

# IBD-RESPONSE – predicting treatment response in Crohn’s disease and ulcerative colitis

<b>Submission date</b> 17/11/2021	<b>Recruitment status</b> Recruiting	<input checked="" type="checkbox"/> Prospectively registered <input checked="" type="checkbox"/> Protocol
<b>Registration date</b> 29/12/2021	<b>Overall study status</b> Ongoing	<input type="checkbox"/> Statistical analysis plan <input type="checkbox"/> Results
<b>Last Edited</b> 30/10/2025	<b>Condition category</b> Digestive System	<input type="checkbox"/> Individual participant data <input checked="" type="checkbox"/> Record updated in last year

## Plain English summary of protocol

### Background and study aims

Crohn's disease and ulcerative colitis (UC) are types of a bowel condition known as inflammatory bowel disease (IBD) and the symptoms (diarrhoea, pain, fatigue) have a major impact on daily life. IBD affects around 1 in 125 people in the UK and this is expected to rise to 1 in 100 by 2028. "Biologics" are powerful medications that are given to reduce inflammation in IBD. These treatments can be effective but up to 40% of patients don't respond, and in those that do, many don't respond well enough to stay on the drug after one year of treatment. Unfortunately, we have no way to predict which patients are most likely to benefit from treatment (known as responders), and we do not fully understand how medications work in responders. As these drugs may have serious side effects and are expensive to the NHS, this lack of understanding is a major obstacle in deciding which treatment is best to give to an individual patient, and when to give it to them in order to have the greatest benefit and the least risk. Recent data from small studies in people with IBD and larger studies of people with cancer, show that certain bacteria in stool may predict who will respond or fail to respond to treatments.

### Who can participate?

We will recruit 1,325 patients starting biological therapy in IBD as part of routine NHS care from 40 centres across the UK.

### What does the study involve?

We will collect stool, blood and where possible intestinal biopsies during routine endoscopy (camera into the gut), to study the gut bacteria before, and during, these treatments.

### What are the possible benefits and risks of participating?

**Benefits:** In the short term this study will not help the participant directly as the results will not change any standard of care treatment received. However, the information we get from this study will help to improve our understanding of the links between gut microbes, genes, diet and Inflammatory Bowel Disease. Our goal is to better understand the complicated relationship between these different factors and Inflammatory Bowel Disease. Our aim is to use this information to create a tool that can predict response to treatment in Inflammatory Bowel Disease. In the future, we hope it will benefit lots of Inflammatory Bowel Disease patients, by helping to select the best drug at the right time for individual patients.

**Risks:** By joining the study, participants will donate blood samples and biopsies (only if you have an endoscopy during the study period), which are routinely collected as part of the participants clinical standard of care. Blood sampling can cause momentary discomfort and may cause a small bruise. The biopsy procedure carries a small risk of bleeding and there is a very minimal risk, that the procedure could create a hole in the bowel (perforation). The specific risks of undergoing a colonoscopy or flexible sigmoidoscopy are discussed with the participant in line with the NHS consent process for each endoscopic procedure as part of standard NHS practice.

Where is the study run from?  
Newcastle Clinical Trials Unit (UK)

When is the study starting and how long is it expected to run for?  
January 2021 to December 2026

Who is funding the study?  
1. Medical Research Council (UK)  
2. Leona M. and Harry B. Helmsley Charitable Trust (USA)

Who is the main contact?  
IBD.Response@newcastle.ac.uk

## Contact information

**Type(s)**  
Scientific

**Contact name**  
Dr Victoria Hildreth

**Contact details**  
Newcastle Clinical Trials Unit, Baddiley-Clark Building, Newcastle University, Richardson Road  
Newcastle upon Tyne  
United Kingdom  
NE2 4AX  
-  
IBD.Response@newcastle.ac.uk

**Type(s)**  
Scientific

**Contact name**  
Dr Dean Allerton

**Contact details**  
Newcastle Clinical Trials Unit, Baddiley-Clark Building, Newcastle University, Richardson Road  
Newcastle upon Tyne  
United Kingdom  
NE2 4AX  
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IBD.Response@newcastle.ac.uk

**Type(s)**

Scientific

**Contact name**

Prof Christopher Lamb

**Contact details**

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Newcastle upon Tyne  
United Kingdom  
NE2 4AX

