

Citric acid cough challenge validation

Submission date 05/06/2009	Recruitment status No longer recruiting	☐ Prospectively registered ☐ Protocol
Registration date 18/09/2009	Overall study status Completed	☐ Statistical analysis plan ☒ Results
Last Edited 25/09/2012	Condition category Signs and Symptoms	☐ Individual participant data

Plain English summary of protocol
Not provided at time of registration

Contact information

Type(s)
Scientific

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Additional identifiers

Protocol serial number
AcadMed CTU04/05

Study information

Scientific Title
Validation of the citric acid cough challenge using the KoKo DigiDoser system in healthy volunteers: a 4-week randomised single centre crossover study

Study objectives

The citric acid cough challenge was first reported in humans over 50 years ago. The test was established to allow for the quantification of cough and also as a tool for the assessment of antitussive properties of certain therapies. Since this time many different protocols have been published to measure cough reflex sensitivity these can vary in terms of the nebuliser used, tussive agent, single breath, single dose, dose response and number of coughs required to attain a threshold. In our opinion a definitive method for measuring cough sensitivity needs to be established to allow for standardisation of results from different groups to be compared. The standardisation of this test will lead to a higher quality of research, better drug development and ultimately better patient care.

Ethics approval required

Old ethics approval format

Ethics approval(s)

Hull and East Riding Local Research Ethics Committee approved on the 26th April 2006 (ref: 06/Q1104/46)

Study design

Randomised single centre crossover study

Primary study design

Interventional

Study type(s)

Diagnostic

Health condition(s) or problem(s) studied

Artificially induced cough

Interventions

Volunteers were randomised for the order methods to induce artificial cough, i.e., whether the Mefar dosimeter was used first or the KoKo DigiDoser.

The following assessments were then performed:

1. Impulse oscillometry
2. Spirometry
3. Citric acid cough challenge

Intervention Type

Other

Phase

Not Applicable

Primary outcome(s)

Reproducibility of cough reflex sensitivity to citric acid (measured via inhalation of incremental, doubling concentrations of citric acid until the concentration inducing two or more coughs or five or more coughs is reached) using the modified Devilbiss 646 nebuliser powered by the KoKo DigiDoser. Measured within 1 day comparing baseline challenge and challenges at 1, 2 and 4 hours post-baseline to measure within-day reproducibility.

Key secondary outcome(s)

To compare the reproducibility of cough reflex sensitivity using the modified Devilbiss 646 nebuliser powered by the KoKo DigiDoser with that of the more commonly used MB2 nebuliser powered by the MB3 mefar dosimeter. Assessed at baseline and then two weeks later to assess between-day reproducibility.

Completion date

19/10/2006

Eligibility**Key inclusion criteria**

1. Healthy male/female volunteers
2. Male and female subjects of at least 18 years of age
3. Non-smokers or, ex-smokers of at least 12 months
4. Forced expiratory volume in one second (FEV1) greater than 80% of predicted

Participant type(s)

Patient

Healthy volunteers allowed

No

Age group

Adult

Lower age limit

18 years

Sex

All

Key exclusion criteria

1. Female subjects who are pregnant, or lactating, or who are of child bearing potential but are not using contraceptive measures
2. Suffering from any active seasonal allergies
3. Suffering from concomitant disease which may interfere with study procedures or evaluation.
4. Subjects suffering from gastroesophageal reflux taking proton pump inhibitors or any other regular antacid therapy
5. Subjects suffering from post nasal drip syndrome
6. A recent respiratory tract infection within 6 weeks prior to entry on to study
7. Use of medications known to alter the cough reflex
8. Smoking history of greater than 10 pack years

Date of first enrolment

04/07/2006

Date of final enrolment

19/10/2006

Locations

Countries of recruitment

United Kingdom

England

Study participating centre

Respiratory Medicine

Cottingham

United Kingdom

HU16 5JQ

Sponsor information

Organisation

Hull and East Yorkshire Hospitals NHS Trust (UK)

ROR

<https://ror.org/01b11x021>

Funder(s)

Funder type

Government

Funder Name

Hull and East Yorkshire Hospitals NHS Trust (UK) - Research and Development Grant

Results and Publications

Individual participant data (IPD) sharing plan

IPD sharing plan summary

Not provided at time of registration

Study outputs

Output type	Details	Date created	Date added	Peer reviewed?	Patient-facing?
	results				

[Results article](#)

10/08/2010

Yes

No