

# Is there any advantage using water as a lubricant when performing flexible nasendoscopy

|                                        |                                                   |                                                                                                   |
|----------------------------------------|---------------------------------------------------|---------------------------------------------------------------------------------------------------|
| <b>Submission date</b><br>29/09/2006   | <b>Recruitment status</b><br>No longer recruiting | <input type="checkbox"/> Prospectively registered<br><input type="checkbox"/> Protocol            |
| <b>Registration date</b><br>29/09/2006 | <b>Overall study status</b><br>Completed          | <input type="checkbox"/> Statistical analysis plan<br><input checked="" type="checkbox"/> Results |
| <b>Last Edited</b><br>06/04/2009       | <b>Condition category</b><br>Surgery              | <input type="checkbox"/> Individual participant data                                              |

**Plain English summary of protocol**  
Not provided at time of registration

## Contact information

**Type(s)**  
Scientific

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## Additional identifiers

**Protocol serial number**  
N0106163114

## Study information

**Scientific Title**

**Study objectives**

To establish what type of lubrication is most beneficial when performing nasendoscopy.

**Ethics approval required**

Old ethics approval format

**Ethics approval(s)**

Not provided at time of registration

**Primary study design**

Interventional

**Study design**

Single blind prospective randomised controlled trial

**Study type(s)**

Treatment

**Health condition(s) or problem(s) studied**

Surgery: Nasendoscopy

**Interventions**

Group A: water as lubricant

Group B: petroleum jelly as lubricant

**Intervention Type**

Procedure/Surgery

**Phase**

Not Specified

**Primary outcome(s)**

1. Visual analogue score (VAS) of patient discomfort
2. VAS of picture quality information gained by the doctor
3. VAS of the ease of passage of the nasendoscope

**Key secondary outcome(s)**

Not provided at time of registration

**Completion date**

01/12/2005

## **Eligibility**

**Key inclusion criteria**

Patients requiring nasendoscopy

**Participant type(s)**

Patient

**Healthy volunteers allowed**

No

**Age group**

Adult

**Sex**

Not Specified

**Key exclusion criteria**

1. Patients unable to consent
2. Allergic to lubricant
3. Unable to complete VAS
4. Patients who require local anaesthetic

**Date of first enrolment**

01/06/2005

**Date of final enrolment**

01/12/2005

## **Locations**

**Countries of recruitment**

United Kingdom

England

**Study participating centre**

**ENT Department**

Gloucester

United Kingdom

GL1 3NN

## **Sponsor information**

**Organisation**

Record Provided by the NHSTCT Register - 2006 Update - Department of Health

## **Funder(s)**

**Funder type**

Government

**Funder Name**

Gloucestershire R&D Consortium (UK)

## Results and Publications

**Individual participant data (IPD) sharing plan****IPD sharing plan summary**

Not provided at time of registration

**Study outputs**

| Output type                     | Details | Date created | Date added | Peer reviewed? | Patient-facing? |
|---------------------------------|---------|--------------|------------|----------------|-----------------|
| <a href="#">Results article</a> | results | 01/04/2006   |            | Yes            | No              |