

BiRmingham Early Detection In untREated psyChosis Trial

Submission date 30/09/2004	Recruitment status No longer recruiting	☐ Prospectively registered
Registration date 30/09/2004	Overall study status Completed	☒ Protocol
Last Edited 30/06/2009	Condition category Mental and Behavioural Disorders	☐ Statistical analysis plan
		☒ Results
		☐ Individual participant data

Plain English summary of protocol
Not provided at time of registration

Contact information

Type(s)
Scientific

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Additional identifiers

Protocol serial number
N0138126546

Study information

Scientific Title

Acronym

REDIRECT

Study objectives

The Redirect Trial is a stratified-cluster randomised controlled trial to evaluate the effect of a multifaceted, evidence-based educational intervention to assist general practitioners (GPs) to recognise first episode psychosis (FEP) in young people. We hypothesised that training GPs to recognise FEP would increase referrals to specialist secondary care services and improve clinical outcomes in young people with FEP.

Can duration of untreated psychosis (DUP) be reduced by a primary care training programme in early recognition of psychosis and adherence to guidelines?

Ethics approval required

Old ethics approval format

Ethics approval(s)

Not provided at time of registration

Primary study design

Interventional

Study design

Stratified-cluster randomised controlled trial

Study type(s)

Treatment

Health condition(s) or problem(s) studied

Mental and Behavioural Disorders: Psychosis

Interventions

The study is a cluster randomisation trial with consenting GP practices randomly allocated to early detection training or 'detection as usual'.

Intervention Type

Other

Phase

Not Specified

Primary outcome(s)

1. Rate of patient referral
2. Assessment of the difference in the number of referrals of young people with FEP to secondary care services between study groups

Key secondary outcome(s)

1. Use of the Mental Health Act
2. GP consultation rate
3. Duration of untreated psychosis
4. Time to recovery

Completion date

31/12/2006

Eligibility

Key inclusion criteria

160 new patients in 78 GP practices (39 intervention, 39 control) over a 2 year period.

Participant type(s)

Patient

Healthy volunteers allowed

No

Age group

Other

Sex

All

Key exclusion criteria

Not provided at time of registration

Date of first enrolment

01/01/2003

Date of final enrolment

31/12/2006

Locations

Countries of recruitment

United Kingdom

England

Study participating centre

Dept of Primary Care and General Practice

Birmingham

United Kingdom

B15 2TT

Sponsor information

Organisation

Funder(s)

Funder type

Government

Funder Name

Midland Research Practices Consortium (MidReC) (UK)

Results and Publications

Individual participant data (IPD) sharing plan

IPD sharing plan summary

Not provided at time of registration

Study outputs

Output type	Details	Date created	Date added	Peer reviewed?	Patient-facing?
Results article	results	01/06/2009		Yes	No
Protocol article	protocol	08/03/2005		Yes	No