-

christopher.lamb@newcastle.ac.uk

**Type(s)**

Scientific

**Contact name**

Dr Naomi McGregor

**Contact details**

Newcastle Clinical Trials Unit, Baddiley-Clark Building, Newcastle University, Richardson Road  
Newcastle upon Tyne  
United Kingdom  
NE2 4AX

-

IBD.Response@newcastle.ac.uk

## Additional identifiers

**Clinical Trials Information System (CTIS)**

Nil known

**Integrated Research Application System (IRAS)**

295742

**Protocol serial number**

CPMS 49964, MR/T032162/1, IRAS 295742

## Study information

**Scientific Title**

Defining microbial predictors of responsiveness to biologic therapies in Crohn's disease and ulcerative colitis

**Acronym**

IBD-RESPONSE

**Study objectives**

To identify and validate a predictive model for response or failure to respond to biologic and janus kinase inhibitor (JAKi) therapies in Crohn's disease (CD) and ulcerative colitis (UC), the major forms of inflammatory bowel disease (IBD), using microbiome (including microbial species and functional data), metabolome and integrated clinical and human genome data.

### **Ethics approval required**

Old ethics approval format

### **Ethics approval(s)**

Approved 16/08/2021, Wales Research Ethics Committee 5 (Health and Care Research Wales Support and Delivery Centre, Castlebridge 4, 15-19 Cowbridge Road East, Cardiff, CF11 9AB, UK; +44 1874 615950; Wales.REC5@Wales.nhs.uk), ref: 21/WA/0228

### **Study design**

Observational cohort study

### **Primary study design**

Observational

### **Study type(s)**

Screening

### **Health condition(s) or problem(s) studied**

Crohn's disease and ulcerative colitis

### **Interventions**

Current interventions as of 19/12/2024:

This is a multi-centre, observational cohort study with 40 centres across the United Kingdom. We will aim to recruit 1325 participants over 27 months. Patients will be identified by the gastroenterology teams and be screened against the study eligibility criteria using the patients' medical records. Eligible patients will have the study explained to them by a member of the study team and be given the Patient information sheet for further information. Patients (up to 300 patients) who are diagnosed with Crohn' disease may be asked to be part of the sub-study called CD-metaRESPONSE, which means they complete some extra questionnaires and collect additional samples.

To be eligible for the study, the participant will need to be starting a biologic therapy (an injectable medication used to control inflammation in inflammatory bowel disease e.g. infliximab, adalimumab, vedolizumab or ustekinumab) or a JAK inhibitor medication (tofacitinib) as treatment for Crohn's disease or ulcerative colitis.

The majority of the study will be completed remotely, at participants' home. Each participant will be provided with access to the online database, REDCap, which will be used to provide informed consent, complete questionnaires and track samples. Participants will be enrolled for approximately 54 weeks, with assessments performed at baseline (prior to starting treatment), week 14 (14 weeks after starting treatment) and at week 54 (54 weeks after starting treatment). These visits should align with patients dosing regimen. The IBD-RESPONSE research team at site will be available to support and help with any questions or concerns about the study.

Assessment 1 (Baseline) - (up to 6 weeks prior to starting treatment)

1. Complete questionnaires assessing Health related quality of life; PRO-2 (CD) or PRO-2 (UC), PROMIS-Fatigue, IBD-Control, International Physical Activity Questionnaire (IPAQ) and EQ-5D-5L. Participants dietary habits will also be assessed using Scottish Collaborative Group Food Frequency Questionnaire and for participants in the CDmetaRESPONSE cohort - Kings College London 4-day food diary.

2. Collect Stool Samples at home and send to research team at Newcastle University.

3. If attending a routine clinical appointment, approximately 20ml of blood samples will be collected for analysis.

These samples will be sent to by the research team to Wellcome Sanger Institute for analysis.

Assessment 2 - (14 weeks after starting treatment (ideally +/- 2 weeks but data can be collected between weeks 10-20))

1. Complete questionnaires assessing Health related quality of life; PRO-2 (CD) or PRO-2 (UC), PROMIS-Fatigue, IBD-Control, International Physical Activity Questionnaire (IPAQ) and EQ-5D-5L. Participants dietary habits will also be assessed using Scottish Collaborative Group Food Frequency Questionnaire and for participants in the CDmetaRESPONSE cohort - Kings College London 4-day food diary.

2. Collect Stool Samples at home and send to research team at Newcastle University

3. If attending a routine clinical appointment, approximately 20ml of blood samples will be collected for analysis.

These samples will be sent to by the research team to Wellcome Sanger Institute for analysis.

