

A randomised comparative trial of group education and distance learning in the self-management of non-insulin dependent diabetes (NIDDMs)

Submission date 12/09/2003	Recruitment status No longer recruiting	☐ Prospectively registered
Registration date 12/09/2003	Overall study status Completed	☐ Protocol
Last Edited 31/03/2020	Condition category Nutritional, Metabolic, Endocrine	☐ Statistical analysis plan
		☐ Results
		☐ Individual participant data
		☐ Record updated in last year

Plain English summary of protocol

Not provided at time of registration

Contact information

Type(s)

Scientific

Contact name

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Additional identifiers

Protocol serial number

M0010070456

Study information

Scientific Title

A randomised comparative trial of group education and distance learning in the self-management of non-insulin dependent diabetes (NIDDM)

Study objectives

1. To develop and evaluate a distance learning package in the self-management of NIDDM.
2. To compare group education and distance learning in this group.
3. To evaluate which patients benefit from which method.

Ethics approval required

Old ethics approval format

Ethics approval(s)

Not provided at time of registration

Primary study design

Interventional

Study design

Randomised controlled trial

Study type(s)

Treatment

Health condition(s) or problem(s) studied

Nutritional, Metabolic, Endocrine: Diabetes

Interventions

The package is to be written jointly with diabetes clinicians and educationalist then implemented and evaluated (after piloting) on randomly chosen group

Intervention Type

Behavioural

Primary outcome(s)

Score of questionnaire measure lifestyle, confidence, emotional adjustment, weight concerns and diet barriers and medical outcomes

Key secondary outcome(s)

Not provided at time of registration

Completion date

01/09/2003

Eligibility

Key inclusion criteria

50 patients with type two diabetes diagnosed in past 2 years within primary care in Bolton

Participant type(s)

Patient

Healthy volunteers allowed

No

Age group

Not Specified

Sex

Not Specified

Key exclusion criteria

Not provided at time of registration

Date of first enrolment

01/09/1999

Date of final enrolment

01/09/2003

Locations

Countries of recruitment

United Kingdom

England

Study participating centre

Bolton Diabetes Centre

Bolton

United Kingdom

BL1 4AL

Sponsor information

Organisation

Department of Health (UK)

Funder(s)

Funder type

Hospital/treatment centre

Funder Name

Bolton Hospitals NHS Trust (UK)

Results and Publications

Individual participant data (IPD) sharing plan

IPD sharing plan summary

Not provided at time of registration