

# Consequences from use of reminiscence: a randomised intervention study in ten Danish nursing homes

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		<input type="checkbox"/> Protocol
<b>Registration date</b> 27/08/2009	<b>Overall study status</b> Completed	<input type="checkbox"/> Statistical analysis plan
		<input checked="" type="checkbox"/> Results
<b>Last Edited</b> 10/03/2011	<b>Condition category</b> Other	<input type="checkbox"/> Individual participant data

**Plain English summary of protocol**  
Not provided at time of registration

## Contact information

**Type(s)**  
Scientific

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## Additional identifiers

**Protocol serial number**  
2005-41-4870

## Study information

**Scientific Title**  
An interventional non-blinded randomised study in ten Danish nursing homes of the benefits of reminiscence

**Acronym**

Reminiscence

**Study objectives**

That the integration of reminiscence into daily nursing care would benefit nursing home residents and staff.

**Ethics approval required**

Old ethics approval format

**Ethics approval(s)**

The Danish guidelines regarding notification of studies to ethics committees specify that only trials involving the use of medicinal products, medical devices or collection of biological material should be sent for notification. As our study is based on questionnaires and interview examinations, and reminiscence is not considered a medical treatment, approval from an ethical committee was not required.

**Study design**

Interventional randomised non-blinded two-armed study

**Primary study design**

Interventional

**Study type(s)**

Quality of life

**Health condition(s) or problem(s) studied**

Nursing care

**Interventions**

Treatment arm 1:

Implementation of reminiscence: individual and group reminiscence sessions held with residents, supplemented by reminiscence boxes, posters and exhibitions. Duration: 1 year (August 2006 - August 2007). Nursing staff attended a training course to learn three forms of reminiscence: general reminiscence (group sessions run by 1 - 2 nurses for typically 2 - 8 residents with similar backgrounds or interests), specific reminiscence (sessions for 1 - 2 residents structured around a theme and tailored to the individual residents communication needs) and spontaneous reminiscence (informal use of comments during regular daily activities).

Treatment arm 2:

Usual nursing care. Duration: 1 year (August 2006 - August 2007).

Total duration of follow-up for all arms: 1 year.

**Intervention Type**

Other

**Phase**

Not Applicable

**Primary outcome(s)**

Nurses' attitudes towards professional role and contact with residents. Baseline measurements were undertaken in March, May and August 2006; follow-up measurements were undertaken in March and August 2007.

**Key secondary outcome(s)**

Residents' quality of life (proxy assessment). Baseline measurements were undertaken in March, May and August 2006; follow-up measurements were undertaken in March and August 2007.

**Completion date**

30/09/2007

## Eligibility

**Key inclusion criteria**

1. Nursing homes in the Mid-Jutland Region with at least 35 residents (either sex, no age limit) who were willing to participate in study
2. Signed informed consent from residents/relatives

**Participant type(s)**

Patient

**Healthy volunteers allowed**

No

**Age group**

Other

**Sex**

All

**Key exclusion criteria**

Nursing homes that already used reminiscence on a systematic basis.

**Date of first enrolment**

01/08/2005

**Date of final enrolment**

30/09/2007

## Locations

**Countries of recruitment**

Denmark

**Study participating centre**

**CAST - Centre for Applied Health Services Research & Technology Assessment**  
Odense  
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5000

## Sponsor information

### Organisation

Social Services Board of the Ministry for Social Affairs (Denmark)

## Funder(s)

### Funder type

Government

### Funder Name

Social Services Board of the Ministry for Social Affairs (Denmark) (ref: j. nr. 367-14)

## Results and Publications

### Individual participant data (IPD) sharing plan

### IPD sharing plan summary

Not provided at time of registration

### Study outputs

Output type	Details	Date created	Date added	Peer reviewed?	Patient-facing?
<a href="#">Results article</a>	results	06/06/2010		Yes	No