

Mild to moderate claudication: the cost-effectiveness of supervised exercise programmes in patient management.

Submission date 25/04/2003	Recruitment status Stopped	☐ Prospectively registered ☐ Protocol
Registration date 25/04/2003	Overall study status Stopped	☐ Statistical analysis plan ☒ Results
Last Edited 21/08/2009	Condition category Circulatory System	☐ Individual participant data ☐ Record updated in last year

Plain English summary of protocol
Not provided at time of registration

Contact information

Type(s)
Scientific

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Additional identifiers

Protocol serial number
HTA 99/22/08

Study information

Scientific Title

Acronym

EXACT

Study objectives

The main objectives of the study are as follows:

1. To compare outcomes for the following treatment strategies for patients with mild to moderate claudication:
 - 1.1. Angioplasty (i.e. status quo treatment)
 - 1.2. Supervised exercise programme
 - 1.3. Exercise and lifestyle advice only (control)
2. To measure the cost of each strategy, including treatment and subsequent health care costs, over 3 years
3. To compare costs and short-term to medium-term (6 months - 3 year) outcomes in different patient groups

Please note that, as of 21/08/2009, the start date of this trial has been updated from 1/09/2001 to 01/12/2001.

Ethics approval required

Old ethics approval format

Ethics approval(s)

Not provided at time of registration

Primary study design

Interventional

Study design

Randomised controlled trial

Study type(s)

Treatment

Health condition(s) or problem(s) studied

Cardiovascular diseases: peripheral arterial disease

Interventions

1. Angioplasty (i.e. status quo treatment)
2. Supervised exercise programme.
3. Exercise and lifestyle advice only (control)

Intervention Type

Other

Phase

Not Specified

Primary outcome(s)

Not provided at time of registration

Key secondary outcome(s)

Not provided at time of registration

Completion date

31/05/2005

Eligibility

Key inclusion criteria

Patients with claudication

Participant type(s)

Patient

Healthy volunteers allowed

No

Age group

Not Specified

Sex

Not Specified

Key exclusion criteria

Not provided at time of registration

Date of first enrolment

01/12/2001

Date of final enrolment

31/05/2005

Locations

Countries of recruitment

United Kingdom

England

Study participating centre

Department of Psychology

Worcester

United Kingdom

WR2 6AJ

Sponsor information

Organisation

Department of Health (UK)

ROR

<https://ror.org/03sbpja79>

Funder(s)

Funder type

Government

Funder Name

NIHR Health Technology Assessment Programme - HTA (UK)

Results and Publications

Individual participant data (IPD) sharing plan

IPD sharing plan summary

Not provided at time of registration

Study outputs

Output type	Details	Date created	Date added	Peer reviewed?	Patient-facing?
Results article	results	01/01/2006		Yes	No