

Proposal for pilot randomised controlled trial of pelvic floor exercises for premature ejaculation

Submission date 30/09/2005	Recruitment status Stopped	☐ Prospectively registered
		☐ Protocol
Registration date 30/09/2005	Overall study status Stopped	☐ Statistical analysis plan
		☐ Results
Last Edited 31/03/2011	Condition category Mental and Behavioural Disorders	☐ Individual participant data
		☐ Record updated in last year

Plain English summary of protocol
Not provided at time of registration

Contact information

Type(s)
Scientific

Contact name
Dr Grace Dorey

Contact details
Old Hill Farm
Portmore
Barnstaple
United Kingdom
EX32 0HR

Additional identifiers

Protocol serial number
N0620154903

Study information

Scientific Title

Study objectives

Exploring the effectiveness of pelvic floor exercises for premature ejaculation.

Ethics approval required

Old ethics approval format

Ethics approval(s)

Not provided at time of registration

Primary study design

Interventional

Study design

Pilot randomised controlled trial

Study type(s)

Not Specified

Health condition(s) or problem(s) studied

Mental and Behavioural Disorders: Premature ejaculation (PE)

Interventions

Treatment group of men with premature ejaculation (PE) receiving pelvic floor exercises and relaxation advice and a non-treatment control group of men with PE receiving only relaxation advice.

Intervention Type

Other

Phase

Not Specified

Primary outcome(s)

1. Subjects in both groups to be evaluated for PE initially, and at 3 months by completing a questionnaire.
2. Subjective & objective physiotherapy assessment to include digital anal measurements by clinician.
3. Assessment by Ros Wills, a physiotherapist who is blinded to the subject grouping.

Key secondary outcome(s)

Not provided at time of registration

Completion date

28/02/2007

Reason abandoned (if study stopped)

Lack of recruitment

Eligibility**Key inclusion criteria**

Not provided at time of registration

Participant type(s)

Patient

Healthy volunteers allowed

No

Age group

Adult

Sex

Male

Key exclusion criteria

Not provided at time of registration

Date of first enrolment

18/10/2004

Date of final enrolment

28/02/2007

Locations**Countries of recruitment**

United Kingdom

England

Study participating centre

Old Hill Farm

Barnstaple

United Kingdom

EX32 0HR

Sponsor information**Organisation**

Department of Health

Funder(s)**Funder type**

Government

Funder Name

Exeter Primary Care Trust (UK)

Funder Name

Own account

Funder Name

NHS R&D Support Funding

Results and Publications

Individual participant data (IPD) sharing plan

IPD sharing plan summary

Not provided at time of registration