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# Training to improve analgesic prescription for chronic pain

| Submission date | Recruitment status | [ ] Prospectively registered |
|---|---|---|
| 12/05/2010 | No longer recruiting | [ ] Protocol |
| **Registration date** | **Overall study status** | [ ] Statistical analysis plan |
| 12/05/2010 | Completed | [ ] Results |
| **Last Edited** | **Condition category** | [ ] Individual participant data |
| 20/04/2017 | Signs and Symptoms | [ ] Record updated in last year |

**Plain English summary of protocol**
Not provided at time of registration

## Contact information

**Type(s)**
Scientific

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## Additional identifiers

**Protocol serial number**
6840

## Study information

**Scientific Title**
A pilot trial of training in psychological flexibility to improve analgesic prescription for chronic pain in general practice

**Study objectives**

Can a session of training in psychological flexibility (based on Acceptance and Commitment Therapy [ACT]) have an affect on the way GPs prescribe opioid analgesics to patients with chronic pain and their wellbeing, compared with a control condition?

### Ethics approval required
Old ethics approval format

### Ethics approval(s)
Bath Research Ethics Committee, 01/09/2008, ref: 08/H0101/115

### Primary study design
Interventional

### Study design
Multicentre non-randomised interventional trial

### Study type(s)
Treatment

### Health condition(s) or problem(s) studied
Topic: Generic Health Relevance and Cross Cutting Themes, Primary Care Research Network for England; Subtopic: Generic Health Relevance (all Subtopics); Disease: Other

### Interventions
Intervention group: half a day lecture session with exercises and group work using principles of ACT - psychological flexibility and mindfulness.
Control group: half a day lecture session on guidelines related to pain and exercises and group work based on motivational interviewing techniques.

Follow-up questionnaires two weeks later. Fifty minute lecture on prescribing opioids for persistent pain (all participants).

### Intervention Type
Other

### Phase
Phase II

### Primary outcome(s)
GP self-reported prescribing, measured at the start of the training day, and two weeks later.

### Key secondary outcome(s)
Psychological acceptance, measured at the start of the training day, at the end of the training day, and two weeks later.

### Completion date
01/10/2011

## Eligibility

### Key inclusion criteria
1. Must be a general practitioner
2. Either sex, any age

### Participant type(s)
Patient

### Healthy volunteers allowed
No

### Age group
Other

### Sex
All

### Key exclusion criteria
Does not meet inclusion criteria

### Date of first enrolment
01/09/2009

### Date of final enrolment
01/10/2011

## Locations

### Countries of recruitment
United Kingdom

England

### Study participating centre
**University of Bath**
Bath
United Kingdom
BA2 7AY

## Sponsor information

### Organisation
University of Bath (UK)

### ROR
https://ror.org/002h8g185

# Funder(s)

**Funder type**
Industry

**Funder Name**
Reckitt Benckiser (UK)

# Results and Publications

**Individual participant data (IPD) sharing plan**

**IPD sharing plan summary**
Not provided at time of registration