Assessment 3 - (54 weeks after starting treatment (+/- 6 weeks))

1. Complete questionnaires assessing Health related quality of life; PRO-2 (CD) or PRO-2 (UC), PROMIS-Fatigue, IBD-Control, International Physical Activity Questionnaire (IPAQ) and EQ-5D-5L. Participants dietary habits will also be assessed using Scottish Collaborative Group Food Frequency Questionnaire and for participants in the CDmetaRESPONSE cohort - Kings College London 4-day food diary.

2. Collect Stool Samples at home and send to research team at Newcastle University

3. If attending a routine clinical appointment, approximately 20ml of blood samples will be collected for analysis.

These samples will be sent to by the research team to Wellcome Sanger Institute for analysis.

If a participant change their treatment prior to first follow-up (Assessment 2), they will be asked to complete questionnaires/provide samples required at Assessment 2 at the time of stopping treatment. If you start a new treatment after this, the planned follow-up timeline will restart at Assessment 2, 14 weeks after starting the new treatment.

If the participant changes their treatment after Assessment 2 but before completing Assessment 3, they will be asked to complete questionnaires/provide samples required at Assessment 3 at the time of stopping treatment. If you start a new treatment after this, the planned follow-up timeline will restart at Assessment 2, 14 weeks after starting the new treatment.

If a participant is scheduled for an endoscopy (colonoscopy or flexi sigmoidoscopy) during the study, they will be asked to consent to research team taking up to 12 biopsies for the study. The biopsies will be sent by the research team to Wellcome Sanger Institute (up to 6 biopsies) and to Newcastle University (up to 6 biopsies) for analysis.

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## Previous interventions:

This is a multi-centre, observational cohort study with 40 centres across the United Kingdom. We will aim to recruit 1325 participants over 27 months. Patients will be identified by the gastroenterology teams and be screened against the study eligibility criteria using the patients' medical records. Eligible patients will have the study explained to them by a member of the study team and be given the Patient information sheet for further information. Patients (up to 200 patients) who are diagnosed with Crohn' disease may be asked to be part of the sub-study called CDmetaRESPONSE, which means they complete some extra questionnaires and collect additional samples.

To be eligible for the study, the participant will need to be starting a biologic therapy (an injectable medication used to control inflammation in inflammatory bowel disease e.g. infliximab, adalimumab, vedolizumab or ustekinumab) or a JAK inhibitor medication (tofacitinib) as treatment for Crohn's disease or ulcerative colitis.

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### Assessment 1 (Baseline) - (up to 6 weeks prior to starting treatment)

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2. Collect Stool Samples at home and send to research team at Newcastle University.
3. If attending a routine clinical appointment, approximately 20ml of blood samples will be collected for analysis.

These samples will be sent to by the research team to Wellcome Sanger Institute for analysis.

### Assessment 2 - (14 weeks after starting treatment (ideally +/- 2 weeks but data can be collected between weeks 10-20))

1. Complete questionnaires assessing Health related quality of life; PRO-2 (CD) or PRO-2 (UC), PROMIS-Fatigue, IBD-Control, International Physical Activity Questionnaire (IPAQ) and EQ-5D-5L. Participants dietary habits will also be assessed using Scottish Collaborative Group Food Frequency Questionnaire and for participants in the CDmetaRESPONSE cohort - Kings College London 4-day food diary.
2. Collect Stool Samples at home and send to research team at Newcastle University
3. If attending a routine clinical appointment, approximately 20ml of blood samples will be collected for analysis.

These samples will be sent to by the research team to Wellcome Sanger Institute for analysis.

### Assessment 3 - (54 weeks after starting treatment (+/- 6 weeks))

1. Complete questionnaires assessing Health related quality of life; PRO-2 (CD) or PRO-2 (UC), PROMIS-Fatigue, IBD-Control, International Physical Activity Questionnaire (IPAQ) and EQ-5D-5L. Participants dietary habits will also be assessed using Scottish Collaborative Group Food Frequency Questionnaire and for participants in the CDmetaRESPONSE cohort - Kings College

London 4-day food diary.

2. Collect Stool Samples at home and send to research team at Newcastle University

3. If attending a routine clinical appointment, approximately 20ml of blood samples will be collected for analysis.

These samples will be sent to by the research team to Wellcome Sanger Institute for analysis.

If a participant change their treatment prior to first follow-up (Assessment 2), they will be asked to complete questionnaires/provide samples required at Assessment 2 at the time of stopping treatment. If you start a new treatment after this, the planned follow-up timeline will restart at Assessment 2, 14 weeks after starting the new treatment.

