

# A comparison between traditional surgical technology and implant technology manufactured through 3D printing for nasal repair in patients with cleft lip

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<b>Registration date</b> 21/06/2024	<b>Overall study status</b> Completed	<input type="checkbox"/> Statistical analysis plan <input type="checkbox"/> Results
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## Plain English summary of protocol

### Background and study aims

A cleft lip is one of the most common congenital clefts in the facial area. The nasal deformity following bilateral lip clefts has a severe and direct impact on the patient's appearance and psychological health. Many severe deformities may hinder the patient's breathing and speech, and many post-cleft nasal repair surgeries have chosen to cut cartilage grafts from the ribs (costal cartilaginous graft) because it has proven effective in obtaining excellent surgical results. In this study, the researchers attempt to avoid the disadvantages of traditional open-technique surgery in nasal repair by shortening the time and avoiding a second surgery for the donor area by using 3D printing and designing customized biocompatible silicone implants. This study will be the world's first controlled, randomized, two-group study that will compare the traditional surgical approach (rhinoplasty) with costal cartilaginous grafts and implants manufactured for nasal repair in patients with cleft lip.

### Who can participate?

Patients aged 18 years and over undergoing cleft lip closure and needing nasal repair

### What does the study involve?

Participants are randomly allocated to one of two groups. Patients in the control group will undergo rhinoplasty and receive a costal cartilaginous graft. Patients in the experimental group will undergo rhinoplasty and receive 3D-printed biocompatible silicone implants.

### What are the possible benefits and risks of participating?

Possible benefits are restoring aesthetic, speech and breathing function for patients. Possible risks are on the same level as any surgical operation or procedure.

### Where is the study run from?

Al-Assad Hospital (Syria)

When is the study starting and how long is it expected to run for?  
January 2024 to April 2025

Who is funding the study?  
Investigator initiated and funded

Who is the main contact?

1. Dr Fatima Elmi, fatimaelmi14@gmail.com
2. Prof. Dr Bassel Brad, bassel.brad@damascusuniversity.edu.sy
3. PD Dr Dr Lie Li

## Contact information

### Type(s)

Public, Scientific, Principal investigator

### Contact name

Dr Fatima Elmi

### ORCID ID

<https://orcid.org/0000-0002-3528-2779>

### Contact details

Mazzeh Highway  
Damascus University  
Damascus  
Syria  
0000  
+963 (0)937371462  
fatimaelmi14@gmail.com

### Type(s)

Scientific

### Contact name

Prof Bassel Brad

### ORCID ID

<https://orcid.org/0000-0002-2428-5499>

### Contact details

Mezzeh Highway  
Damascus  
Syria  
0000  
+963 (0)955873388  
bassel.brad@damascusuniversity.edu.sy

## Additional identifiers

## Clinical Trials Information System (CTIS)

Nil known

### Protocol serial number

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## Study information

### Scientific Title

Comparison between the conventional surgical technique and implants manufactured by 3D printing regarding cleft lip rhinoplasty patients

### Study objectives

Null hypothesis:

The studied groups are equal, and there is no significant difference in nasal repair between the traditional surgical technique and implants manufactured by 3D printing in the research variables studied among cleft lip patients.

Alternative hypothesis:

The groups studied are not equal, and there is a significant difference in nasal repair between the traditional surgical technique and implants manufactured by 3D printing in the research variables studied among cleft lip patients.

### Ethics approval required

Ethics approval not required

### Ethics approval(s)

Approved 14/05/2024, the medical research committee at Damascus University faculty of dental medicine, +963 (0)944703131, +963 (0)940404840, +963 (0)966195484; abeer79.

aljoujou@damascusuniversity.edu.sy, Mohammad.hajeer@damascusuniversity.edu.dy, khaldoun.darwich@damascusuniversity.edu.sy, ref: DN-290424-232

### Study design

Multicenter interventional randomized clinical trial

### Primary study design

Interventional

### Study type(s)

Other, Quality of life, Treatment, Safety

### Health condition(s) or problem(s) studied

Cleft lip

### Interventions

Following sample enrollment and recruitment, the sample is randomly divided into two groups for this investigation via <https://randomizer.org/>. Patients in the control group will undergo rhinoplasty (open technique) and receive a costal cartilaginous graft.

