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Effectiveness of the Strengthening Families Program (SFP10-14) for reducing alcohol and drug misuse amongst youth in Poland

Submission date 05/03/2011	**Recruitment status** No longer recruiting	[_] Prospectively registered [X] Protocol [_] Statistical analysis plan [X] Results [_] Individual participant data
Registration date 17/03/2011	**Overall study status** Completed	
Last Edited 18/01/2019	**Condition category** Other	

Plain English summary of protocol
Not provided at time of registration

Contact information

Type(s)
Scientific

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Additional identifiers

Study information

Scientific Title
Effectiveness of the Strengthening Families Program (SFP10-14) for reducing alcohol and drug misuse amongst youth in Poland: a randomised controlled trial

Study objectives
1. SFP10-14 will reduce alcohol and drug use / misuse amongst young people compared with controls

2. SFP10-14 will reduce behavioural and emotional problems amongst young people compared with controls
3. SFP10-14 will improve parenting compared with controls
4. SFP10-14 will improve parent-child relations compared with control

Ethics approval required
Old ethics approval format

Ethics approval(s)
There is no formal ethics committee requirement for research projects funded by the Polish Bureau for Drug Prevention (the research funders), though there is an expectation in cases that any ethical issues are identified during the scientific peer review process organised by the funding agency.

Primary study design
Interventional

Study design
Cluster randomised controlled trial

Study type(s)
Quality of life

Health condition(s) or problem(s) studied
Public Health

Interventions
The SFP1014 is a video based programme delivered by trained facilitators that includes parents /guardians and children learning together. The 7-week program is delivered over 7-sessions, with four optional booster sessions available several months later.

Intervention Type
Other

Phase
Not Applicable

Primary outcome(s)
1. Alcohol, cigarette and other drugs: age of first use, lifetime prevalence, 30-days (not other drugs) and 12-month prevalence
2. Alcohol use without parent permission
3. Drunkenness / binge drinking in past 30 days

Key secondary outcome(s)
1. General child management
2. Parent child affective quality
3. Aggressive and hostile behaviours in interactions
4. Intervention-targeted parenting behaviour scale
5. Index of aggressive and destructive conduct
6. Family aggressiveness
7. Family togetherness

8. Maternal support
9. Parental monitoring
10.Time spent with mother / father
11. Family rituals
12. Family life questionnaire
13. Truancy
14. School behaviour grades
15. Strengths and difficulties questionnaire

Completion date
31/03/2013

Eligibility

Key inclusion criteria
1. Families with one or more children aged 10-14
2. At least one parent and one child consents to participate

Participant type(s)
Patient

Healthy volunteers allowed
No

Age group
Child

Lower age limit
10 Years

Upper age limit
14 Years

Sex
All

Key exclusion criteria
Does not meet inclusion criteria

Date of first enrolment
04/01/2010

Date of final enrolment
31/03/2013

Locations

Countries of recruitment
Poland

Study participating centre
Institute of Psychiatry and Neurology
Warsaw
Poland
02-957

Sponsor information

Organisation
Institute of Psychiatry and Neurology (Poland)

ROR
https://ror.org/0468k6j36

Funder(s)

Funder type
Other

Funder Name
Polish Bureau for Drug Prevention (Poland)

Funder Name
Diageo PLC

Results and Publications

Individual participant data (IPD) sharing plan

IPD sharing plan summary
Not provided at time of registration

Study outputs

Output type	Details	Date created	Date added	Peer reviewed?	Patient-facing?
Results article	results	01/06/2017	18/01/2019	Yes	No
Protocol article	protocol	20/06/2012		Yes	No