If the participant changes their treatment after Assessment 2 but before completing Assessment 3, they will be asked to complete questionnaires/provide samples required at Assessment 3 at the time of stopping treatment. If you start a new treatment after this, the planned follow-up timeline will restart at Assessment 2, 14 weeks after starting the new treatment.

If a participant is scheduled for an endoscopy (colonoscopy or flexi sigmoidoscopy) during the study, they will be asked to consent to research team taking up to 12 biopsies for the study. The biopsies will be sent by the research team to Wellcome Sanger Institute (up to 6 biopsies) and to Newcastle University (up to 6 biopsies) for analysis.

## **Intervention Type**

Other

## **Primary outcome(s)**

1. Stool frequency and rectal bleeding measured by PRO-2 at 14 weeks
2. Absence of rectal bowel surgery up to 14 weeks (yes/no) measured using patient records
3. Use of oral corticosteroids at 14 weeks (yes/no) measured using patient records

## **Key secondary outcome(s)**

Current secondary outcome measures as of 30/10/2025:

1. Stool frequency and rectal bleeding measured by PRO-2 at baseline, week 14, and week 54
2. Absence of rectal bowel surgery up to 54 weeks (yes/no) measured using patient records
3. Use of oral or intravenous corticosteroids at 14 weeks and 54 weeks (yes/no) measured using patient records
4. Time to treatment escalation (if applicable) up to 54 weeks measured using patient records, defined as:
  - 4.1 Biologic or JAKi switch due to lack of efficacy/those with loss of response (does not include biosimilar switch or switch from i.v. to s.c.).
  - 4.2 Dose intensification of drug due to lack of efficacy (does not include intensification based on therapeutic drug monitoring without flare in responders).
  - 4.3 Re-sectional intestinal surgery (does not include examination under anaesthesia procedures in patients with perianal Crohn's disease).
  - 4.4 Induction or dose escalation of corticosteroids.
5. Time to discontinuation of index drug (if applicable) up to 54 weeks measured using patient records
6. Adverse events up to 54 weeks measured using patient records
7. Development of anti-drug antibodies measured using blood test at week 14 and 54
8. C-reactive protein (CRP) measured using blood test at baseline, week 14, and week 54

9. Faecal calprotectin measured using stool sample at baseline, week 14, and week 54
10. Remission measured by endoscopy during follow up (Mayo endoscopic subscore  $\leq 1$  for ulcerative colitis or SES-CD  $\leq 2$  for Crohn's disease)
11. Quality of life measured using EQ-5D-5L and IBD-Control questionnaires at baseline, week 14, and week 54
12. Physical activity measured using International Physical Activity Questionnaire (IPAQ) at baseline, week 14, and week 54
13. Dietary intake measured using the Scottish Collaborative Group Food Frequency Questionnaire (FFQ) and the Kings College London 4-day food diary for CD-metaRESPONSE sub cohort participants only, at baseline, week 14, and week 54
14. Fatigue measured using the PROMIS-Fatigue 8a Short Form at baseline, week 14, and week 54

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Previous secondary outcome measures:

1. Stool frequency and rectal bleeding measured by PRO-2 at baseline, week 14, and week 54
2. Absence of rectal bowel surgery up to 54 weeks (yes/no) measured using patient records
3. Use of oral corticosteroids at 14 weeks and 54 weeks (yes/no) measured using patient records
4. Time to treatment escalation (if applicable) up to 54 weeks measured using patient records, defined as:
  - 4.1 Biologic or JAKi switch due to lack of efficacy/those with loss of response (does not include biosimilar switch or switch from i.v. to s.c.).
  - 4.2 Dose intensification of drug due to lack of efficacy (does not include intensification based on therapeutic drug monitoring without flare in responders).
  - 4.3 Re-sectional intestinal surgery (does not include examination under anaesthesia procedures in patients with perianal Crohn's disease).
  - 4.4 Induction or dose escalation of corticosteroids.
5. Time to discontinuation of index drug (if applicable) up to 54 weeks measured using patient records
6. Adverse events up to 54 weeks measured using patient records
7. Development of anti-drug antibodies measured using blood test at week 14 and 54
8. C-reactive protein (CRP) measured using blood test at baseline, week 14, and week 54
9. Faecal calprotectin measured using stool sample at baseline, week 14, and week 54
10. Remission measured by endoscopy during follow up (Mayo endoscopic subscore  $\leq 1$  for ulcerative colitis or SES-CD  $\leq 2$  for Crohn's disease)
11. Quality of life measured using EQ-5D-5L and IBD-Control questionnaires at baseline, week 14, and week 54
12. Physical activity measured using International Physical Activity Questionnaire (IPAQ) at baseline, week 14, and week 54
13. Dietary intake measured using the Scottish Collaborative Group Food Frequency Questionnaire (FFQ) and the Kings College London 4-day food diary for CD-metaRESPONSE sub cohort participants only, at baseline, week 14, and week 54
14. Fatigue measured using the PROMIS-Fatigue 8a Short Form at baseline, week 14, and week 54

