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# A study to measure the health gain from providing GPs with training in the assessment and management of depression.

**Submission date**
23/01/2004

**Registration date**
23/01/2004

**Last Edited**
18/11/2010

**Recruitment status**
No longer recruiting

**Overall study status**
Completed

**Condition category**
Mental and Behavioural Disorders

[ ] Prospectively registered
[ ] Protocol
[ ] Statistical analysis plan
[X] Results
[ ] Individual participant data

**Plain English summary of protocol**
Not provided at time of registration

## Contact information

**Type(s)**
Scientific

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## Additional identifiers

**Protocol serial number**
NMH11C

## Study information

### Scientific Title

### Study objectives
Not provided at time of registration

### Ethics approval required
Old ethics approval format

### Ethics approval(s)
Not provided at time of registration

### Primary study design
Interventional

### Study design
Randomised controlled trial

### Study type(s)
Not Specified

### Health condition(s) or problem(s) studied
Depression, anxiety, neuroses

### Interventions
A randomised controlled trial involving 40 principals in general practice and a sample of their depressed patients. Half of the general practitioners will undergo training at the beginning of the study and the other half will receive this later. General practitioners will be randomly allocated to each group. Patients will not be randomised. Specific baseline and follow-up (3 months, 6 months and 12 months after recruitment) measures will be made on 400 patients being treated for depression by the general practitioners (i.e. approximately 10 per general practitioner).

### Intervention Type
Other

### Phase
Not Specified

### Primary outcome(s)
Not provided at time of registration

### Key secondary outcome(s)
Not provided at time of registration

### Completion date
30/04/2004

## Eligibility

### Key inclusion criteria
Consecutive GP surgery attenders fulfilling the following criteria: aged 16-65 years; GP intention to treat for depression or currently being treated for depression; duration of symptoms not more than six months.

### Participant type(s)
Patient

### Healthy volunteers allowed
No

### Age group
Adult

### Sex
Not Specified

### Key exclusion criteria
Those suffering from psychotic illness, and those in the recovery phase of an illness.

### Date of first enrolment
01/04/2003

### Date of final enrolment
30/04/2004

## Locations

### Countries of recruitment
United Kingdom

England

### Study participating centre
**National Primary Care Research and Development Centre (NPCRDC)**
Manchester
United Kingdom
M13 9PL

## Sponsor information

### Organisation
Record Provided by the NHS R&D 'Time-Limited' National Programme Register - Department of Health (UK)

# Funder(s)

**Funder type**
Government

**Funder Name**
NHS Mental Health National Research and Development Programme

# Results and Publications

## Individual participant data (IPD) sharing plan

**IPD sharing plan summary**
Not provided at time of registration

**Study outputs**

| Output type | Details | Date created | Date added | Peer reviewed? | Patient-facing? |
|---|---|---|---|---|---|
| Results article | results | 01/01/2004 | | Yes | No |