

Reshaping breast care services - a role for dietitians?

Submission date 06/03/2007	Recruitment status No longer recruiting	☐ Prospectively registered ☐ Protocol
Registration date 24/04/2007	Overall study status Completed	☐ Statistical analysis plan ☐ Results
Last Edited 10/07/2017	Condition category Cancer	☐ Individual participant data ☐ Record updated in last year

Plain English summary of protocol
Not provided at time of registration

Contact information

Type(s)
Scientific

Contact name
Ms Jillian Milne

Contact details
Institute of Human Nutrition
Level E, Centre Block (MP893)
Southampton General Hospital
Tremona Rd
Southampton
United Kingdom
SO16 6YD

Additional identifiers

Protocol serial number
8.0

Study information

Scientific Title
Reshaping breast care services - a role for dietitians?

Study objectives

1. Of all postmenopausal women diagnosed with breast cancer and offered the intervention 50% will enrol on a group healthy eating program.
2. Difference in change of overall diet quality scores will be 10 points higher for women in the 'healthy eating' group compared to women in usual care.

Ethics approval required

Old ethics approval format

Ethics approval(s)

Southampton & South West Hampshire Research Ethics Committee (B), 27/12/2006, ref: 06/Q1704/144

Primary study design

Interventional

Study design

Mixed methods

Study type(s)

Quality of life

Health condition(s) or problem(s) studied

Breast cancer

Interventions

A group 'healthy eating' program of 4 x 2 hour sessions over a six-month period vs usual care

Intervention Type

Behavioural

Primary outcome(s)

Number of women who enrol in the group healthy eating program

Key secondary outcome(s)

1. Overall diet quality score
2. Weight

Completion date

31/05/2008

Eligibility**Key inclusion criteria**

All postmenopausal women diagnosed with breast cancer

Participant type(s)

Patient

Healthy volunteers allowed

No

Age group

Adult

Sex

Female

Key exclusion criteria

All premenopausal women diagnosed with breast cancer

Date of first enrolment

01/04/2007

Date of final enrolment

31/05/2008

Locations**Countries of recruitment**

United Kingdom

England

Study participating centre

Southampton General Hospital

Southampton

United Kingdom

SO16 6YD

Sponsor information**Organisation**

Southampton University NHS Hospitals Trust (UK)

ROR

<https://ror.org/0485axj58>

Funder(s)**Funder type**

Government

Funder Name

UK Department of Health, National Coordinating Centre for Research Capacity Development
(Ref: PAS/RDA/01/05/2005)

Results and Publications

Individual participant data (IPD) sharing plan

IPD sharing plan summary

Not provided at time of registration