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Social-environmental, psychological and physical approaches to stroke rehabilitation

Submission date	Recruitment status	[ ] Prospectively registered
25/04/2003	No longer recruiting	[ ] Protocol
Registration date	**Overall study status**	[ ] Statistical analysis plan
25/04/2003	Completed	[X] Results
Last Edited	**Condition category**	[ ] Individual participant data
30/10/2009	Circulatory System	

Plain English summary of protocol
Not provided at time of registration

Contact information

Type(s)
Scientific

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Additional identifiers

Protocol serial number
HTA 93/03/11

Study information

Scientific Title

Study objectives
This COllaborative STroke Audit and Research (COSTAR) group study will evaluate "social", "psychological" or "physical" approaches to rehabilitation of stroke patients in the community, aiming to help families adjust to life after a stroke and reduce long term distress. About 400 patients will be recruited to a randomised controlled trial in Newcastle to receive one, two or none of the interventions in a factorial design allowing the three approaches and the interactions between them to be assessed. This study will be linked with trials of cognitive /behavioural therapy, community occupational therapy and "leisure rehabilitation" being undertaken in Nottingham and with other controlled trials of similar services being planned at other COSTAR centres, in an "epi-analysis" (pre-planned collaboration using standard clinical measures). This large collaboration will provide reliable information on the cost-effectiveness of different forms of community care for stroke patients and their families.

Please note that, as of 25 January 2008, the anticipated end date of this ISRCTN record was updated from 29 February 2000 to 30 November 2001.

Ethics approval required
Old ethics approval format

Ethics approval(s)
Not provided at time of registration.

Study design
Randomised controlled trial with a factorial design

Primary study design
Interventional

Study type(s)
Quality of life

Health condition(s) or problem(s) studied
Stroke patients

Interventions
1. Social rehabilitation
2. Psychological rehabilitation
3. Physical rehabilitation
4. Standard care

Intervention Type
Other

Phase
Not Specified

Primary outcome(s)
Not provided at time of registration.

Key secondary outcome(s)
Not provided at time of registration.

Completion date
30/11/2001

Eligibility

Key inclusion criteria
Patients having recently suffered a stroke

Participant type(s)
Patient

Healthy volunteers allowed
No

Age group
Adult

Sex
All

Key exclusion criteria
Not provided at time of registration.

Date of first enrolment
01/12/1995

Date of final enrolment
30/11/2001

Locations

Countries of recruitment
United Kingdom

England

Study participating centre
Department of Medicine (Geriatric Medicine)
Newcastle upon Tyne
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Sponsor information

Organisation
Department of Health (UK)

ROR
https://ror.org/03sbpja79

Funder(s)

Funder type
Government

Funder Name
NIHR Health Technology Assessment Programme - HTA (UK)

Results and Publications

Individual participant data (IPD) sharing plan

IPD sharing plan summary
Not provided at time of registration

Study outputs

Output type	Details	Date created	Date added	Peer reviewed?	Patient-facing?
Results article	results	01/02/2001		Yes	No