

Social-environmental, psychological and physical approaches to stroke rehabilitation

Submission date 25/04/2003	Recruitment status No longer recruiting	☐ Prospectively registered ☐ Protocol
Registration date 25/04/2003	Overall study status Completed	☐ Statistical analysis plan ☒ Results
Last Edited 30/10/2009	Condition category Circulatory System	☐ Individual participant data

Plain English summary of protocol
Not provided at time of registration

Contact information

Type(s)
Scientific

Contact name
Prof David Barer

Contact details
Department of Medicine (Geriatric Medicine)
University of Newcastle upon Tyne
Queen Elizabeth Hospital
Newcastle upon Tyne
United Kingdom
NE9 6SX
+44 (0)191 445 2850
D.H.Barer@NCL.ac.uk

Additional identifiers

Protocol serial number
HTA 93/03/11

Study information

Scientific Title

Study objectives

This COLlaborative STroke Audit and Research (COSTAR) group study will evaluate "social", "psychological" or "physical" approaches to rehabilitation of stroke patients in the community, aiming to help families adjust to life after a stroke and reduce long term distress. About 400 patients will be recruited to a randomised controlled trial in Newcastle to receive one, two or none of the interventions in a factorial design allowing the three approaches and the interactions between them to be assessed. This study will be linked with trials of cognitive /behavioural therapy, community occupational therapy and "leisure rehabilitation" being undertaken in Nottingham and with other controlled trials of similar services being planned at other COSTAR centres, in an "epi-analysis" (pre-planned collaboration using standard clinical measures). This large collaboration will provide reliable information on the cost-effectiveness of different forms of community care for stroke patients and their families.

Please note that, as of 25 January 2008, the anticipated end date of this ISRCTN record was updated from 29 February 2000 to 30 November 2001.

Ethics approval required

Old ethics approval format

Ethics approval(s)

Not provided at time of registration.

Primary study design

Interventional

Study design

Randomised controlled trial with a factorial design

Study type(s)

Quality of life

Health condition(s) or problem(s) studied

Stroke patients

Interventions

1. Social rehabilitation
2. Psychological rehabilitation
3. Physical rehabilitation
4. Standard care

Intervention Type

Other

Phase

Not Specified

Primary outcome(s)

Not provided at time of registration.

Key secondary outcome(s)

Not provided at time of registration.

Completion date

30/11/2001

Eligibility

Key inclusion criteria

Patients having recently suffered a stroke

Participant type(s)

Patient

Healthy volunteers allowed

No

Age group

Adult

Sex

All

Key exclusion criteria

Not provided at time of registration.

Date of first enrolment

01/12/1995

Date of final enrolment

30/11/2001

Locations

Countries of recruitment

United Kingdom

England

Study participating centre

Department of Medicine (Geriatric Medicine)

Newcastle upon Tyne

United Kingdom

NE9 6SX

Sponsor information

Organisation

Department of Health (UK)

ROR

<https://ror.org/03sbpja79>

Funder(s)**Funder type**

Government

Funder Name

NIHR Health Technology Assessment Programme - HTA (UK)

Results and Publications**Individual participant data (IPD) sharing plan****IPD sharing plan summary**

Not provided at time of registration

Study outputs

Output type	Details	Date created	Date added	Peer reviewed?	Patient-facing?
Results article	results	01/02/2001		Yes	No