**Completion date**

31/12/2026

## Eligibility

## Key inclusion criteria

Current key inclusion criteria as of 30/10/2025:

1. Adults aged 16 years and over.
2. Established diagnosis of inflammatory bowel disease: Crohn's disease, ulcerative colitis or IBD-U.
3. Willing and able to provide informed consent.
4. Willing to undertake the following study procedures:
  - 4.1. Completion of questionnaires.
  - 4.2. Collection of stool specimens at home.
  - 4.3. Provision of the requested biosamples during visits to hospital.
5. Intention of clinical team to commence anti-TNF $\alpha$  (infliximab or adalimumab), anti-integrin (vedolizumab), anti-IL12/23 (ustekinumab) biologic or JAKi (tofacitinib, filgotinib or upadactinib) /SP1 receptor modulator (ozanimod) therapy, for active luminal IBD.
6. Additional inclusion criteria for patients with Crohn's disease
7. Patients with Crohn's disease must have at least one of the following documented within 16 weeks prior to consent:
  8. Faecal calprotectin  $\geq 250$   $\mu\text{g/g}$ .
  9. CRP  $\geq 6$  mg/L.
  10. Any endoscopic evidence of active Crohn's disease, defined as ulceration (with at least one ulcer  $\geq 5$ mm) judged locally from available clinical data (as an approximation equivalent to SES-CD of  $\geq 4$  for ileal disease or  $\geq 6$  for ileocolonic or colonic disease. This can be estimated retrospectively from clinical record and does not have to be prospectively calculated). Participants with endoscopic evidence of jejunal disease can also be recruited.
11. Active inflammatory disease on imaging (MRI/CT/ultrasound) judged locally from available clinical data.
12. Additional inclusion criteria for participants with ulcerative colitis
13. Patients with ulcerative colitis must have at least one of the following documented within 16 weeks prior to consent:
  14. Faecal calprotectin  $\geq 250$   $\mu\text{g/g}$
  15. CRP  $\geq 6$  mg/L
  16. Any endoscopic evidence of at least moderately active ulcerative colitis (of any extent including proctitis), defined as features of Mayo endoscopy sub-score  $\geq 2$  (marked erythema, lack of vascular pattern, friability, erosions, spontaneous bleeding or ulceration). This assessment will be judged locally and retrospectively from available clinical data and does not have to be prospectively calculated.
17. NOTE: Patients do not have to be biologic-naïve. Any additional biologics or small molecule newly licensed for Crohn's disease or ulcerative colitis during the IBD-RESPONSE planned study period will also be suitable to allow inclusion.

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Previous key inclusion criteria:

1. Adults aged 16 years and over.
2. Established diagnosis of inflammatory bowel disease: Crohn's disease, ulcerative colitis or IBD-U.
3. Already participating or willing to participate in IBD BioResource.
4. Willing and able to provide informed consent.
5. Willing to undertake the following study procedures:
  - 5.1. Completion of questionnaires.

