

Exploratory trial of the WISE approach in primary care

Submission date 29/04/2010	Recruitment status No longer recruiting	☐ Prospectively registered ☐ Protocol
Registration date 29/04/2010	Overall study status Completed	☐ Statistical analysis plan ☒ Results
Last Edited 25/07/2013	Condition category Other	☐ Individual participant data

Plain English summary of protocol
Not provided at time of registration

Contact information

Type(s)
Scientific

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Additional identifiers

Protocol serial number
4407

Study information

Scientific Title
Improving outcomes in chronic conditions through effective self-management: exploratory trial of the WISE model in primary care

Acronym
WISE

Study objectives

To test and refine a self care support training intervention for primary care.

Ethics approval required

Old ethics approval format

Ethics approval(s)

Oldham LREC approved on the 15th January 2008 (ref: 07/H1011/96)

Primary study design

Observational

Study design

Non-randomised interventional and observational process of care qualitative study

Study type(s)

Diagnostic

Health condition(s) or problem(s) studied

Topic: Primary Care Research Network for England; Subtopic: Not Assigned; Disease: All Diseases

Interventions

Two practices to take part in the training. The impact of the training to be assessed by:

1. Observations during the training sessions
2. Interviews following the training with clinicians and administrative staff
3. Four pre- and four post-training recordings of consultations per clinician
4. Qualitative interviews with patients:
 - 4.1. 20 'think aloud' interviews to explore how patients use a new assessment tool developed for the WISE approach
 - 4.2. 25 in depth interviews with patients exploring issues related to self care

Study entry: registration only

Intervention Type

Other

Phase

Phase II

Primary outcome(s)

Training is robust and effective for routine delivery in primary care

Key secondary outcome(s)

No secondary outcome measures

Completion date

31/03/2009

Eligibility

Key inclusion criteria

1. Diagnosis of diabetes, chronic obstructive pulmonary disease (COPD) or irritable bowel syndrome (IBS)
2. Either sex, no age limit

Participant type(s)

Patient

Healthy volunteers allowed

No

Age group

Not Specified

Sex

All

Key exclusion criteria

1. Patients in the palliative care stage of condition
2. Those receiving management from a specialist nurse rather than primarily practice nurse or GP
3. Mental health problems such as those which reduce capacity to consent and participate

Date of first enrolment

01/05/2008

Date of final enrolment

31/03/2009

Locations**Countries of recruitment**

United Kingdom

England

Study participating centre

Oxford Road

Manchester

United Kingdom

M13 9PL

Sponsor information**Organisation**

University of Manchester (UK)

ROR

<https://ror.org/027m9bs27>

Funder(s)

Funder type

Government

Funder Name

National Primary Care Research and Development Centre (NPCRDC) (UK) (ref: R01135)

Results and Publications

Individual participant data (IPD) sharing plan

IPD sharing plan summary

Not provided at time of registration

Study outputs

Output type	Details	Date created	Date added	Peer reviewed?	Patient-facing?
Results article	results	29/01/2010		Yes	No