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Working with WRAP

Submission date	Recruitment status	[ ] Prospectively registered
03/04/2015	No longer recruiting	[ ] Protocol
Registration date	**Overall study status**	[ ] Statistical analysis plan
17/04/2015	Completed	[ ] Results
Last Edited	**Condition category**	[ ] Individual participant data
17/04/2015	Mental and Behavioural Disorders	[ ] Record updated in last year

Plain English summary of protocol

Background and study aims
People with severe mental illness have great difficulties in finding and keeping a job. IPS Supported Employment is a model provided by community mental health services to help those people get a job. However, despite this help, many participants still find it difficult to remain in employment.
Wellness Recovery Action Plan (WRAP) is a method which help people with severe mental illness to get more self-insight, build self-management competencies and strengthen their psychological recovery.
The aim of this study is to find out if combining IPS Supported Employment and WRAP increases chances of finding and keeping a job.

Who can participate?
Adults with severe mental illness using the services of four mental health agencies.

What does the study involve?
Participants are randomly allocated to one of two groups: IPS Supported Employment plus WRAP or IPS Supported Employment only. The work situation is assessed and participants fill in questionnaires at the start of the study, after six and 12 months.
Interviews of employment specialists as well to discuss benefits of WRAP.

What are the possible benefits and risks of participating?
There are no risks involved. All participants free to join or not to join.

Where is the study run from?
Led by the Trimbos Institute and conducted in partnership with the knowledge centre Phrenos. Four mental health agencies involved (Netherlands).

When is the study starting and how long is it expected to run for?
January 2013 to March 2015

Who is funding the study?
“ZonMw” programme ‘Participation and health’ ((Netherlands)

Who is the main contact?
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Contact information

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Protocol serial number
208030009-ZonMw

Study information

Scientific Title

Enhancement of sustainable work in people with severe mental illness through Wellness Recovery Action Planning (WRAP) added to IPS Supported Employment: an explorative effectiveness study.

Acronym
WRAP

Study objectives
WRAP added to supported employment increases employability in people with severe mental illness.

Ethics approval required
Old ethics approval format

Ethics approval(s)
UMC Utrecht METC (Medical Research Ethics Committee), 09/10/2012, protocol number 12-490 /C

Primary study design
Interventional

Study design
Multi-centre interventional randomised controlled trial

Study type(s)
Quality of life

Health condition(s) or problem(s) studied
Severe mental illness

Interventions
Control or comparison condition is: Care as usual for people with severe mental illness who are client of case management teams of mental health services combined with IPS supported employment.
Experimental condition: WRAP = Wellness Recovery Action Plan added to care as usual for people with severe mental illness who are client of case management teams of mental health services combined with IPS Supported Employment.

Intervention Type

Primary outcome(s)
1. Paid employment yes or no measured by monitoring though IPS employment specialists
2. Degree of self-reported Job satisfaction measured by the Indiana Job Satisfaction; Questionnaire (2 sub scales: a. overall job satisfaction, and b. perceived job match)
3. Self-reported well-being in emotional role functioning measured by RAND-36 (sub scale)

Measured at the start of the study, after six and 12 months.

Key secondary outcome(s)

1. Self-reported self-efficacy measured by the Mental Health Self Confidence scale
2. Self-reported empowerment measured by the Dutch Empowerment scale (2 sub scales: a. own wisdom and b. self-management)

Measured at the start of the study, after six and 12 months.

Completion date
01/06/2015

Eligibility

Key inclusion criteria
1. Being employed at randomisation phase
2. 18 years old or older
3. Agreeing to participate in the study
4. Informed consent

Participant type(s)
Mixed

Healthy volunteers allowed
No

Age group
Adult

Lower age limit
18 Years

Sex
All

Key exclusion criteria
Having participated in WRAP in the year before trial start

Date of first enrolment
18/01/2013

Date of final enrolment
04/01/2014

Locations

Countries of recruitment
Netherlands

Study participating centre

GGzE
Eindhoven
Netherlands

Study participating centre
GGZ Noord-Holland-Noord
Alkmaar
Netherlands

Study participating centre
AMC-VIP team
Amsterdam
Netherlands

Study participating centre
Lentis
Groningen
Netherlands

Sponsor information

Organisation
Trimbos Institute

ROR
https://ror.org/02amggm23

Funder(s)

Funder type
Government

Funder Name
The Netherlands Organisation for Health Research and Development ("ZonMw")

Results and Publications

Individual participant data (IPD) sharing plan

IPD sharing plan summary
Available on request