- 5.2. Collection of stool specimens at home.
- 5.3. Provision of the requested biosamples during visits to hospital.
6. Intention of clinical team to commence anti-TNF $\alpha$  (infliximab or adalimumab), anti-integrin (vedolizumab), anti-IL12/23 (ustekinumab) biologic or JAKi (tofacitinib) therapy, for active luminal IBD within 6 weeks.
7. Additional inclusion criteria for patients with Crohn's disease
8. Patients with Crohn's disease must have at least one of the following documented within 12 weeks prior to consent:
  9. Faecal calprotectin  $\geq 250$   $\mu\text{g/g}$ .
  10. CRP  $\geq 6$  mg/L.
  11. Any endoscopic evidence of active Crohn's disease, defined as ulceration (with at least one ulcer  $\geq 5$ mm) judged locally from available clinical data (as an approximation equivalent to SES-CD of  $\geq 4$  for ileal disease or  $\geq 6$  for ileocolonic or colonic disease. This can be estimated retrospectively from clinical record and does not have to be prospectively calculated).
  12. Active inflammatory disease on imaging (MRI/CT/ultrasound) judged locally from available clinical data.
13. Additional inclusion criteria for participants with ulcerative colitis
14. Patients with ulcerative colitis must have at least one of the following documented within 12 weeks prior to consent:
  15. Faecal calprotectin  $\geq 250$   $\mu\text{g/g}$
  16. CRP  $\geq 6$  mg/L
  17. Any endoscopic evidence of at least moderately active ulcerative colitis (of any extent including proctitis), defined as features of Mayo endoscopy sub-score  $\geq 2$  (marked erythema, lack of vascular pattern, friability, erosions, spontaneous bleeding or ulceration). This assessment will be judged locally and retrospectively from available clinical data and does not have to be prospectively calculated.
18. NOTE: Patients do not have to be biologic-naïve. Any additional biologics or small molecule newly licensed for Crohn's disease or ulcerative colitis during the IBD-RESPONSE planned study period will also be suitable to allow inclusion.

### **Participant type(s)**

Patient

### **Healthy volunteers allowed**

No

### **Age group**

Adult

### **Lower age limit**

16 years

### **Sex**

All

### **Key exclusion criteria**

Current key exclusion criteria as of 30/10/2025:

1. Receiving oral corticosteroids for any indication where the dose is unlikely to be weaned by week 14.
2. Planned bowel resection surgery within 14 weeks of commencing therapy.

3. Biologic or JAKi being commenced as rescue therapy for acute severe ulcerative colitis (ASUC).
4. Biologic or JAKi being commenced as part of CTIMP.
5. Ileal pouch anal anastomosis.
6. Presence of a stoma.
7. Perianal Crohn's disease in absence of active luminal inflammation.
8. Faecal microbial transplantation (FMT) within the preceding 12 weeks or planned FMT within 14 weeks of commencing biologic or JAKi.
9. Antibiotics or short-term (<=4 weeks) course of probiotics within the preceding 2 weeks.
10. Known carrier of blood-borne viruses precluding sample handling at central laboratories, including HIV and Hepatitis C
11. NOTE: Use of long-term (>4 weeks), stable doses of probiotics is not an exclusion from this study but should be noted in the CRF. Use of antibiotics or prior FMT outside of the exclusion time period are not exclusions. Antibiotic use in the preceding 1 year and ever having received FMT will be noted in the CRF.

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Previous key exclusion criteria:

1. Receiving oral corticosteroids for any indication where the dose is unlikely to be weaned by week 14.
2. Planned bowel resection surgery within 14 weeks of commencing therapy.
3. Biologic or JAKi being commenced as rescue therapy for acute severe ulcerative colitis (ASUC).
4. Biologic or JAKi being commenced as part of CTIMP.
5. Ileal pouch anal anastomosis.
6. Presence of a stoma.
7. Perianal Crohn's disease in absence of active luminal inflammation.
8. Faecal microbial transplantation (FMT) within the preceding 12 weeks or planned FMT within 14 weeks of commencing biologic or JAKi.
9. Antibiotics or short-term (<=4 weeks) course of probiotics within the preceding 2 weeks.
10. NOTE: Use of long-term (>4 weeks), stable doses of probiotics is not an exclusion from this study but should be noted in the CRF. Use of antibiotics or prior FMT outside of the exclusion time period are not exclusions. Antibiotic use in the preceding 1 year and ever having received FMT will be noted in the CRF.

**Date of first enrolment**

31/12/2021

**Date of final enrolment**

31/08/2026

## **Locations**

**Countries of recruitment**

United Kingdom

England

Scotland

Wales

**Study participating centre**

**Freeman Hospital**

Newcastle Upon Tyne Hospitals NHS Foundation Trust  
Freeman Road  
High Heaton  
Newcastle  
United Kingdom  
NE7 7DN

**Study participating centre**

**Royal Devon and Exeter Hospital**

Royal Devon and Exeter NHS Hospital Foundation Trust  
Barrack Road  
Exeter  
United Kingdom  
EX2 5DW

