/2013

## **Eligibility**

### **Key inclusion criteria**

1. Age 18 or older
2. Established diagnosis of rheumatoid arthritis
3. Eligible for treatment with rituximab
4. Written informed consent

### **Participant type(s)**

Patient

### **Healthy volunteers allowed**

No

### **Age group**

Adult

### **Lower age limit**

18 Years

### **Sex**

All

### **Key exclusion criteria**

1. Concurrent bisphosphonate use
2. Poor previous compliance

### **Date of first enrolment**

01/08/2010

### **Date of final enrolment**

31/07/2013

## **Locations**

## Countries of recruitment

United Kingdom

England

## Study participating centre

South Tees Hospitals NHS Foundation Trust

Middlesbrough

United Kingdom

TS4 3BW

## Sponsor information

### Organisation

South Tees Hospitals NHS Foundation Trust (UK)

### ROR

<https://ror.org/02js17r36>

## Funder(s)

### Funder type

Industry

### Funder Name

Roche (UK)

## Results and Publications

### Individual participant data (IPD) sharing plan

### IPD sharing plan summary

Not provided at time of registration

### Study outputs

Output type	Details	Date created	Date added	Peer reviewed?	Patient-facing?
<a href="#">Results article</a>	results	01/12/2011		Yes	No