ISRCTN87058658 https://doi.org/10.1186/ISRCTN87058658

The effects of a prebiotic supplement of faecal consistency, mineral absorption and gut flora in low birth weight infants

Submission date
20/12/2005

Recruitment status
No longer recruiting

Registration date
20/12/2005

Overall study status
Completed

Last Edited
03/07/2009

Condition category
Pregnancy and Childbirth

[ ] Prospectively registered
[ ] Protocol
[ ] Statistical analysis plan
[ ] Results
[ ] Individual participant data
[ ] Record updated in last year

Plain English summary of protocol
Not provided at time of registration

Contact information

Type(s)
Scientific

Contact name
Mrs E. Smit

Contact details
Medical Spectrum Twente,
P.O. Box 50000
Enschede
Netherlands
7500 KA

Additional identifiers

Protocol serial number
NTR315

Study information

Scientific Title

Acronym

POEMA trial

Study objectives
Prebiotics are present in breastfeeding and thus far not in premature formula, we presume that adding prebiotics to premature formula will be well tolerated, result in more loose stools compared to regular premature formula and will be responsible for gut flora which is present in breastfed infants.

Ethics approval required
Old ethics approval format

Ethics approval(s)
Received from the local medical ethics committee

Primary study design
Interventional

Study design
Randomised double blind placebo controlled parallel group trial

Study type(s)
Treatment

Health condition(s) or problem(s) studied
Very low birth weight

Interventions
Adding prebiotics (galacto-oligosaccharides) to premature formula.

Intervention Type
Supplement

Phase
Not Applicable

Drug/device/biological/vaccine name(s)
Prebiotic (galacto-oligosaccharides) supplementation

Primary outcome(s)
1. Number of stools /day
2. Gut flora
3. Safety

Key secondary outcome(s)
Growth (increase in weight per kg per day)

Completion date
01/05/2006

Eligibility

Key inclusion criteria
1. Gestational age less then 34 weeks
2. Birth weight less then 1700 grams

Participant type(s)
Patient

Healthy volunteers allowed
No

Age group
Child

Upper age limit
34 Weeks

Sex
All

Key exclusion criteria
1. Congenital defects
2. Motility disorders of the gut
3. Necrotising enterocolitis
4. Medication with effects on gastric motility or intestinal flora (i.e., antibiotics)

Date of first enrolment
01/05/2002

Date of final enrolment
01/05/2006

Locations

Countries of recruitment
Netherlands

Study participating centre
Medical Spectrum Twente,
Enschede
Netherlands
7500 KA

Sponsor information

Organisation

Friesland Coberco Dairy Foods Holding NV (Netherlands)

ROR
https://ror.org/025mtxh67

Funder(s)

Funder type
Industry

Funder Name
Friesland Coberco Dairy Foods Holding NV (Netherlands) - Friesland Nutrition Research

Results and Publications

Individual participant data (IPD) sharing plan

IPD sharing plan summary
Not provided at time of registration