**Study participating centre**

**St Thomas's Hospital**

249 Westminster Bridge Road  
London  
United Kingdom  
SE1 7EH

**Study participating centre**

**NHS Lothian**

2 - 4 Waterloo Place  
Edinburgh  
United Kingdom  
EH1 3EG

**Study participating centre**

**The Royal London Hospital**

80 Newark Street  
London  
United Kingdom  
E1 2ES

**Study participating centre**

**St. Mary's Hospital**

Imperial College Healthcare NHS Trust  
Praed Street  
London  
United Kingdom  
W2 1NY

**Study participating centre****John Radcliffe Hospital**

Headley Way  
Oxford  
United Kingdom  
OX3 9DU

**Study participating centre****Hull Royal Infirmary**

Hull and East Yorkshire Hospital NHS Trust.  
Anlaby Road  
Hull  
United Kingdom  
HU3 2JZ

**Study participating centre****Lister Hospital**

East and North Hertfordshire NHS Trust  
Coreys Mill Lane  
Stevenage  
United Kingdom  
SG1 4AB

**Study participating centre****New Cross Hospital**

The Royal Wolverhampton NHS Trust  
Wolverhampton Road  
Heath Town  
Wolverhampton  
United Kingdom  
WV10 0QP

**Study participating centre**

**Royal Liverpool University Hospital**  
Liverpool University Hospitals NHS Foundation Trust  
Prescot Street  
Liverpool  
United Kingdom  
L7 8XP

**Study participating centre**  
**Kettering General Hospital NHS Foundation Trust**  
Rothwell Road  
Kettering  
United Kingdom  
NN16 8UZ

**Study participating centre**  
**The Shrewsbury and Telford Hospital NHS Trust**  
Mytton Oak Road  
Shrewsbury  
United Kingdom  
SY3 8XQ

**Study participating centre**  
**Royal Berkshire Hospital**  
Royal Berkshire NHS Foundation Trust  
London Road  
Reading  
United Kingdom  
RG1 5AN

**Study participating centre**  
**Queen Elizabeth Hospital**  
University Hospitals Birmingham NHS Foundation Trust  
Mindelsohn Way  
Edgbaston  
Birmingham  
United Kingdom  
B15 2GW

**Study participating centre**  
**St. James's University Hospital**  
Leeds Teaching Hospitals NHS Trust

Beckett Street  
Leeds  
United Kingdom  
LS9 7TF

**Study participating centre**

**Torbay Hospital**

Torbay and South Devon NHS Foundation Trust  
Newton Road  
Torquay  
United Kingdom  
TQ2 7AA

**Study participating centre**

**Southampton General Hospital**

University Hospital Southampton NHS Foundation Trust  
Tremona Road  
Southampton  
United Kingdom  
SO16 6YD

**Study participating centre**

**University College London Hospitals NHS Foundation Trust**

250 Euston Road  
London  
United Kingdom  
NW1 2PG

**Study participating centre**

**St George's Hospital**

St George's University Hospitals NHS Foundation Trust  
Blackshaw Road  
Tooting  
London  
United Kingdom  
SW17 0QT

**Study participating centre**

**Royal United Hospitals Bath NHS Foundation Trust**

Combe Park  
Bath

United Kingdom  
BA1 3NG

**Study participating centre**  
**Swansea Bay University Local Health Board**  
One Talbot Gateway  
Seaway Drive  
Seaway Parade Industrial Estate  
Baglan  
Port Talbot  
United Kingdom  
SA12 7BR

**Study participating centre**  
**Poole Hospital**  
University Hospitals Dorset NHS Foundation Trust  
Longfleet Road  
Poole  
United Kingdom  
BH15 2JB

**Study participating centre**  
**Musgrove Park Hospital**  
Somerset NHS Foundation Trust  
Taunton  
United Kingdom  
TA1 5DA

**Study participating centre**  
**King's College Hospital NHS Foundation Trust**  
Denmark Hill  
London  
United States of America  
SE5 9RS

**Study participating centre**  
**Cardiff & Vale University LHB**  
Woodland House  
Maes-Y-Coed Road

Cardiff  
United Kingdom  
CF14 4HH

**Study participating centre**

**Addenbrookes**  
Addenbrookes Hospital  
Hills Road  
Cambridge  
United Kingdom  
CB2 0QQ

**Study participating centre**

**University Hospital Coventry & Warwickshire**  
Clifford Bridge Road  
Walsgrave  
Coventry  
United Kingdom  
CV2 2DX

**Study participating centre**

**Darlington Memorial Hospital**  
Hollyhurst Road  
Darlington  
United Kingdom  
DL3 6HX

**Study participating centre**

**Macclesfield District General Hospital**  
Macclesfield District Hospital  
Victoria Road  
Macclesfield  
United Kingdom  
SK10 3BL