Patients in the experimental group will undergo rhinoplasty (open technique) and receive 3D-printed biocompatible silicone implants.

## **Intervention Type**

Procedure/Surgery

## **Primary outcome(s)**

1. Symmetry measured using geometric morphometrics-based Holistic Facial Asymmetry Score (HFAS)  
at baseline, preoperative, 1 week and 4 months postoperatively
2. Pain following surgical intervention is measured using the visual analogue score (VAS) at baseline, 24, 48 and 72 hours

## **Key secondary outcome(s)**

1. Surgical operation time: the duration of each surgery will be calculated in minutes by subtracting the time of leaving the OR from the time of entering the OR. Based on the scheduled duration, the calculated durations were categorized as either overestimation or underestimation. Finally, each independent variable was categorized and coded for analysis (one timepoint - intraoperative).
2. Patient satisfaction measured using the Revised American Pain Society Patient Outcome Questionnaire (APS-POQ-R) at three timepoints: baseline, 24 and 72 hours
3. Bioreceptivity – bioacceptance measured by examining the following:
  - 3.1. Implant's biological function: by accurately assessing the implant's biological function, one can determine how well the implant interacts with the surrounding tissue. Measured at 1 week, 1 month and 3 months postoperatively.
  - 3.2. Biodegradation analysis: entails assessing how a biological system interacts with the body by examining the processes of biodegradation and tissue integration. Measured at 1 week, 1 month and 3 months postoperatively.
  - 3.3. Evaluation of swelling and inflammation: the degree of swelling and inflammation can be quantified as a measure of implant acceptability. Measured at 1 week, 1 month and 3 months postoperatively.
  - 3.4. Cell distribution study: the distribution and kinds of cells surrounding and inside the implant can be examined to determine its biological acceptability. Measured at 1 week, 1 month and 3 months postoperatively.

## **Completion date**

14/04/2025

## **Eligibility**

### **Key inclusion criteria**

1. Older than 17 years old
2. The patient must not have a history of syndrome or any atrophy in the middle third of the face affecting the nasal structures
4. The patient must not have had a previous nose repair operation
5. The lip closure process should be performed using similar techniques
6. There is no case of pregnancy if the patient is female
7. There is no maxillofacial pain in the target area
8. There is no compensation or metal instrument in the body that may interfere with the resonator's magnetic field

### **Participant type(s)**

Patient

**Healthy volunteers allowed**

No

**Age group**

Adult

**Lower age limit**

18 years

**Upper age limit**

45 years

**Sex**

Male

**Total final enrolment**

20

**Key exclusion criteria**

1. Younger than 18 years old
2. The patient has a history of syndrome
3. There is atrophy in the middle third of the face, which affects the nasal structures
4. There is any compensator or metal instrument in the body that may interfere with the field of the PCI magnet resonator

**Date of first enrolment**

20/05/2024

**Date of final enrolment**

20/02/2025

**Locations****Countries of recruitment**

Syria

**Study participating centre**

Assad University Hospital

MazzeH Highway

Damascus

Syria

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**Sponsor information**

**Organisation**

Damascus University

**ROR**

<https://ror.org/03m098d13>

**Organisation**

University Hospital Oldenburg

**Funder(s)****Funder type**

Other

**Funder Name**

Investigator initiated and funded

**Results and Publications****Individual participant data (IPD) sharing plan**

The data-sharing plans for the current study are unknown and will be made available at a later date

**IPD sharing plan summary**

Data sharing statement to be made available at a later date