**Study participating centre**

**East Surrey Hospital**  
Canada Avenue  
Redhill  
United Kingdom  
RH1 5RH

**Study participating centre**

**Wythenshawe Hospital**

Southmoor Road  
Wythenshawe  
Manchester  
United Kingdom  
M23 9LT

**Study participating centre**

**Norfolk and Norwich University Hospital**

Colney Lane  
Colney  
Norwich  
United Kingdom  
NR4 7UY

**Study participating centre**

**Fairfield Hospital**

Fairfield Hospital  
Crank Road  
Crank  
St. Helens  
United Kingdom  
WA11 7RS

**Study participating centre**

**North Tyneside General Hospital**

North Tyneside General Hospital  
Rake Lane  
North Shields  
United Kingdom  
NE29 8NH

**Study participating centre**

**Royal Free Hospital**

Royal Free Hospital  
Pond Street  
London  
United Kingdom  
NW3 2QG

**Study participating centre**

**Salford Royal Hospital**

Stott Lane  
Eccles  
Salford  
United Kingdom  
M6 8HD

**Study participating centre**

**Kings Mill Hospital**

Kings Mill Hospital  
Mansfield Road  
Sutton-in-ashfield  
United Kingdom  
NG17 4JL

**Study participating centre**

**The James Cook University Hospital**

Marlon Road  
Middlesbrough  
United Kingdom  
TS4 3BW

**Study participating centre**

**South Tyneside Hospital**

South Tyneside District Hospital  
Harton Lane  
South Shields  
United Kingdom  
NE34 0PL

**Study participating centre**

**Ealing Hospital**

Ealing Hospital  
Uxbridge Road  
Southall  
United Kingdom  
UB1 3HW

**Study participating centre****St Marks Hospital**

St Marks Hospital

Watford Road

Harrow

United Kingdom

HA1 3UJ

**Study participating centre****Royal Sussex County Hospital**

Eastern Road

Brighton

United Kingdom

BN2 5BE

**Study participating centre****Queen Elizabeth University Hospital**

1345 Govan Road

Glasgow

United Kingdom

G51 4TF

**Study participating centre****Ninewells Hospital and Medical School**

James Arrott Drive

Dundee

United Kingdom

DD1 9SY

**Sponsor information****Organisation**

Newcastle upon Tyne Hospitals NHS Foundation Trust

**ROR**

<https://ror.org/05p40t847>

**Funder(s)**

**Funder type**

Research council

**Funder Name**

Medical Research Council

**Alternative Name(s)**

Medical Research Council (United Kingdom), UK Medical Research Council, Medical Research Committee and Advisory Council, MRC

**Funding Body Type**

Government organisation

**Funding Body Subtype**

National government

**Location**

United Kingdom

**Funder Name**

Leona M. and Harry B. Helmsley Charitable Trust

**Alternative Name(s)**

Helmsley Charitable Trust, The Leona M. and Harry B. Helmsley Charitable Trust, Leona M. & Harry B. Helmsley Charitable Trust, The Helmsley Charitable Trust, The Leona M and Harry B Helmsley Charitable Trust, Helmsley

**Funding Body Type**

Private sector organisation

**Funding Body Subtype**

Trusts, charities, foundations (both public and private)

**Location**

United States of America

## Results and Publications

**Individual participant data (IPD) sharing plan**

Raw data files in the original format (e.g., fastq) and the accompanying phenotypic data will be uploaded to the NCBI database of Genotypes and Phenotypes (dbGaP) at <https://www.ncbi.nlm.nih.gov/gap/>. Appropriate fully anonymised study data will be also be linked from the data.ncl.ac.uk institutional research data repository, and archived by the HDRUK IBD Digital Innovation Hub "G.I. Know" funded by UKRI. Our policy is to make the study data available 6 months after the full, cleaned data set is available.

## IPD sharing plan summary

Stored in publicly available repository

### Study outputs

Output type	Details	Date created	Date added	Peer reviewed?	Patient-facing?
<a href="#">Protocol article</a>		17/04/2024	18/04/2024	Yes	No
<a href="#">HRA research summary</a>			28/06/2023	No	No
<a href="#">Participant information sheet</a>	version 5.0	09/06/2023	23/01/2024	No	Yes
<a href="#">Study website</a>	Study website	11/11/2025	11/11/2025	No	Yes